□ Cultural Competency

LGBTQ+ Survivor Allyship Training

DATE & TIME: April 3, 2024 2:00pm to 4:00pm

Sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period.

Late arrivals will not be admitted.

PLACE: Web Broadcast – MS TEAMS

Registrants are required to join through a provided MS TEAMS link or access the web version of MS TEAMS. Participants must have reliable internet access and audio/visual capability to participate in this training.

This training will enhance participants' knowledge, skills, and values for working with children and youth in the child welfare system who identify as part of the Lesbian, Gay, Bisexual, Transgender, and Queer (LGBTQ+) community. This training will include defining common terminology used within the LGBTQ+ community, common misconceptions in the LGBTQ+ community, and how to cultivate a safe, caring environment to support LGBTQ+ children, youth, and families. Participants will understand the neuroscience of trauma and its effect on the brain. Guidelines for cultivating a safe LGBTQ+ space in a trauma-sensitive manner will be presented. Experiences of gender-based violence will be discussed as well as experiences of homophobia, transphobia, and other forms of violence. Participants will practice engaging in gender-inclusive language from a trauma-informed lens and start to create and practice implementing a safe space. The training will support participants in the Primary, Secondary, and Tertiary Prevention framework, Healing Centered Engagement, and Evidence-Based Practices. It will present participants with strategies to learn and apply the work while also encouraging self-care and personal healing.

TARGET AUDIENCE: DMH staff and mental health contracted providers rendering services to children/youth in the child welfare system and/or in the community.

OBJECTIVES: As a result of attending this training, participants should be able to:

- 1. Summarize neuroscience of trauma and its effect on the brain.
- 2. Review LGBTQ+ terminology, barriers, and the intersections of identities.
- 3. List at least two skills to create and engage in supportive practices in working with the LGBTQ+ community.
- 4. Describe various frameworks that are utilized to fully engage LGBTQ+ community in safe spaces and practice.

CONDUCTED BY: Irene Tobias, BA

COORDINATED BY: Adam Benson, MPA, Mental Health Training Coordinator

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DEADLINE: April 3, 2024 or when maximum capacity is reached.

CONTINUING 2.0 hours for BBS, BRN, CCAPP-EI

EDUCATION: CE for Psychologist.

COST: NONE

DMH Employees and Contract Providers register at: https://eventshub.dmh.lacounty.gov/