



<b>Review of Meeting Minutes</b>	Jasmine Boyden read the meeting minutes from the May 2023 SALT meeting aloud. Yvette Townsend motioned the approval of the minutes and Paco Rentana seconded.
<b>DMH Updates</b>  ➤ <b>Health Neighborhood- Kisha Thompson</b>	<b>Health Neighborhood</b> <ul style="list-style-type: none"><li>• Ms. Kisha Thompson mentioned that the last Health Neighborhood meeting was on Thursday, June 8th at 11am via MS Teams. There was a presentation from Jack Morris, Program Manager with the St. John's Community Health's RISE Program. His program assist with the reentry integration services, engagement and empowerment.</li><li>• Ms. Thompson shared that the Take Action LA Youth Collective Well-Being event was on Wednesday, May 31<sup>st</sup>. The event had approximately over 400 attendees. The Laundry Truck LA was greatly utilized, attendees participated in Zumba and Tai Chi, we had entertainment from Power106 Street Team, variety of vendors, plenty of food and activities for children. There were Mental Health Stigma Presentations in both English and Spanish presented by the United Mental Health Promoters, as well as a presentation by Janedonna, a student at King Drew High School and intern at UMMA on Youth and Mental Health. Ms. Thompson sent a special thanks to the collaborating partners; UMMA Community Clinic, Pacific Clinics, and the Health Matters Clinic.</li><li>• Ms. Thompson mentioned that the HN Newsletter went on a brief hiatus and has now returned.</li><li>• The next Health Neighborhood meeting will be held on Thursday, July 13<sup>th</sup> at 11am.</li></ul>

➤ **Faith Based-  
Kisha Thompson**

**Faith Based**

- Ms. Thompson mentioned that the last Service Area 6 Clergy breakfast was on Friday May 19<sup>th</sup>. Clinical Supervisor, Dr. Jamie Langford with DMH presented on the Service Area 6 Peer Resource Center.
- Ms. Thompson reminded members about the Faith In Action Boyz 2 Men Conference is scheduled for Friday, June 16<sup>th</sup> from 1p.m. – 5p.m. with registration starting at 12 noon. The new location is Volunteers of America Compton Center, 600 Alameda St. Compton, CA 90221. The event coordination of this event is led by Mr. MC Harris and Pastor Edward Hamilton also known as Pastor E.
- The next Clergy Breakfast will be held on Friday, July 21st at 10a.m.

➤ **Outreach &  
Engagement- Kisha  
Thompson**

**Outreach & Engagement**

- Ms. Kisha Thompson shared the events that they plan to attend and support:
  - Parks after Dark Resource Fair on Thursday, June 15<sup>th</sup> from 5p.m. – 8p.m at Helen Keller Park.
  - Faith In Action Boyz 2 Men Conference event on Friday, June 16<sup>th</sup> from 1p.m. – 5p.m at the VOA in Compton.
  - Parks After Dark Resource Fair event on Friday, June 16<sup>th</sup> from 6p.m- 8p.m at Jesse Owens Park.

- The MLK Healing Center will be hosting their Annual Juneteenth Father’s Day celebration event on Saturday, June 17<sup>th</sup> from 10a.m. – 3p.m. During the event, they will also have a walk from 10:45 to 11:45 in honor of beloved mother of 5 and devoted wife Bridget Cromer. This walk is dedicated in honoring her life and commemorating her untimely passing shortly after giving birth to her last child on March 3, 2023.
- The 3<sup>rd</sup> Annual Holly Mitchell Juneteenth Celebration event on Sunday, June from 9a.m. – 4p.m near Jesse Owens Park.
- The Parks after Dark Resource Fair event on Friday, June 23<sup>rd</sup>, from 6p.m. – 8p.m at Earvin Magic Johnson Park.
- The Starview Compton Pride event on Saturday, June 24<sup>th</sup> from 12p.m. – 8p.m at Compton College.
- Summer Night Lights kickoff event on Wednesday, June 28<sup>th</sup> from 3p.m. – 11p.m at St. Andrews Park.
- The Spring Haven’s Health Fair on Thursday, June 29<sup>th</sup> from 1p.m. – 3p.m at the Spring Haven Apartments on Wilmington and 118<sup>th</sup> Street. This event is for the residents who reside in the Spring Haven Apartments.
- The Parks after Dark resource fair event on Thursday, June 29<sup>th</sup> from 6p.m. – 8p.m. at Roosevelt Park.

Ms. Thompson mentioned that they will continue to email the Community Stakeholders Engagement Calendars, and the Outreach and Engagement Team will continue to address any questions with linkage support and/or collaboration with the community.

**Service Area Chief  
Update - Jackie Cox**

**SA6 Chief Report:**

Ms. Cox announced that all of the SPA6 May is Mental Health events went very well. The events highlighted services provided by Tessie Cleveland's Game Truck, massage services, 360 Photobooth, Laundry Truck LA, , and food trucks.

During the events the SPA6 Outreach and Engagement Team has worked hard to encourage people to come to participate in the SALT6 meetings. The Directly Operated clinics and the Peer Resource Center are currently outreaching to the Senior Citizen facilities to provide healthy work & walking groups. There are plans to have a SPA 6 Senior Event on June 27th at the South Bay Gardena Apartment, which is located at 230 E. 130th Street, 90061 from 11a.m. - 3p.m.

On June 14th, Ms. Cox participated and represented the Department at a new housing development called the West Haven, located at 11609 Western Avenue. The development has 57 units, comprised of studio and one bedroom apartments. The Department invested \$5.75 million dollars and 39 of the units are dedicated to DMH consumers who are unhoused.

Payment Reform will go in effect on July 1. This initiative is to move away from the Federal Reimbursement and look at more innovative ways to provide services to individuals. More information will be made available has the change is established.

The site for West Central Mental Health that was targeted for the 5600 Centinela Address is no longer a consideration. There are two newer building options that is 5 to 6 minutes away from the previous Stocker location. Once the new location has been confirmed, the information for the new location will be shared with the community.

All clinics within the Department will be closed for the Juneteenth Holiday, on Monday, June 19th.

## Presentation-

### Music For Your Mental Health

Chief Operations Officer, Jared Baisely and the Curriculum Director, Sean Lewis from Music for Your Mental Health presented on the programs their organization offers.

Music for your Mental Health is a uniquely relevant program guided by Grammy nominated music producers and therapist, fostering the creation of music as a therapeutic tool for youths 4 to 18. MFYMH provides social emotional learning assemblies and grade specific workshops. MFYMH also has workshops to help end the stigma around therapy and Mental Health by building strong therapeutic foundations.

For more information about Music For Your Mental Health or if you have any questions please email: [info@musicforyourmental.org](mailto:info@musicforyourmental.org) or visit [www.musicforyourmental.org](http://www.musicforyourmental.org)

## Committee Reports

### ➤ SALT6 Co-Chair Updates

### ➤ SALT6 Upcoming Events 2023

- Ms. Joyce Sales mentioned that there are not enough members participating in the monthly SALT6 raffle and that they are thinking of more exciting and creative ways to get more members involved in the raffle.
- Ms. Sales mentioned that they are focusing on planning the annual backpack event which is scheduled for August 8th. So far, there are plans to collaborate with Compton High School and Music For Your Mental Health.
- Ms. Sales invited and reminded everyone to join the SALT 6 membership by sending an e-mail to the SALT 6 e-mail to receive the membership application. The SALT 6 e-mail is [SALT6@dmh.lacounty.gov](mailto:SALT6@dmh.lacounty.gov)
- Ms. Sales reminded members that they will soon elect a new Co-Chair and to spread the word to anyone who may be interested.
- If you have any ideas or suggestions, please join the weekly SALT 6 Committee on Tuesdays from 4 p.m.- 5 p.m. via Microsoft Teams.

**Unfinished Business &  
General Orders**

No updates for Unfinished Business & General Orders.

**Service Area Provider  
Updates, Public  
Comments and  
Announcements**

**Paco Rentana**, the Chief Program Officer at Wellnest shared that they continue to provide Mental Health Services to people 0 to 25 years of age. Wellnest has a South LA, White Memorial and Pico/ Metro location. Mr. Rentana mentioned that Wellnest has an Access and Wellness center with no appointment necessary to walk-in, a Life Learning Center for the Transitional Aged Youth Services, Outpatient services, Intensive Services like FSP and Wrap around Services, Child and Adult Outreach Triage Teams and Permanent Supportive Housing. Wellnest is celebrating their Third Annual Wellness Golf event on August 28<sup>th</sup>. The proceeds will go towards building a Community Wellness Center that will be a project that targets Community priorities which will address the emotional and physical health of the community.

**Rosie Zandate** from DMH Peer Resource Center reminded everyone about the Juneteenth celebration they are having at the PRC located at the Behavioral Health Center on Friday, June 16<sup>th</sup> from 12p.m. – 2p.m. The address of the location is 12021 Wilmington Avenue, bldg. #18.

**Tom Pavich** from Vista Del Mar shared that one of his organizations is donating 30 conference room stackable soft chairs. If any organization is interested, please contact Mr. Pavich.

**MHSA Updates- Dr. Darlesh Horn**

Dr. Horn shared with members that they are going to have a July 11<sup>th</sup> kick off to the stakeholder process. They are reaching out to the different community stakeholder groups in order to know that they have representation for the stakeholder's seats.

There are 95 stakeholder seats to be filled, most of which will be filled by the SALT Co-Chairs, USCC Co-Chairs, and representation from other Departments. The meetings occur on the second Tuesday of every month from 9a.m. – 12p.m. The July 11<sup>th</sup> meeting will be 100% virtual.

Dr. Horn mentioned that she plans to present at the July SALT meeting and if you have any questions, feel free to reach out to her.

**Mental Health  
Resources**

iPrevail – iPrevail’s web address is ([lacounty.iprevail.com](http://lacounty.iprevail.com)) they provide 24/7 support through trained peer specialist, online support groups, and digital learning programs.

Headspace – Headspace’s web address is ([headspace.com/lacounty](http://headspace.com/lacounty)) Their purpose is to provide access to mindfulness, sleep, and movement exercises.

LACDMH 24/7 Help Line number is: (800) 854-7771. Press 2 for the emotional support line. They are available 9.am.- 9p.m., 7 days a week

DMH-UCLA: You Have Our Back and We Have Yours, their web address is ([wellbeing4la.org](http://wellbeing4la.org))

Any questions that may come up before the next meeting, please send an email to the SALT Email which is, [SALT6@dmh.lacounty.gov](mailto:SALT6@dmh.lacounty.gov)

**Adjourn**

Ms. Joyce Sales adjourned the meeting at 11:56 a.m.

Next Meeting:  
Thursday, July 20, 2023  
10am-12pm  
Via Microsoft Teams