# LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH

## MHSA THREE-YEAR PLAN

Community Planning Process – Worksheets Session 10



## **COMMUNITY PLANNING TEAM -**

November 17, 2023 9:30 AM – 12:30 PM

**IN-PERSON ONLY MEETING** 

# AGENDA

# FRIDAY, NOVEMBER 17, 2023 | 9:30 AM -12:30 PM

PURPOSE	Build agreement on recommendations for selected categories.
OBJECTIVES	<ol> <li>Workgroup participants continue to review recommendations for specific categories within their Workgroups.</li> <li>Workgroup participants provide input on ranking criteria.</li> </ol>
TIME	ITEMS
9:00 – 9:30	Registration
9:30 – 11:00	1. Session Opening
	a. Review Agenda & Communication Expectations
	2. Round 1: Review and Confirm Recommendations
	a. Community Supports Continuum (CSC), Rigo Rodriguez, Facilitator
	b. Prevention & Early Intervention (PEI), Christian Ponce, Facilitator
11:00-11:15	3. Break
11:15 – 12:30	4. Round 2: Review and Confirm Recommendations
	a. Community Supports Continuum (CSC), <i>Rigo Rodriguez, Facilitator</i>
	b. Prevention & Early Intervention (PEI), Christian Ponce, Facilitator
	5. Announcements
	6. Meeting Evaluation
	7. Adjourn

### **COMMUNICATION + SELF-CARE & SUPPORT**

#### **COMMUNICATION EXPECTATIONS**

The following communication expectations will help us all build positive and constructive relationships over the course of the planning process.

- **1. BE PRESENT**: Be on time and do your best to participate and engage each other in the spirit of conversation and learning.
- 2. SPEAK FROM YOUR OWN EXPERIENCE: Sharing your perspective based on your experiences helps us build community. It helps us find areas where we can relate and connect with each other. It also helps us in hearing and honoring the experiences of others.
- **3. PRACTICE CONFIDENTIALITY**: The practice of respecting and protecting sensitive information that people share with you helps to builds trust.
- **4. STEP UP, STEP BACK**: To 'step up' means to being willing to share your thoughts and experiences with others so that your voice is part of the conversation. To 'step back' means being aware and mindful that others also need time to speak, and that some people take a little longer to compose their thoughts.
- 5. SEEK TO UNDERSTAND AND THEN BE UNDERSTOOD: Ask questions to understand someone's view before expressing your view. This helps everyone feel heard and prevent misunderstandings.

#### TAKING CARE OF YOURSELF & FINDING SUPPORT

If during the session you find yourself feeling uneasy with the content or process, we encourage you to take care of yourself by reaching out to designated people who can help you process thoughts and feelings.

### **ACCESS**

#### **ACCESS**

DMH provides the following resources to ensure equitable access for everyone at all meetings:

- 1. American Sign Language interpreters are provided in person and/or online.
- 2. Communication Access Real-Time Translation (CART) service is provided in person and/or online:
  - a. For in-person sessions, CART service transcription is projected onto a screen with simultaneous transcription; and spaces are reserved at the table(s) closest to the screen.
  - b. For online sessions, CART service can be accessed by pressing a link in the Chat Box; if the person cannot access the Chat Box, the link can be obtained by emailing the moderator for the session.
- 3. Interpretation is provided in Spanish and Korean.
  - a. In person interpretation is provided via a headset.
  - b. Online interpretation is provided via a telephone line.
- 4. Meeting materials use a minimum 12-font size in Arial or Times New Roman.
- 5. Materials are translated into Spanish.
- 6. Chat Box:
  - a. Chat Box is generally available during the session to enable communication for access purposes: i.e., to add links to CART services, telephone lines for interpreters, and other links provided in real time.
  - b. When Chat Box is not available, an email address is provided to enable participants to send questions to moderators in real time to participate in the meeting and/or request interpretation and/or CART services.

# **SESSION 1: 9:30 to 12:30**

<u>Instructions</u>: As the list of recommendations is reviewed, please write down your thoughts to these two questions.

AREAS	NOTES
To what extent does this list of recommendations address the CPT recommendations for the categories addressed today?	
What criteria do you suggest in order to rank the recommendations?	