## **BACKGROUND**

This document contains the Community Planning Team's Recommendations (CPT Recs) and MHSA Proposals for each of the five categories discussed by the Workforce Education and Training (WET) Workgroup, as described below:

| CATEGORIES                           | GOALS  |
|--------------------------------------|--|
| Mental Health Career Pathways        | Strong partnerships and mental health career pathways with local colleges/universities to increase the availability and diversity of the potential workforce pool. |
| 2. Residency and Internship          | Increase the department's residency and internship opportunities.  |
| 3. Financial Incentives              | Strengthen the available financial incentives for recruiting new and retaining current DMH staff.  |
| 4. Training and Technical Assistance | Highly trained DMH workforce with the skills and capacity to deliver quality services  |

The recommendations are organized into two types:

- A. Program, Service, or Intervention: (1) Exists Already; or (2) Does Not Exist
- B. Policy, Practice, Advocacy

The last column of each table color-codes each recommendation based on its status, in the following manner:

| COLOR  | DESCRIPTON  |
|--------|---|
| GREEN  | Good to go. DMH and/or a partner is already doing this work and ongoing funds are already appropriated, or additional funds can be appropriated.  |
| RED    | Cannot move forward. MHSA regulations prohibit funding this recommendation or the recommendation is outside of the DMH's authority. However, CPT members separately can still advocate for these measures, but they cannot be funded by MHSA. |
| YELLOW | Rank. DMH needs Workgroup members to provide additional feedback.   |

## A. PROGRAM, SERVICE, AND/OR INTERVENTION RECOMMENDATIONS (PSI)

1. EXISTS ALREADY: Expand and/or Improve Existing Program, Service, or Intervention

| WET<br>CATEGORY | EXISTING<br>PSI  | DESCRIPTION: PROGRAM, SERVICE, OR INTERVENTION   | EXPAND OR IMPROVE     | CPT<br>RECS                                | ADDTL<br>FUNDS | MHSA<br>PROPs | STATUS |
|-----------------|--|--|-----------------------|--|----------------|---------------|--------|
| 1               | Work with<br>Universities  | Continue Affiliation Agreements with local universities to deliver intern placement and training services.   | Expand and<br>Improve | 1, 2, 3,<br>6, 9, 25,<br>28, 31,<br>35, 36 |                |               |        |
| 1               | Post-Doctorate<br>Programs   | Continue and potentially expand post-doctoral program already in place at Harbor-UCLA.   | Expand                | 1, 2                                       |                |               |        |
| 1               | Peer Training  | 3. Under the direction of the Chief of Peer Services, the Department is committed to securing specialty training to peers interested in employment in the public mental health system. Efforts also include training for securing Medi-Cal certification and overall enhancement of skillset of those already employed in specialty mental health services programs. | Expand                | 4, 11,<br>14, 15,<br>16                    | YES            |               |        |
| 1               | Parent Advocate<br>Training  | 4. Potentially expand training program targeted to promote knowledge and skills relevant to individuals interested in working as Parent Advocates/Parent Partners in the public mental health system servicing families and children.  | Expand                |  | YES            |               |        |
| 1               | The Stipend Program for MSWs, MFTs, Psychiatric Nurses, Psychologists and Psychiatric Technicians. | <ol> <li>DMH can explore the viability of offering Stipends to other<br/>future workforce front line staff beyond those already identified.</li> </ol>   | Expand                | 6, 7                                       | YES            |               |        |
| 1               | Nurse pathways   | <ol> <li>Follow up with Chief of Nursing to discuss relationships with<br/>nursing schools. DMH already has affiliation agreements with<br/>select schools for nursing practicum placement.</li> </ol>   | Expand                | 9, 40                                      |                |               |        |

| WET<br>CATEGORY | EXISTING<br>PSI                                  | DESCRIPTION: PROGRAM, SERVICE, OR INTERVENTION   | EXPAND OR IMPROVE | CPT<br>RECS | ADDTL<br>FUNDS | MHSA<br>PROPs | STATUS |
|-----------------|--|--|-------------------|-------------|----------------|---------------|--------|
| 1               | Open Position<br>Outreach                        | 7. DMH holds regular job fairs that are only available to DMH/mental health employees. The Department also utilizes internal job announcements and advertisings to all current staff.  | Improve           | 8,          |                |               |        |
| 2               | Master's Level<br>Interns                        | 8. The Department currently has a robust Student Intern training program with Master's level students placed throughout the county as part of their degree training requirements. In addition, intern placements have increased through a Board Motion. (Potentially expand # of interns and potential internship sites) | Expand            | 1           |                |               |        |
| 2               | Increase intern opportunities for Staff of color | 9. The Department's Internship program provides opportunities for students of color to practice and be exposed to the specialty public mental health system. (Potentially expand # of interns and potential internship sites)  | Expand            | 2           |                |               |        |
| 2               | Residency Programs                               | 10. Residency opportunities are available in the public mental health system thru various agreements with educational institutions, some examples include UCLA, Charles Drew, Harbor, etc. Priority is given to those representing or serving un- or under- served communities. (Potentially expand # residents/cohort)  | Expand            | 4, 5, 6     | YES            |               |        |
| 2               | Post-Doctoral<br>Program                         | 11. At Harbor-UCLA, the Department operates an APA approved Post-Doctoral Program. (Potentially expand # of post-doctoral slots) Funds itself.   | Expand            | 5, 6        |                |               |        |
| 2               | Psychiatrist Financial Incentive Programs        | <ul> <li>Mental Health Psychiatrist Student Loan Repayment Incentive</li> <li>DMH offers a financial incentive towards the outstanding balance of student loans for full-time Mental Health</li> </ul>   | Expand            |             | YES            |               |        |

| WET<br>CATEGORY | EXISTING<br>PSI  | DESCRIPTION: PROGRAM, SERVICE, OR INTERVENTION  | EXPAND OR IMPROVE     | CPT<br>RECS                           | ADDTL<br>FUNDS  | MHSA<br>PROPs | STATUS |
|-----------------|--|---|-----------------------|---------------------------------------|-----------------|---------------|--------|
|                 |  | <ul> <li>Psychiatrists and Supervising Mental Health Psychiatrists who have completed one-year of continuous service at DMH and have active, unpaid, graduate, or medical, student loans.</li> <li>MH Psychiatrist Recruitment Incentive Program – This program targets recruitment of potential Mental Health Psychiatrists for employment in the public mental health system.</li> <li>MH Psychiatrist Relocation Expense Reimbursement</li> <li>Available to full-time, newly hired Mental Health Psychiatrists or Supervising Mental Health Psychiatrists who have been recruited by DMH. This program is expected to increase awards during the following Fiscal Years.</li> </ul> |                       |                                       |                 |               |        |
| 3               | Stipend Program  | 13. DMH's Stipend Program provides graduating MSW, MFT, Psychology, Psych Tech and Psychiatric Nurse Practitioner (PNP) students with a stipend in exchange for one year service commitment. (Improve outreach and advertisement/awareness)   | Improve and<br>Expand | 2, 9, 10,<br>12, 13                   | YES             |               |        |
| 3               | Nurse Recruitment  | 14. The Department's Chief of Nursing coordinates nurse recruitment efforts. (Targeted hiring fairs are ongoing)  | Improve               | 3                                     |                 |               |        |
| 3               | Increase financial incentives for specialty public mental health staff | <ul> <li>15. The Department, with MHSA WET Regional Partnership (State) funding, is administering the Mental Health Loan Repayment Program. This opportunity offers financial incentives to staff. (Continuation and expansion will require County MHSA WET funding.)</li> <li>Note: Will need to transition from State funding to local WET funding.</li> </ul>  | Expand                | 4, 5, 6,<br>7, 8, 9,<br>10, 11,<br>13 | YES             |               |        |
| 3               | Hiring Bilingual Staff   | 16. The Department already utilizes candidate lists of pre-tested bilingual individuals to ensure priority during hiring process in those areas where the need exist. (Targeted Hiring Fairs)   | Move to HR            | 12, 13                                | NOT WET<br>– HR |               |        |

| WET<br>CATEGORY | EXISTING<br>PSI  | DESCRIPTION: PROGRAM, SERVICE, OR INTERVENTION  | EXPAND OR IMPROVE   | CPT<br>RECS                          | ADDTL<br>FUNDS | MHSA<br>PROPs | STATUS |
|-----------------|--|---|---------------------|--------------------------------------|----------------|---------------|--------|
| 4               | Digital and<br>Technology skill<br>development                               | 17. DMH currently provides online training for its entire workforce through Udemy and other offerings (for technical skill development).  | Improve             | 1, 5                                 |                |               |        |
| 4               | Workforce Training on Cultural Competence and Culturally Competent Practices | 18. DMH's Training Unit coordinates and delivers training covering these topics, many with consultation from the UsCCs. All staff also have an annual cultural competency requirement.                | Expand              | 5, 6, 9,<br>10, 12,<br>17, 35,<br>41 | YES            |               |        |
| 4               | Trainings to retain workforce  | 19. DMH provides training on how to manage high levels of stress to avoid burnout and compassion fatigue. Additional resources through UCLA Wellbeing site that offers accessible trainings.          | Improve             | 7                                    |                |               |        |
|                 | Interpreter Training<br>Program  | 20. DMH has an existing interpreter training program for all mental health interpreters.  | Improve             | 8, 23                                |                |               |        |
| 4               | Workforce Training on Cultural Competence and Culturally Competent Practices | 21. Trainings for staff regarding mental health issues impacting the LGBTQIA2-S and can be expanded to include a culturally diverse focus (including, but not limited to: specific Latinx LGBTQIA2-S) | Expand              | 11, 15                               | YES            |               |        |
| 4               | Intake Trainings   | 22. The department provides trainings on the clinical intake process. Can look into expanding and improving regarding immigration.  | Improve &<br>Expand | 13                                   |                |               |        |
| 4               | UsCC Related<br>Trainings  | 23. DMH currently has ongoing training related to all UsCCs yearly. Can expand to include other topics related to: immigration, Eastern European/Middle Eastern population)                           | Improve &<br>Expand | 12, 13,<br>14, 16,<br>17, 28         | YES            |               |        |
| 4               | Peer Certification   | 24. The Certified Peer Specialist program exists to certify peers to work in clinical settings.   | Improve &<br>Expand | 25, 27                               | YES            |               |        |
| 4               | Peer Training  | 25. Internal program to provide peers training/practicum opportunities to build their capacity.   | Expand              | 26, 30,<br>31                        | YES            |               |        |
| 4               | Customer Service<br>Training   | 26. Ongoing DMH trainings to all staff on how to provide appropriate customer service.  | Improve & Expand    | 20                                   | YES            |               |        |

| WET CATEGORY | EXISTING<br>PSI                  | DESCRIPTION: PROGRAM, SERVICE, OR INTERVENTION  | EXPAND OR IMPROVE   | CPT<br>RECS | ADDTL<br>FUNDS                | MHSA<br>PROPs | STATUS |
|--------------|----------------------------------|---|---------------------|-------------|-------------------------------|---------------|--------|
| 4            | Training Unit                    | 27. Currently offering training that covers 5150 and 5250 in partnership with LPS authorization, Patient's Rights Office and Public Guardian. | Improve &<br>Expand | 21          |                               |               |        |
|              | Incubation Academy               | 28. Increase the number of partnerships with community organizations to better serve communities.   | Expand              | 41          | Not WET –<br>under<br>Darlesh |               |        |
|              | Career Pathways for<br>New Staff | 29. DMH can improve the pathway/access for new interested applicants through MHLA Intensive MH Rehab Specialist program 2023-2024.            |                     | 5           | Check<br>w/Debbie             |               |        |

## 2. <u>DOES NOT EXIST</u>: Add New Program, Service, or Intervention

| WET<br>CATEGORY | DESCRIPTION: PROGRAM, SERVICE, OR INTERVENTION  | DMH OR<br>PARTNER | CPT<br>RECS       | ADDTL<br>FUNDS | MHSA<br>PROPs | STATUS |
|-----------------|---|-------------------|-------------------|----------------|---------------|--------|
| 1               | 1. Explore a way to embed youth employment opportunities in the mental health system.   | DMH               | 20, 47            |                |               |        |
| 1               | 2. Explore developing a pilot program for DMH to partner with middle and high schools/school districts to increase the opportunities into mental health. (outreach, fairs, after school programs, etc.) | DMH               | 23, 25,<br>26, 32 |                |               |        |
| 1               | 3. Explore developing a marketing campaign/program for mental health services and careers.  | DMH               | 27, 47,<br>48     |                |               |        |
| 1               | Explore developing recruitment opportunities with community colleges to create pathways for potential mental health employees.  | DMH               | 29, 35            |                |               |        |
| 1               | <ol> <li>Explore develop pilot project/mentorship program to mentor individuals from diverse<br/>backgrounds interested in future leadership positions.</li> </ol>                                      | DMH               | 34                |                |               |        |
| 1               | 6. Explore developing a program to build capacity among DMH staff to utilize American Sign Language (ASL).  | Partner           | 46                |                |               |        |

| WET<br>CATEGORY | DESCRIPTION: PROGRAM, SERVICE, OR INTERVENTION  | DMH OR<br>PARTNER | CPT<br>RECS | ADDTL<br>FUNDS | MHSA<br>PROPs | STATUS |
|-----------------|---|-------------------|-------------|----------------|---------------|--------|
| 1               | 7. Explore innovative efforts to recruit junior and high school students into employment/careers in the public mental health system. This would be a long-term project. (Moved from Category 3)                             | Both              | 13          |                |               |        |
| 1               | 8. Funding opportunities post high school (i.e., certification, AA, and BA) for people from under-served populations who desire a career in public specialty mental health.   |                   |             |                | YES           |        |
| 1               | 9. Explore a new program with leadership from Chief of Peer Services to offer peers paid internship (yearly stipend), or yearlong apprenticeship, leading to potential employment in public mental health. (Launching 2024) | Both              | 3           | YES            |               |        |
| 3               | 10. Explore offering retention bonuses to current DMH staff (TBD which staff category(s) specifically).   |                   |             |                |               |        |
| 4               | 11. Explore potential trainings for ASL interpreters on working with individuals with mental health disabilities.   | DMH               | 2, 5, 6     |                |               |        |

## B. ACTION RECOMMENDATIONS: POLICY, PRACTICE, AND/OR ADVOCACY

| WET<br>CATEGORY | DESCRIPTION: POLICY, PRACTICE OR ADVOCACY   |           |  |
|-----------------|---|-----------|--|
| 1               | 1. Increase partnerships with universities to find staff who have similar culturally relevant backgrounds to clients                                    |           |  |
|                 | served.   |           |  |
| 1               | 2. Continue using inclusive criteria for all pathways to ensure a diverse mental health workforce. (Ongoing-system)                                     | 39        |  |
| 1               | 3. DMH is prioritizing hiring diverse staff to be reflective of the County population. (Ongoing-system)   | 7, 8, 17, |  |
|                 |   | 36        |  |
| 1               | 4. Advocate systemwide to increase the value given to peers within the Department. (System-under – existing under the direction of Peer Services Chief) | 13, 14    |  |
| 2               | 5. Implement ARDI committee's recommendations to create a diverse workforce. (Ongoing)  | 33        |  |
| 2               | 6. Ensure relevant and targeted trainings for DMH staff have a trauma informed approach. (No new funding needed)  |           |  |
| 2               | 7. DMH will continue to seek viable solutions to increase accessibility for DMH staff members with disabilities and/or                                  |           |  |
|                 | accessibility challenges. (HR/system, not WET SPECIFIC)   |           |  |

| WET<br>CATEGORY | DESCRIPTION: POLICY, PRACTICE OR ADVOCACY   |        |  |
|-----------------|---|--------|--|
| 4               | 8. Assess accessibility to Human Resources for individuals from underserved communities. Use findings to create a                                   |        |  |
|                 | more welcoming environment and improve access. (Systemwide, NOT WET)  |        |  |
| 4               | 9. Advocate for HR to review internally delivered customer services training for own staff. (Systemwide)  |        |  |
| 4               | 10. Develop system to identify and notify DMH staff of third party trainings that meet requirements/criteria and fill a gap/need within the system. | 18     |  |
| 4               | 11. DMH is working with Human Resources (HR) and County Civil Service to improve clarity in job descriptions/titles. (Systemwide)                   | 24     |  |
| 4               | 12. DMH has a priority to hire staff and contract providers that have cultural/linguistic capacity to reach underserved populations. (Systemwide)   | 29, 39 |  |