

MINUTES

Los Angeles County Department of Mental Health Service Area 3 – SALT Monthly Meeting

Facilitation: SALT 3 Co-Chairs LaVon Robinson and Sophia Rodriguez

March 9, 2023, | 2:00pm – 4:00pm

Introduction / Welcome

Call to Order/Introductions - Co-Chairs: LaVon Robinson and Sophia Rodriguez

Attendees:

Aisha Byrd	Erma Dabbs	LaVon Robinson (Guest)	Shawn Kim
Alex Spanish Interpreter	Evelyn Lemus	Lisa Frankfort	Sheila Wu
Anthony Montanez	F Nguyen	Luis Guzman	Sophia Rodriguez
Artisha Jackson	Galvez, Elizabeth	MA (Guest)	Soraya Blake
Bertha Berumen	Hovermale, Lindsay	Maria Moreno (CLESGV)	Stara Shakti, LMFT
Bianca Ramirez	Jaime Renteria	Marina Barrios	Steven Stoltz
Brent Popham	Jennifer A-Z	Mayra Rico - City of Azusa	Sylvia Gonzales
Bruce Boardman	Jessica Valadez	Michael Zelman	Wayne Hansen
Carissa Lataillade	John Medina	Michelle Majors	Wayne Hanson
Cheyenne	Julie Matsumoto & Joseph Sanchez	Nina Y. Loc	William Legere
Cristal Divas	Julio Miranda	Osbee Sangster	Wing Ng
Danielle Hernandez	Karina Palma-Rojas	Pamela Inaba	Yue Hua Xu
Dorsey, Norris R	Kristin Gray	Robinson, Lakisha	Ilalia – Health Promoter
Dr. Stephen Mouton	Laura (Guest)	Rosalba Trias-Ruiz	+1 310-701-9876
Edwin Flores	Laura Jurado	Ruby G	

- Julio Miranda: Anyone experiencing technology issue, missing chat, problems with link, having to call in, send email to Julio: [jamiranda@dmh.lacounty.gov](mailto:jmiranda@dmh.lacounty.gov).

Reading and Approval of the Minutes

Read and approved minutes:

- Dr. Michelle Majors approved the minutes, seconded by Dr. Stephen Mouton

DMH Updates

Reported by Dr. Michelle Majors – Chief, Service Area 3:

- Dr. Lisa Wong was officially appointed by the Los Angeles County Board of Supervisors as Department of Mental Health Director.
- Working with the state for Mental Health Month for May or June, making sure they don't conflict with SALT events

Health Neighborhood Updates, Evelyn Lemus – Health Neighborhood Liaison:

- East San Gabriel Valley joint virtual meeting scheduled for Tuesday, 3/14, 10:30 – 12.
- Community Engagement work group is currently in the planning process.
- April is Financial Literacy Month. Date is April 20th. A financial mini resource workshop is being put together, and it will be provided in Spanish and English, for the community. Once flier is available, information will be shared with LaVon or Jaime.
- Maternal Mental Work Group provides workshops in May.

Committee Reports(s)

Sophia Rodriguez (Mental Health Month & Juneteenth)

- Aligning speakers for the Mental Health Month and Juneteenth, to represent diversity of the San Gabriel Valley.
- Hybrid event for Juneteenth for SALT? - celebrate in person but also at the same time have a safe space for people that are not ready and want to continue to access our SALT meeting virtually. For those interested in hybrid, just drop in the box, to get consensus. Brett and Sophia are interested in the hybrid.
- For those interested in being on the committee for Juneteenth, also drop it in the box.

Presentations

Women's Mental Health – Carissa Lataillade, MPH, M.A., AMFT

- Women suffering in silence. Learning about the client by asking connection questions, their support system, cultural background, coping skill questions. Gathering information isn't the end goal. It's connecting with them to create a safe space, build a therapeutic alliance and advocate for their well-being to get them to the space of advocating for themselves. Creating meaningful connections is how we reach clients suffering in silence.
- Collaborating with other mental health professionals a great way to help clients reach their goals.
- Website: www.paladinmft.com. Telephone number listed on the slide

Women's Mental Health (Trauma & Intersectionality in Women) – Stara Shakti

Will be pushed to next month due to technical problem with the presentation

Operation Street Kidz – Julie Matsumoto, OSK

- A community-based non-profit organization that mentors young people primarily through the arts and film production.
- Empowering LatinX Youth – a project launched through the lens of mental health advocates, and in collaboration with the Latino UsCC and Dr. Luiz Guzman. This project includes young people aged 26-34, and target service areas are 3, 4, and 7 of the Los Angeles County. Interested youth will be trained to be health advocates utilizing media arts, film, and social media to spread awareness about mental health issues, addressing the stigma of mental health in the Latino/Latinx community.
- Stories of Resilience – one of the components of the project wherein the youth will share an oral story about what they've been through.
- In collaboration with Santa Monica Film Department – which has built a 35-million-dollar film complex. People there are funneled to USC or other universities and through the media and entertainment in Hollywood, giving them their jobs and at the same time becoming advocates.
- OSK is focused on healing through the arts and film. A lot of short films worked on have important messages and would like for that work to continue and incorporate more young people.
- Shoot to Heal – a project worked with the Juvenile Hall Department and Probation.
- Email operationstreetkidz@yahoo.com for any questions. Website will be shared in the chat.

Unfinished Business and General Orders

N/A

Public Comments / Announcements

- LaVon – vendor form has been sent out and finalized, for those who want to have a booth at the May Mental Health Awareness Month event. Fill out the form and send it back. The event will be alongside City of Baldwin Park, and we would like to make sure that SALT members and vendors get a booth.
- Osbee Sangster, speaking on behalf of BLACCC – BLACCC values continuous improvement and is a generous donor in support of Black digital literacy efforts to help the greatest number of people. The BLACCC Literacy Project has launched, providing technology to communities and Los Angeles County needy stakeholders by giving away HP Chrome computers, including free self-paced courses to learn computer skills, one year of IT support, and a full year of computer warranty and/or replacement. BLACCC can assist for potential low-cost internet with BLACCC's HP chromebook enrollment. To determine if you're an eligible L.A. County stakeholder for the connectivity program, eligibility can be determined. It's not necessary that you go forward with the Connectivity Program to receive a chromebook computer. Currently, there is a limited supply. However, there is potential for more digital devices in the future to assist technology, digital literacy, and internet resources. You can visit www.blaccc.org. Regarding the minutes, there is concern that some did not receive the minutes. Regarding the actual screen, it may not have been large enough in font to read and review. Concern was expressed that it may have been so rapid to comprehend everything without having it in your hand. Request was made to push the minutes back until next month, so that the minutes can be reviewed in-hand.
- Dr. Michelle Majors – will work with Shawn to make sure the person doing the minutes gets the minutes a week or two of doing the meeting.
- Sylvia Gonzales - May mental health awareness month is done in collaboration with Baldwin Park - can that information be sent to the UsCC liaisons for the underserved cultural committees and Filipe and Campo so we can get information out for the UsCCS? We need membership. It would be great to have that information.
- Sylvia Gonzales – 3/9 evening – there will be a virtual American Indian and Alaska Native Traditional Youth forum that the UsCC has done through our capacity building projects, United American Indian Involvement. Anyone who would like to know about the mental health within the American Indian and Alaskan Native and Tay population, is welcome to attend. Information shared in chat.
- Stara Shakti - Women entrepreneurs and business owners money trauma therapy group – a 12-week class or group all about helping women get to the root of their money blocks or traumas and healing it at the core level. Information shared in the chat.
- Cristal Davis, Outreach Coordinator for Spirit Family Services – there are openings for domestic Spanish women's group. There's also English group, but it's full. New parenting classes are around the corner. Once open, information will be shared. Contact information for the intake department is shared in the chat in case someone wants to call regarding mental health services or other programs.
- Pam Inaba wanted to encourage people to go to these events that SALT plan; going outdoors is beneficial and doing something that makes you feel good.

- Pam Inaba wanted to encourage people to go to the MHSA stakeholders meeting next month, for the MHSA annual plan and update.
- (Speaker): Parks and Rec spring events. Go to www.lacountyparks.gov. If you have a park that you like to be part of, let us know.
- Sylvia Gonzales – vendors needed for capacity building projects. Visit the website for information. If you need help becoming a vendor, our liaison is Kelly Wilkerson, more than happy to help vendors come on with DMH so they can bid on capacity building projects.

Adjournment - Meeting adjourns at 3:59pm – Next meeting, April 13, 2023, from 2pm-4pm.

Microsoft Teams meeting
Join on your computer or mobile app
[Click here to join the meeting](#)

Or call in (audio only)
1 323-776-6996, 156219976#
Phone Conference ID: 156 219 976#

SPANISH LINE:
888-204-5987
[Access Code 9639884#](#)

SALT 3 CART LINK:
<https://www.streamtext.net/player?event=SALT-3>