

MINUTES

Los Angeles County Department of Mental Health Service Area 3 – SALT Monthly Meeting

Facilitation: SALT 3 Co-Chairs LaVon Robinson and Sophia Rodriguez

July 13, 2023, | 2:00pm – 4:00pm

Introduction / Welcome

Call to Order/Introductions - Co-Chairs: Sophia Rodriguez

Attendees:

Alex (Spanish Interpreter)	Jessica Willmore	Nannette Vazquez	Zhemyr Diaz (CCB, USA)
Annette Trejo	Jim Adams	Osbee Sangster	+1 626 533 7801
Brent Popham	Kristin Gray	Pamela Inaba	+1 323 684 4390
Blanca Vargas PHFE WIC	LaVon Robinson	Priscilla Ortega	+1 310 938 1699
Bertha Berumen	Christopher Maghar	Robert Hernandez	+1 626 324 3396
Beatriz (Captioner)	Laura Jurado	Rosalba Trias-Ruiz	+1 626 394 6329
Cristal Divas	Lizzy	Sophia Rodriguez	+1 626 430 2900
David Betencourt	Miguel (Mike) Tercero	Shawn Kim	+1 626 794 8532
Evelyn Lemus	Myra Rivas	Soraya Blake	Anonymous
Frank	Mark Karmatz	Sylvia Gil	Jaime Renteria
Felipe Ocampo Jr	Melissa Martinez	Sara Jimenez PHFE WIC	
G Isabel Rodriguez	Maria Garcia (DMHCYB)	Stan Rushing	
He Lin	Michael Zelman	Sheila Wu	
Idalia Oquendo	Maria A	William Legere	
Isaramg	Maria Moreno (CLESGV)	Yue Hua Xu	

- Sophia Rodriguez alongside LaVon Robinson: Co-Chairs SALT 3
- Jaime Renteria: A friendly reminder that this meeting was being recorded.

DMH Updates

Reported by Shawn Kim on behalf of Dr. Michelle Majors – Chief, Service Area 3:

- Shawn reported a few weeks ago that in Service Area 3, we reserved a boba truck and engaged clients and community.
- Shawn reported positive reviews for Arcadia Mental Health Center. Their FSP program is coming together with a new supervisor and several hires. They still have openings.
- As far as PRC, the team started to do groups at East San Gabriel Valley as well. No news on the new building. In the meantime, look for groups coming, including a baking group.

Health Neighborhood Updates, Evelyn Lemus – Health Neighborhood Liaison:

- Health Neighborhood is continuing to meet virtually. We'll have our El Monte meeting July 25th. The 4th Tuesday in August we will be having a meeting August 22nd 1:00 to 2:30.
- There will be free backpacks for community members that's open to everybody – roughly 1500 backpacks. A Mini resource fair will be hosted as a way for providers to share resources with the community. They'll have snow cones and some entertainment.
- Health Neighborhood San Gabriel Valley work group meets on the first Tuesday of the month, including a back-to-school stress management workshop, which will take place on August 9th and 10th.

Reading and Approval of the Minutes

Read and approved minutes:

- Approved by Maria A. Arauco and Brent Popham

Committee Reports(s)

LaVon Robinson, Co-Chair SALT 3

- Ms. Robinson stated in that in August, SALT goes dark. Our meetings will resume in September. We are also figuring out what the plan would be for the fall.
- Ms. Robinson stated that SALT 3 had its Juneteenth 2023 celebration, which took place Thursday, June 15th, 2023, in Pasadena. Everyone was welcome and there was a jazz band and a poet.

Presentations

Annette Trejo – Department of Public Health

- Ms. Trejo stated one of the things they've done recently is create an education sector specifically focused on education settings from pre-K all the way up to trade schools, universities, colleges, high schools, middle schools, elementary schools to support schools.

- They've made relationships with the schools in order to have a one-stop shop and build stronger relationships with a smaller amount of people.

Mike Tercero – Golden Coast Counseling Services

- Mr. Tercero discussed serving San Gabriel Valley. They mostly service LA County because they have folks all over the county. They're available not only for virtual but in-person and by phone.
- They work on a sliding scale and accept some insurances. They provide all kinds of different therapy.

Unfinished Business and General Orders

N/A

Public Comments / Announcements

- DR. MICHAEL ZELMAN: Mr. Zelman from the Pasadena PD HOPE team is doing a walk-in remembrance for suicide prevention month on September 17th. Dr. Zelman facilitates the 48-hour suicide prevention training.
- OSBEE SANGSTER: Ms. Sangster addressed the Juneteenth virtual event in conjunction with the SALT 3 chair. Planning is a lot of work as you know, and the key is starting early. Ms. Sangster applauded the efforts of LaVon and Sophia. Los Angeles Client Coalition has worked on a number of events and community forums throughout Los Angeles County. Ms. Sangster encouraged us to keep up the good work and reminded us that a journey starts with a single step.
- BLANCA VARGAS: Ms. Vargas spoke on their annual breastfeeding event that will be held on August 22nd from 10:00 to 2:00. They still have space if you'd like to attend. WIC has been receiving quite a bit of applications and we've been getting a lot of referrals from organizations.
- CHRISTOPHER MAGHAR: Mr. Maghar LA Care is looking to connect with community partners to support events and initiatives and volunteer at the events. They want to be a resource to the community and assist with connecting people to services and resources. LA Care is recruiting for community engagement groups.
- PAMELA INABA: Ms. Inaba spoke about the organizations that are opposed to SB 43, which enhances the definition of disability. Ms. Inaba also spoke about conservatorship and SB 326 being a modernization act. We want to help DMH making recommendations for proposals that DMH would decide to fund for MHSA.
- PRISCILLA ORTEGA: Ms. Ortega spoke about emotional support and how it's a great resource for anyone who needs it. They have individual, family, couples, and group counseling. If you want to refer anyone or know anyone who needs it, give them the information. They also have parent support groups all through California and everything is done virtually on Zoom.

- MYRA RIVAS: Ms. Rivas from SPIRITT Family Services announced that they currently have openings for the domestic violence victims support group in Spanish and it's located in the city of South El Monte.

Adjournment - Meeting adjourns at 3:38pm – Next meeting, September 14, 2023, from 2pm-4pm.

Microsoft Teams meeting
Join on your computer or mobile app
[Click here to join the meeting](#)

Or call in (audio only)
1 323-776-6996, 156219976#
Phone Conference ID: 156 219 976#

SPANISH LINE:
888-204-5987
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SALT 3 CART LINK:
<https://www.streamtext.net/player?event=SALT-3>