## LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH

## MHSA THREE-YEAR PLAN

Community Planning Process – Worksheets Session 13



## **COMMUNITY PLANNING TEAM -**

Tuesday, January 16, 2024 9:30 AM – 12:30 PM

**IN-PERSON ONLY MEETING** 

#### **WELCOME**

**SUBJECT LINE: FRIENDLY REMINDER** – MHSA CPT In-Person Meeting on Tuesday, January 16th from 9:30-12:30 at St. Anne's Conference Center

Este mensaje se presenta en español al final.

#### DEAR MHSA STAKEHOLDERS,

This is a friendly reminder of our upcoming <u>in-person-only</u> Community Planning Team (CPT) session on Tuesday, January 16, 2024, from 9:30-12:30, at St. Anne's Conference Center, located at 155 N. Occidental Blvd, Los Angeles, CA 90026.

The primary purpose of this session is to build consensus among Workgroup participants in terms of their recommendations and proposals for the *MHSA Three-Year Plan*. We want to focus on three objectives:

- 1. Review the consensus-building method.
- 2. Review the survey results for the recommendations and proposals that DMH requested more feedback on.
- 3. Use the consensus-building method to find agreement on all the Workgroup's recommendations and proposals.

Please use the following links for the Workgroup session you want to listen to.

TIMES	WORKGROUPS & LINKS		
9:30-	COMMUNITY SUPPORTS	PREVENTION & EARLY	
11:00	CONTINUUM (CSC)	INTERVENTION (PEI)	
	Click here to join the meeting	Click here to join the meeting	
	Meeting ID: 232 834 950 947	Meeting ID: 245 532 642 564	
	Passcode: vuXVw7	Passcode: 6Tc4zd	
	Or call in (audio only)	Or call in (audio only)	
	+1 323-776-6996,,260618578#	+1 323-776-6996,,226367885#	
	Phone Conference ID: 260 618 578#	Phone Conference ID: 226 367 885#	
11:00-	HOUSING SERVICES & HOUSING	WORKFORCE EDUCATION &	
12:30	SUPPORTS (HSHR)	TRAINING (WET)	
	Click here to join the meeting	Click here to join the meeting	
	Meeting ID: 232 834 950 947	Meeting ID: 245 532 642 564	
	Passcode: vuXVw7	Passcode: 6Tc4zd	
	Or call in (audio only)	Or call in (audio only)	
	+1 323-776-6996,,260618578#	+1 323-776-6996,,226367885#	
	Phone Conference ID: 260 618 578#	Phone Conference ID: 226 367 885#	

The Workgroup's recommendations will be presented to the CPT members on Friday, January 26, 2024, to build consensus. The draft *MHSA Three-Year Plan* will be posted in February,

which you will be able to present to your communities and obtain additional feedback. In March, we anticipate that the Los Angeles County Mental Health Commission will host a public hearing on the draft *MHSA Three-Year Plan*. After that hearing, the draft plan will go to the Los Angeles County Board of Supervisors for a final hearing and then sent to the state for final approval.

We hope you will continue to participate actively during the two-year implementation phase that begins on July 1, 2024. Your participation and insights will help guide the implementation phase. Please reserve the follow dates on your calendar for CPT meetings. Given how long it takes to reserve ASL, language interpreters, and CART services, we scheduled online sessions for Workgroups in case these are needed.

Date	Time	Mode	Meeting Type
January 26, 2024	9:30 AM - 12:30 PM	In-person St. Anne's Conference Center 155 N Occidental Blvd, Los Angeles, CA 90026	MHSA CPT Meeting
February 6, 2024	9:30 AM - 12:30 PM	In-person St. Anne's Conference Center 155 N Occidental Blvd, Los Angeles, CA 90026	MHSA CPT Meeting
February 23, 2024	9:30 AM - 12:30 PM	Online	MHSA CPT – Workgroups
March 19, 2024	9:30 AM - 12:30 PM	In-person St. Anne's Conference Center 155 N Occidental Blvd, Los Angeles, CA 90026	MHSA CPT Meeting
April 2, 2024	9:30 AM - 12:30 PM	In-person St. Anne's Conference Center 155 N Occidental Blvd, Los Angeles, CA 90026	MHSA CPT Meeting
April 26, 2024	9:30 AM - 12:30 PM	Online	MHSA CPT – Workgroups
May 7, 2024	9:30 AM - 12:30 PM	In-person St. Anne's Conference Center 155 N Occidental Blvd, Los Angeles, CA 90026	MHSA CPT Meeting
May 24, 2024	9:30 AM - 12:30 PM	Online	MHSA CPT – Workgroups
June 4, 2024	9:30 AM - 12:30 PM	In-person St. Anne's Conference Center 155 N Occidental Blvd, Los Angeles, CA 90026	MHSA CPT Meeting
June 28, 2024	9:00 AM - 1:00 PM	Online	MHSA CPT – Workgroups

If you are a CPT member and unable to attend the upcoming meeting, please contact us by 5 PM on Monday, January 15th at <a href="mailto:communitystakeholder@dmh.lacounty.gov">communitystakeholder@dmh.lacounty.gov</a> and provide us the name of your alternate. If you have any questions about this message, please contact us at <a href="mailto:communitystakeholder@dmh.lacounty.gov">communitystakeholder@dmh.lacounty.gov</a>

Sincerely

**DR. DARLESH HORN,** *Division Chief*MHSA Division of Administration
Los Angeles County Department of Mental Health

## AGENDA

## TUESDAY, JANUARY 16, 2024 | 9:30 AM -12:30 PM

PURPOSE	Build consensus among Workgroups participants around their recommendations and proposals for the MHSA Three-Year Plan.		
OBJECTIVES	Review the consensus-building method.		
	Review the survey results for the recommendations and proposals that DMH requested more feedback on.		
	Use the consensus-building method to find agreement on all the Workgroup's recommendations and proposals.		
TIME	ITEMS		
9:15 – 9:30	Registration		
9:30 – 11:00	1. Session Opening		
	a. Review Agenda & Communication Expectations		
	2. Build Workgroup Consensus		
	a. Community Supports Continuum (CSC), <i>Rigo Rodriguez,</i> Facilitator [Foundation Room - Downstairs]		
	b. Prevention & Early Intervention (PEI), Christian Ponce and Rene Castro, Co-Facilitators [Classroom – Upstairs]		
	3. Adjourn		
11:00 – 12:30	1. Session Opening		
	a. Review Agenda & Communication Expectations		
	2. Build Workgroup Consensus		
	a. Homeless Services and Housing Resources (HSHR) – Rigo Rodriguez, Facilitator [Foundation Room - Downstairs]		
	b. Workforce, Education, and Training (WET) – Christian Ponce and Rene Castro, Co-Facilitators [Classroom – Upstairs]		
	3. Adjourn		

#### **COMMUNICATION + SELF-CARE & SUPPORT**

#### **COMMUNICATION EXPECTATIONS**

The following communication expectations will help us all build positive and constructive relationships over the course of the planning process.

- **1. BE PRESENT**: Be on time and do your best to participate and engage each other in the spirit of conversation and learning.
- 2. SPEAK FROM YOUR OWN EXPERIENCE: Sharing your perspective based on your experiences helps us build community. It helps us find areas where we can relate and connect with each other. It also helps us in hearing and honoring the experiences of others.
- **3. PRACTICE CONFIDENTIALITY**: The practice of respecting and protecting sensitive information that people share with you helps to builds trust.
- **4. STEP UP, STEP BACK**: To 'step up' means to being willing to share your thoughts and experiences with others so that your voice is part of the conversation. To 'step back' means being aware and mindful that others also need time to speak, and that some people take a little longer to compose their thoughts.
- **5. SEEK TO UNDERSTAND AND THEN BE UNDERSTOOD**: Ask questions to understand someone's view before expressing your view. This helps everyone feel heard and prevent misunderstandings.

#### TAKING CARE OF YOURSELF & FINDING SUPPORT

If during the session you find yourself feeling uneasy with the content or process, we encourage you to take care of yourself by reaching out to designated people who can help you process thoughts and feelings.

## **ACCESS**

#### **ACCESS**

DMH provides the following resources to ensure equitable access for everyone at all meetings:

- 1. American Sign Language interpreters are provided in person and/or online.
- 2. Communication Access Real-Time Translation (CART) service is provided in person and/or online:
  - a. For in-person sessions, CART service transcription is projected onto a screen with simultaneous transcription; and spaces are reserved at the table(s) closest to the screen.
  - b. For online sessions, CART service can be accessed by pressing a link in the Chat Box; if the person cannot access the Chat Box, the link can be obtained by emailing the moderator for the session.
- 3. Interpretation is provided in Spanish and Korean.
  - a. In person interpretation is provided via a headset.
  - b. Online interpretation is provided via a telephone line.
- 4. Meeting materials use a minimum 12-font size in Arial or Times New Roman.
- 5. Materials are translated into Spanish.
- 6. Chat Box:
  - a. Chat Box is generally available during the session to enable communication for access purposes: i.e., to add links to CART services, telephone lines for interpreters, and other links provided in real time.
  - b. When Chat Box is not available, an email address is provided to enable participants to send questions to moderators in real time to participate in the meeting and/or request interpretation and/or CART services.

# WORKSHEET

<u>Instructions</u>: Use the Worksheet to write down your ideas.