

**Los Angeles County Department of Mental Health
Stakeholder Engagement Unit
API Subcommittee Meeting Minutes
October 23, 2023, 2:00 pm – 4:00 pm**

Present: Richer San, Sithea San, JR Kuo, Vicky Xu, Norio Iwahori, Dr. Rocco Cheng, Carrie Na, Mirtala Parada Ward, Sokthea Phay, Violeta Villareal, Blanca E. Watson, Tuan D. Nguyen, Aaron Icedo, Maria Tan, Moses Lim, Ruth Wen, Shane Villanueva, Young Choi, Lourdes Rabello, Catherine Kaila Manantan, Cynthia Song-Mayeda, Dr. Sheila Wu, Hyun Kyung Lee, Kaajal Sheth, Kelly Wilkerson, Kerry Chhay, Mariko Kahn, Payal Sawhney, Robert Byrd, Sovanna Pouv (Senator Gonzalez), Laura Stroud, Joyce Ma, Pastor Peter Kim

Cambodian Interpreter – Bo Uce

Korean Interpreter – Sun Lim

DMH Admin – Alan Wu

Agenda Items	Comments/Discussion/Recommendations/Conclusions
Welcome & Introductions	Subcommittee Members, Housekeeping, Attendance, Co-Chairs
Review of Meeting Minutes	Motion by Tuan D. Nguyen to approve minutes and seconded by Dr. Rocco Cheng.
DMH Updates	<p>Mirtala Parada Ward provided the following updates:</p> <ul style="list-style-type: none"> • Finalizing the Statement of Works and few projects were awarded • Meeting with vendors to initiate projects • Request advance email notification regarding Korean and Khmer interpretation services to accommodate language needs
MHSA Community Planning Process	We focused on gathering feedback on the remaining section, Homeless Services and Housing Service. A summary of all the shared feedback and recommendations is on pages 3-4.

<p>Retreat Discussion</p>	<p>Mirtala Parada Ward provided the following retreat guidelines:</p> <ul style="list-style-type: none"> • Must be strategic in nature • Must have goals and objectives stating reason for having a retreat <ul style="list-style-type: none"> ✓ increase membership ✓ strategies and priorities relating to API capacity building projects ✓ elevate API stakeholder group’s voice • A facilitator will be provided to help you develop strategic goals and objectives on areas you think are necessary for API group • Lunch will be provided • Would be in-person • Optional and not mandatory • Have until May 2024 to decide whether to have a retreat
<p>Open Discussion on non-agenda items</p>	<p>There was no discussion on this agenda item.</p>
<p>Upcoming Meeting: November 27, 2023</p>	

EXERCISE 1: CRITICAL ISSUES

Instructions: At your table, using the definitions provided on pages 1-2 and 9-15, identify the critical issues (e.g., unmet needs, service gaps, and/or other issues) that your community stakeholder group you represent experiences in each of the following areas.

AREAS	CRITICAL ISSUES
Prevention & Early Intervention	<ol style="list-style-type: none"> 1. Increase API understanding of ADA and getting assistance from the ADA for the API community; when implementing a stigma reduction campaign, look at the cultural aspects of what it means to be disabled and meeting ADA requirements 2. DMH conduct outreach to API community during after hours after 6 PM 3. Provide daycare or childcare assistance to allow parents to access available resources and attend workshops 4. Culturally and linguistically relevant and user friendly outreach materials for API older adults (including the use of social media and technology); classes to seniors on how to use technology in their native languages 5. Use connection with nature and spirituality to engage API communities 6. DMH more active in outreach and engagement with the API community 7. Partner with and support youth for PEI solutions to decrease stigma, promote mental health, and suicide prevention 8. Increase outreach to reduce bullying and suicide among all age school students in the API community 9. Increase outreach efforts for API LGBTQ+ community members 10. Have more variety of outreach mental health materials including videos, audio, and text that are culturally specific for each API community using people from the local API community whom they can identify with 11. Open discussions on communication skills, vulnerability on conflict resolution culturally specific for each API community 12. Incorporate acupuncture and other healing practices in mental health services to better serve youth who are at risk for mental illness 13. Create a resource guide specifically for API community members which will include a list of in person and virtual API support groups within our internal and external system 14. Enhance communication of first responders to ensure that culturally sensitive strategies are implemented 15. Have a list of all the WARM lines available in all of the 13 threshold languages to the API community
Community Supports Continuum	<ol style="list-style-type: none"> 1. During a crisis intervention, use culturally sensitive strategies; need to train PMRT people on more culturally specific strategies when dealing with underserved communities. 2. Integrating the arts into mental health treatment for all API communities 3. Increase access to in home and mental health services for the API community 4. Incorporate mental health advocates/navigators as part of treatment and advocacy 5. Have an access line for each of the 13 threshold languages 6. Use a peer to peer model to engage API community members into mental health services 7. Develop a navigation process within DMH where API community members are provided with support on how to access services 8. Continue to fund the innovation projects in all the ethnic communities under CSS including the ISM.

<p>Homeless Services & Housing Service</p>	<ol style="list-style-type: none"> 1. Expand the definition of homeless to include multiple families sharing a living space 2. Increase engagement efforts to better educate the API community about homelessness services 3. Funding for prevention of homelessness in the API community 4. Financial assistance to prevent homelessness, including negotiation and working with landlords (housing liaison/coordinator) 5. Comprehensive case management: referral services including mental health, comprehensive assessment of needs including referrals for legal assistance; provide wraparound services at centralized locations in API communities 6. Provide API communities with information on where to find/access various resources for homeless/housing services (e.g., DMH website, advertisements, brochures at clinics, etc.)
<p>Workforce Education & Training</p>	<ol style="list-style-type: none"> 1. Increase staffing patterns proficient in all API languages 2. Training on understanding of 5150 and 5250 3. Training on mandatory reporting using a cultural lens 4. Training hospital staff on trauma informed care 5. DMH website needs to be: <ul style="list-style-type: none"> • culturally sensitive • user friendly • have linguistically simple and clear materials at fourth grade level on how to seek mental health resources • have easier navigation for monolingual speaking API members