



# DEPARTMENT OF MENTAL HEALTH

hope. recovery. wellbeing.

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December 6, 2023

## Substitute Notice of Data Breach

The Los Angeles County Department of Mental Health was subject to a malicious cyberattack and certain client information was compromised. On December 6, 2023, we completed mailing individual notices to the current known physical addresses of impacted individuals. This notice provides information about the cyberattack and our response for individuals for whom we did not have sufficient contact information to notify by mail.

### What Happened

On October 6, 2023, we were the victim of a cyber-attack. Specifically, a malicious actor or actors was able to gain access to the Microsoft Office 365 accounts of two of our employees using a multi-factor authentication attack, otherwise known as push notification spamming. We believe that the cyber-attack may have provided the attacker with access to certain personal information, as described below. Though we have no evidence to suggest that any personal information has been misused, out of an abundance of caution, we are notifying you now of this cyber-attack and providing you information you can use to proactively take steps to protect yourself and your information.

### What Information Was Involved

The personal information that may have been obtained includes your name, date of birth, social security number, address, telephone number, medical record number and diagnosis.

### What We Are Doing

Data privacy and security are among our highest priorities, and we have extensive measures in place to protect information entrusted to us. Upon discovering the incident, we acted swiftly to disable the impacted accounts and reset the Microsoft Office 365 and multi-factor authentication credentials. We also notified law enforcement and cooperated with law enforcement's investigation. Once our investigation determined which accounts had been compromised, we initiated a comprehensive review, with the assistance of industry leading forensic specialists, to identify any personally identifying information or personal health information in the impacted accounts. Law enforcement placed a notification hold on the incident, however, on October 31, 2023, they lifted the hold. On December 1, 2023, we completed our investigation and determined that certain elements of your personal information may have been impacted by this event.

Following this incident, we are reviewing and updating our security policies, procedures, and controls. We have also notified Microsoft of the vulnerability in the Microsoft Office 365 multi-factor authentication that was exploited by the malicious actor or actors. We have since implemented new security controls to address this specific attack.

## What You Can Do

Although we have no evidence that any personal information has been misused, we encourage you to remain vigilant for any suspicious activity on any of your accounts. We also encourage you to review your financial and account statements and immediately report all suspicious activity to the institution that issued the record. Enclosed with this letter are some steps you can take to protect your information.

For more information about what you can do to protect yourself from identity theft, please refer to guidance from the U.S. Federal Trade Commission (FTC) on their website: <https://www.identitytheft.gov/#/Info-Lost-or-Stolen>

Under U.S. law, you are entitled to one free credit report annually from each of the three major credit reporting bureaus. To order your free credit report, visit [www.annualcreditreport.com](http://www.annualcreditreport.com) or call, toll-free, 1-877-322-8228. You may also contact the three major credit bureaus directly to request a free copy of your credit report.

You can place a “security freeze” on your credit report, which will prohibit a consumer reporting agency from releasing information in your credit report without your express authorization. The security freeze is designed to prevent credit, loans, and services from being approved in your name without your consent. However, you should be aware that using a security freeze to take control over who gets access to the personal and financial information in your credit report may delay, interfere with, or prohibit the timely approval of any subsequent request or application you make regarding a new loan, credit, mortgage, or any other account involving the extension of credit. Pursuant to federal law, you cannot be charged to place or lift a security freeze on your credit report. Should you wish to place a security freeze, please contact the major consumer reporting agencies listed below:

<b>Experian</b> P.O. Box 4500 Allen, TX 75013 1-888-397-3742 <a href="http://www.experian.com/freeze">www.experian.com/freeze</a>	<b>TransUnion</b> P.O. Box 2000 Chester, PA 19016 1-800-916-8800 <a href="http://www.transunion.com/credit-freeze">www.transunion.com/credit-freeze</a>	<b>Equifax</b> P.O. Box 105788 Atlanta, GA 30348 1-888-378-4329 <a href="http://www.equifax.com/personnal/credit-report-services/credit-freeze">www.equifax.com/personnal/credit-report-services/credit-freeze</a>
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To remove the security freeze, you must send a written request to each of the three credit bureaus by mail and include proper identification (name, address, and social security number) and the PIN number or password provided to you when you placed the security freeze. The credit bureaus have three (3) business days after receiving your request to remove the security freeze.

As an alternative to a security freeze, you have the right to place an initial or extended “fraud alert” on your file at no cost. An initial fraud alert is a 1-year alert that is placed on a consumer’s credit file. Upon seeing a fraud alert display on a consumer’s credit file, a business is required to take steps to verify the consumer’s identity before extending new credit. If you are a victim of identity

theft, you are entitled to an extended fraud alert, which is a fraud alert lasting seven years. Should you wish to place a fraud alert, please contact any one of the agencies listed below:

**Experian**  
P.O. Box 4500  
Allen, TX 75013  
1-888-397-3742  
[www.experian.com/fraud](http://www.experian.com/fraud)

**TransUnion**  
P.O. Box 2000  
Chester, PA 19016  
1-800-916-8800  
[www.transunion.com/fraud-alerts](http://www.transunion.com/fraud-alerts)

**Equifax**  
P.O. Box 105069  
Atlanta, GA 30348  
1-888-378-4329  
[www.equifax.com/personnal/credit-report-services/credit-fraud-alerts](http://www.equifax.com/personnal/credit-report-services/credit-fraud-alerts)

You can further educate yourself regarding identity theft, and the steps you can take to protect yourself, by contacting your state Attorney General or the Federal Trade Commission. You can also further educate yourself about placing a fraud alert or security freeze on your credit file by contacting the FTC or your state's Attorney General.

The Federal Trade Commission also encourages those who discover that their information has been misused to file a complaint with them. The Federal Trade Commission can be reached at: 600 Pennsylvania Avenue, NW, Washington, DC 20580; [www.identitytheft.gov](http://www.identitytheft.gov); 1-877-ID-THEFT (1-877-438-4338); and TTY: 1-866-653-4261. If you are a victim of identity theft, include a copy of either the police report, investigative report, or complaint to a law enforcement agency concerning identity theft.

Visit the California Office of Privacy Protection for additional information on protection against identity theft: <https://oag.ca.gov/privacy>

### **For More Information**

We sincerely regret any inconvenience or concern this incident has caused. If you have questions about this incident that are not addressed in this letter, we have established a dedicated call center available toll free in the U.S. at (866) 983-5589, Monday through Friday from 6 a.m. to 3:30 p.m. Pacific Time (excluding major U.S. holidays).