

Fostering Crucial Conversations about Race with Children and Families

DATE & TIME:

September 11, 2023

9:00AM to 1:00PM

Sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.

PLACE:

Web Broadcast – MS TEAMS

Registrants are required to join through a provided MS TEAMS link or access the web version of MS TEAMS. Participants must have reliable internet access and audio/visual capability to participate in this training.

This training will increase participants' knowledge of cognitive dissonance, structural racism, and the effects of historical and racial trauma and impact on children and families. This interactive training will teach participants strategies for engaging in crucial conversations related to race while working with children and caregivers. Culturally adapted interventions are presented specific to working with Black, Indigenous, and People of Color and intended to decrease the harmful impact of racism on children and youth. Participants will have the opportunity to explore their thoughts, perceptions, and beliefs related to cognitive dissonance, structural racism, and historical and racial trauma relevant to the work with their children and families.

TARGET AUDIENCE: DMH staff and contracted mental health providers rendering services to children and youth.

OBJECTIVES: As a result of attending this training, participants should be able to:

1. Describe the implications of structural racism that can result in racial disparities in treatment.
2. Summarize the effects of Historical and Racial Trauma on children and youth in mental health treatment.
3. Describe the importance of culturally adapted treatments when working with children and families who identify as Black, Indigenous, & People of Color (BIPOC).
4. Identify two strategies to have crucial conversations related to race to help increase engagement with children and youth.

CONDUCTED BY: Melissa Guerrero-Ramos, LCSW

COORDINATED BY: Adam Benson, LCSW, Mental Health Training Coordinator

Email: abenson@dmh.lacounty.gov

DEADLINE: September 11, 2023 or when maximum capacity is reached.

CONTINUING 4.0 hours for BBS, BRN, CCAPP-EI

EDUCATION: CE for Psychologist

COST: NONE

DMH Employees and Contract Providers register at:

<https://eventshub.dmh.lacounty.gov/>