

# MINUTES

## Los Angeles County Department of Mental Health Service Area 3 – SALT 3 Virtual Monthly Meeting

**Facilitation: SALT 3 Co-Chairs LaVon Robinson**

**June 8, 2023, | 2:00pm – 4:00pm**

### Introduction / Welcome

### Call to Order/Introductions - Co-Chairs: LaVon Robinson

#### Attendees:

Aisha Byrd	Evelyn Lemus	Michael Zelman	+1 626 807-2073
Alex / Spanish Interpreter (Guest)	Felicia Williams	Minerva Gomez	William Legere
Andrew Chao	Lindsay Hovermale	Osbee Sangster (Guest)	
Antonia Rios	Jaime Renteria	Priscilla Ortega	
Bertha Berumen	Jennifer Jiries	Rosalba Trias-Ruiz	
Brandon Myers	Jessica Esposito	Rosario Ramos	
Brenda Chavez	Jessica Willmore	Samantha Wettimuny	
Brent Popham (Guest)	John Medina	Sammie H (Guest)	
Christian Port	Judith Tejero	Sheila Wu	
Claudia Sanchez-Zaragoza	Kristin Gray	Sylvia Gonzales	
Cristal Divas	Laura Jurado	Tanya Bailey	
Dennis Griffin	LaVon Robinson (Guest)	Vincent Iniguez	
Dr. Stephen Mouton (Guest)	Linda Chong	Wing Ng	
Edwin Flores	Maria A (Guest)	Young Yang	
Emily Wu Truong (Guest)	Maria Foster	Yue Hua Xu	
Eric Young (Riverview)	Melissa Martinez (Guest)	+1 323-684-4390	

Evelyn Gonzalez	Michael Mac Pherson	+1 626-533-7801 – William Leggiere	
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- LaVon Robinson: Co-Chair SALT 3, My counterpart, Sophia Rodriguez, is out of town in Washington DC
- Jaime Renteria: A friendly reminder that this meeting was being recorded.

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## DMH Updates

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### **Reported by Dennis Griffin on behalf of Dr. Michelle Majors – Chief, Service Area 3:**

- Dennis commended everyone on May is Mental Health Month. There are still events remaining for Juneteenth. There was a tremendous amount of effort taking place across the Service Area. Dr. Majors and Dennis attended the 25th annual tribute to veterans and military families, which was put on by the Board of Supervisors.
- Dennis spoke on the tremendous amount of need that we have across the community right now. In Arcadia and East San Gabriel Valley, we need staff to show up and be the best people at what they do because the time is now and it's going to require a tremendous amount of work for us.
- Dennis gave kudos to all the other providers and said, "We're in this boat together. Continue to stay positive, focused, diligent and intentional about what we're trying to accomplish and support one another. Thank you for allowing me to give this report today."

### **Health Neighborhood Updates, Evelyn Lemus – Health Neighborhood Liaison:**

- Health Neighborhood is a collaborative here in the San Gabriel Valley. The East San Gabriel Valley Health Neighborhood meets on the second Tuesday of every month from 10:30 to 12:00 and the El Monte Health Neighborhood meets on the 4th Tuesday from 1:00 to 2:30.
- Health Neighborhood hosted different workshops on bullying, conscious parenting, and stress management in English, Spanish and Mandarin. They're gathering surveys for folks registered to know how to move forward as a work group. They're putting on a workshop on stress management and kids going back to school.
- Health Neighborhood will support the LA Care Blue Shield, El Monte Community Resource Center. They're hosting a back-to-school event on July the 14th. They're hoping to give away about 1500 backpacks and school supplies to folks in the community. There's going to be a mini resource fair and giveaways.

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## Reading and Approval of the Minutes

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### **Read and approved minutes:**

- Approved by Brent Popham and Evelyn Lemus

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## Committee Reports(s)

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### **LaVon Robinson, Co-Chair SALT 3**

- Ms. Robinson stated that there is another project that we need stakeholders to help us with. We've been contacted by the high schools and the teenagers want to put on a mental health event. We're going to put together a committee to help them. They are seeking assistance on this event in September or October.
- Ms. Robinson stated that they collaborated last week to put on the Latino summit last week. Participants asked us to collaborate again for Latino Heritage Month and put on another summit about mental health and cultures. If you'd like to help put this event on in collaboration with Mr. Garcia, we'd appreciate your help.

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## Presentations

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### **Christian Port – San Gabriel Valley LGBTQ Center**

- Mr. Port stated that this is a really exciting year for them. They are hosting the first ever Pride tour of the San Gabriel Valley this year. They have over a dozen cities participating in holding pride events across their communities. They've had flag raises and Pride Proclamations. It's an exciting time for them.
- Their San Gabriel Valley LGBTQ Center has been part of the community since 2011. The center was formed by a small group of community activists and volunteers who wanted to bring affirming services and programs to the community to the San Gabriel Valley. Before the center, they had one LGBTQ organization in the entire San Gabriel Valley, the Pasadena Service Center, which closed before the center formed. They are 100% volunteer run, a 501C3 nonprofit. Through the pandemic, the center offered many types of support groups, gatherings, educational learning sessions and webinars to keep our community together. They were excited to reopen to the public last year.

### **Aisha Byrd and Edwin Flores – Peer Resource Center**

- They are your San Gabriel Valley based Service Area 3 Peer Resource Center. They are a compassionate team of driven and dedicated individuals here to serve, a safe space for all, free of judgment that inspires hope and empowers individuals to talk about shared life experiences. They intend to validate and uplift our surrounding communities. They have their support group every second and fourth Thursday from 2:00pm-3:30pm at the Norwood Library in El Monte. There, they have a group-oriented forum with an agenda and topic.
- They have our same support group at the Aramony Norwood Library every 1st and third Thursday. Their Spanish group has the same support in the normal library in collaboration with the Service Area 7 and Service Area 4.
- They do a men's group. It's every 2nd and fourth Thursday of the month from 1:00pm – 2:00pm. That's virtual as of this past April for the last Thursday of the month.

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## Unfinished Business and General Orders

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N/A

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## Public Comments / Announcements

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- EMILY WU TRUONG: This month, I have 2 speaking engagements. One is June 13th in Diamond Bar with social recovery model systems. I'm doing a presentation from 10: 30 - 11 on the same one I did in April, incorporating my artwork with my grief to heal from my father passing away 9 months ago. I'll do that presentation on June 13th from 10: 30 to 11. There's free breakfast and lunch. I can forward information to Jaime so he can send it out to everybody. I have a presentation with the mental health panel with the California Pan Ethnic Health Huntwork. They have a conference on June 22nd at the California Endowment. I have an art show toward Culver city with painted Brain on June 23rd. I'm playing a piano concert with Home Minds Symphony on June 17th in Santa Monica. I can send Jaime the details. I think my husband will come. We'll see. If you can join, that would be awesome.
- CRISTAL DIVAS: I'll go next. It's Cristal. Hi. I work for Spirit Family Services. I put contact information in the chat. We have openings for our parenting classes in Spanish and our dependent variable support group in English. We provide mental health services for children and young adults. We currently don't have openings. We have a Spanish parent conference June 24th at the LGBTQ+ at the Doubletree Hotel. If you work with LGBTQ+, I got Christian's phone number. We have space for vendors. It's cool because they'll be in Spanish. I'm excited about that. I think that's it.
- OSBEE SANGSTER: I'm speaking on behalf of the Black Los Angeles County Client Collation Inc. Stakeholders, are you in need of access to the digital world? The Black Los Angeles County Client Collation literacy project is providing teaching to comments in Los Angeles County. Needy stakeholders get HP chromebook computers. Visit our website. It's BLACCC.org. Obtain our land line. No text, please. Schedule your telephonic appointment. Thank you and good day.
- CRISTAL DIVAS: I'll go. Spirit Family Services has a bimonthly collaborative meeting. I posted the flier in the chat for anyone interested in networking similar to this. We have Alma Family Services and Generation Her. It's Wednesday, June 21st 10: 30 to 12. It's virtual. We're thinking of a hybrid meeting in August. We have 40 - 50 service providers. It's great to network and meet people, learning about other programs. I've connected with some presenters here and invited them over there, expanding the network. Thank you.

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**Adjournment - Meeting adjourns at 3:38pm – Next meeting, July 13, 2023, from 2pm-4pm.**

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Microsoft Teams meeting  
**Join on your computer or mobile app**  
[Click here to join the meeting](#)

**Or call in (audio only)**  
 1 323-776-6996, 156219976#  
 Phone Conference ID: 156 219 976#

**SPANISH LINE:**  
**888-204-5987**  
 Access Code 9639884#

**SALT 3 CART LINK:**  
<https://www.streamtext.net/player?event=SALT-3>