# MINUTES

Los Angeles County Department of Mental Health Service Area 3 – SALT Monthly Meeting

# Facilitation: SALT 3 Co-Chairs LaVon Robinson and Sophia Rodriguez

**September 14, 2023,** | 2:00pm – 4:00pm

### Introduction / Welcome

Call to Order/Introductions - Co-Chairs: Sophia Rodriguez

#### Attendees:

Alex (translator)	Gloria Frank	Michelle Majors	
Alexandria Robles	Guadalupe Robles	Mark Karmatz	
Bertha Smith	Ivette Valeriano	Myra Rivas	
Bel Ng	Isaramg	Osbee Sangster	
Bertha Berumen	Jennifer Bailey	Priscilla Ortega	
Brenda Chavez	Jessica Valadez	Robert Hernandez	
Carey Grier	Kristen Gray	Rosalba Trias-Ruiz	
Christian Magyar	LaVon Robinson	Steven Mouton	
Cindy	Lacoya Pugh	Sarah Rogers	
Darlesh Horn	Maricela Mendoza	Seon Jipark	
Edwin Florez	Maria Tan	Sophia Rodriguez	
Erendira Garcia	Maria Moreno	Stephanie Garcia	
Evelyn Lemus	Maricela Mendoza	Shawn Kim	
Emily Wu Truong	Melissa Martinez	Vickie Xu	
Frances Kim	Michael Zelman	William Legere	

- Sophia Rodriguez alongside LaVon Robinson: Co-Chairs SALT 3
- Jaime Renteria reminded everyone that the meeting is being recorded.

# **DMH Updates**

### Reported by Dr. Michelle Majors - Chief, Service Area 3:

- Michelle reported that the PRC is still housed at Covina ESGV until further notice.
- Michelle commended the PRC staff, supervisors, and Shawn for an amazing job at being creative and utilizing their space wisely being the fact that they are being moved around a lot.
- Michelle stated that Dr. Wong is working on a big homeless initiative, and Dr. Wong and the board of supervisors have been doing
  a lot of work going places and looking at the homeless issue.

### Health Neighborhood Updates, Evelyn Lemus – Health Neighborhood Liaison:

- Evelyn stated that right now they are in the planning process for hosting a hybrid prenatal grief and loss workshop for community members.
- Evelyn also mentioned they are planning their holiday fair and giveaway.

# Reading and Approval of the Minutes

### Read and approved minutes:

Approved by Bertha Berumen and Christopher Maghar

# Committee Reports(s)

### LaVon Robinson and Sophia Rodriguez Co-Chair SALT 3

- Ms. Rodriguez stated they are brainstorming events for the upcoming year and want to continue to highlight the different cultural communities in ESGV and looking for new ideas.
- Ms. Robinson stated that they are working with a budget of \$150,000. They are trying to put together a youth summit in March 2024.

### **Presentations**

#### **Christopher Maghar – LA Care**

- Mr. Maghar stated that LA Care's objective is to design a model that supports LA Care by creating a system for consumers and
  other committee members to share their lived experiences which is very important.
- Mr. Maghar stated they have 11 RCAC regions throughout LA County and right now they are increasing their outreach records to target internal stakeholders, health providers and community members that better reflect the diversity of LA Care.

#### Alexandria Robles -YWCA

- Ms. Robles stated that the YWCA is an organization that is dedicated to eliminating racism and empowering women.
- Ms. Robles mentioned that their two main components are focusing on helping youth meet employment and educational goals.

#### **Darlesh Horn - Division Chief**

- Ms. Horn announced that there will be plenty of workgroups available. If you are interested in giving input in their plan around housing that they will roll out for the next two years, please come to the workgroup.
- Ms. Horn stated that if you want to talk about workforce issues or clinical issues, please join the workgroups.

#### **Unfinished Business and General Orders**

N/A

### Public Comments / Announcements

- MYRA RIVAS: Ms. Rivas stated that they have a new nurturing parent support group starting October 2<sup>nd</sup>. They also offer a fatherhood program as well. Coming up they will be having a fundraiser to support the mental health department and all that their program offer to the families.
- CINDY: Ms. Cindy stated that she is a community coordinator and that they have an event coming up for family wellness and that they will have free A1C screenings, blood pressure and wellbeing assessments.
- EMILY WU TRUONG: Ms. Truong described a recent interaction with a mental health system. She described a hospitalization that
  took place without the appropriate care that it deserved. She explained her concern about the lack of mental health awareness by
  first responders during a mental health crisis.
- MARK KARMATZ: Mr. Karmatz stated that mental health services oversight will be changing its name to behavioral health services oversight. There is also a request for children behavioral health initiative.

# Adjournment - Meeting adjourns at 4:00pm – Next meeting, October 12, 2023, from 2pm-4pm.

Microsoft Teams meeting

Join on your computer or mobile app

Click here to join the meeting

Or call in (audio only)
1 323-776-6996, 156219976#
Phone Conference ID: 156 219 976#

**SPANISH LINE: 888-204-5987** Access Code 9639884#

**SALT 3 CART LINK:** 

https://www.streamtext.net/player?event=SALT-3