Service Area Leadership Team (SALT 6) Monthly Meeting VIA Microsoft Teams

Minutes from the Meeting on Thursday, March 16, 2023

Agenda Item				
Welcome/Introductions	Ms. Joyce Sales called the meeting to order. There was a moment of silence. Newcomers and members were given the opportunity to introduce themselves via electronic sign in sheet, chat box and over the phone.			
Attendees	Jackie Cox Joyce "JM" Sales Kevin Collins Kisha Thompson Jasmine Boyden Mrs. Eddie Lamon Jamie Langford CART Captioner (Michelle) Losha Soriano Maria Hernandez Darlesh K. Horn M.C. Harris Rosa Alvarez Paco Retana Vanessa Hernandez-Zermeno	DMH Staff/SA6 District Chief Community Member/Co-Chair DMH Staff/Co-Chair DMH Staff/ SALT6 Liaison DMH Staff Community Member/Advocate DMH Staff Guest Spanish Interpreter DMH Staff DMH Staff LACDMH Wellnest LAC	Lisa Soulinthong Berlinda Vargas Erika Rioverde Garcia Lissette Sotelo Emma S Tom Pavich Rosy Tellez Jermaine Markis Charity Wang Constance Cooper Bruce Wheatley Efrain Ibarra Eba Laye Reba Stevens Marisol Sanchez Kimberly Corona Stacy Dalgleish Nancy Santiago	LAC Healthy Start Program LAUSD Tarzana Community Member Community Member Community Member Community Member Sycamores Sycamores Wheatley Institute Masada Homes Whole Systems Learning Community Member Amanecer Community Counseling Children's Institute DMH Special Services for Groups, Inc

SALT6 Monthly Raffle Announcement	Ms. Joyce Sales announced that the SALT6 will raffle out two \$25 gift cards to Target at each meeting. Instructions for Participants interested in entering the raffle.		
	 The Participant's First and Last Name must be entered into the chat to allow permission to enter the raffle. The raffle will take place during the meeting. Participants must be present during LIVE meeting to be entered into the raffle. Gift cards must be picked up in person by the winner from Dr. Erica at Augustus F. Hawkins MHC. Raffle is for community members only 		
Review of Meeting Minutes	Jasmine Boyden read the meeting minutes from the February 2023 SALT meeting aloud. Paco Retana motioned the approval of the minutes and Marisol Sanchez seconded.		

DMH	Upo	dates
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Health Neighborhood- Kisha Thompson

Health Neighborhood

- Ms. Kisha Thompson mentioned that the last Health Neighborhood meeting was on Thursday, March 9th at 11:00 AM via MS Teams. There was a presentation from Alexandra Robinson Norris, who is a Community Engagement and Partnership Coordinator for Suicide Prevention with the Veterans VISN, 22 Veterans Desert Pacific Healthcare Network. She is seeking to create a collaborative to address suicide prevention among veterans and/or build upon current collaborations. The next Health Neighborhood meeting will be on Thursday, April 13th at 11:00 AM.
- Ms. Thompson mentioned that she will continue to share the newsletter twice a month and that the next newsletter will go out today, March 16th.

Outreach & Engagement- Kisha Thompson

Outreach & Engagement

- Ms. Thompson shared the events that they plan to attend and support:
 - The Care Harbor event, which is scheduled for March 18th and 19th. This Year the focus is healthcare for the unhoused. The event is located at Los Angeles Trade Tech, 400 W. Washington Blvd. Participants will receive medical and the choice of dental or vision services.
 - Children's Institute will have a college resource and Prom2Go event at their Watts campus off 102nd and success on Saturday, March 25th from 11:00 AM – 2:00 PM.
 - The South Seas Spring Egg Hunt is on Saturday, April 1st at Benny Potter Park, 2301 W 24th St. from 10:00
 AM to 1:00 PM.

- The Spring into Health Resource and Food Giveaway is on Thursday, April 6th from 12:00 PM-3:00 PM at the MLK Center for Public Health.
 - The Autism Walk Family Fun Day is on Saturday, April 8th from 10:00 AM to 1:00 PM. The address of the event is near Ted Watkins Park, 1335 E. 103rd St. Los Angeles.
- The Outreach and Engagement team is helping support SALT6 with the Youth Awareness and Education event which will be on April 15th at SCHARP located at 3850 Crenshaw Blvd from 10:00 AM- 2:00 PM.
- The King's Journey Free Community Resource Fair is on Saturday, April 22nd from 10:00 AM-4:00 PM at the Dollarhide Community Center located at 301 N. Tamarind in the city of Compton.
- Ms. Thompson mentioned that she will e-mail the event flyers to the SALT6 email to share with the community
 and continue to e-mail the Community Stakeholder Engagement Calendar. The Outreach and Engagement team
 will continue to address any questions with linkages, support, and collaborations from the community.

Faith Based-Kisha Thompson

Faith Based

- Ms. Thompson mentioned that the next Clergy Breakfast meeting will be held on Friday, March 17th from 10:00 AM- 12:00 PM via MS Teams. Reina Lava from the Department of Mental Health will present on Resiliency.
- The Women of Faith Conference will be held on April 29th from 10:00 AM-2:00 PM at the MRT Behavioral Health Center located on the campus of the MLK Community Hospital. The theme of the event this year is "You Don't Hear Me Tho..." and the goal is to empower women to get their voices heard and to teach them to advocate for themselves. There will be presentations on Women and Mental Health, African American Infant and Maternal Mortality, Spirituality, and Domestic Violence/ Intimate Partner Violence. The event will have food, giveaways, and vendors. They are also looking for nominees 16 years of age and up for the "Going Beyond the Doors" award.

To participate the nominee must provide their community services in Service Area 6 and demonstrate outstanding contribution to the community by "Going Beyond the Doors" of their faith organization to address the well-being of those in Service Area 6.

The "Faith In Action Boys to Men" Father's Day celebration will be held on Friday, June 16th from 11:00 AM-4:00 PM at the Dollarhide Community Center in Compton. The event is being led by MC Harris and Pastor E (Pastor Edward Hamilton). The event will focus on the following areas: Entrepreneurship, Finance, Employment, Education, College Preparation, Health and Wellness, Conflict Resolution and Spirituality. The event will also have food and giveaways.

Service Area Chief Update - Jackie Cox

SA6 Chief Report:

- For the Service Area 6 Chiefs updates, Ms. Cox announced that the Department is continuing to address homelessness throughout all the service areas. One way in which the Department is addressing homelessness is by the expansion of the Home Team, (The Homeless Outreach Mobile Engagement Team). The team is increasing in staff numbers and capacity to do more for the respective communities. We are hoping to see more engagement with those individuals that are languishing on our streets.
- The Department is stepping up in a fast way to bring housing for those individuals in need of housing. The Full-Service Partnership programs remains one of the top programs related to engaging individuals in the community. This team outreaches and engages with individuals whether it's under the freeways, the parks, jails or wherever the individual may be.
- Regarding slot allocation, the Department is pivoting and doing a lot more creative ways on how we can engage consumers and get them the services that they need. There should not be any vacancies or slot allocations that are empty when there's a huge need in the community.
- The Department will be accelerating their timelines around the creation of licensed bids and permanent supportive housing, as well as, increasing local subsidies and the construction that is needed to build housing for our community members.

Committee Reports

- SALT6 Co-Chair Updates
- > SALT6 Upcoming Events 2023
- Youth Awareness
 & Education:
 "Avoiding the
 Dangers of
 Human
 Trafficking and
 the Destruction
 of Fentanyl

Unfinished Business & General Orders

- Ms. Joyce shared information regarding the SPA 6 Homeless Coalition. They are working on SB37 which is a bill to create a program to fund housing vouchers, to prevent older adults and people living with disabilities from falling into homelessness and to end experiences of homelessness among these populations. Data shows housing subsidies are highly effective in preventing and ending homelessness. In assessing eligibility for preventive resources, SB37 will rely on risk factors identified by the California Policy Lab to ensure the state is targeting prevention resources to those most at risk. SB37 will fund best practices to ensure landlords in the private market and non-profit non affordable housing market to accept housing vouchers. The bill will task the administering agency, the California Department of Housing and Community Development, to work with local housing authorities to confer state funded housing vouchers to Federal Housing Choice Section 8 turnover vouchers to ensure that this five-year program can sustain participants in housing over the long term. If you have information, questions, or concerns, please send an email to the SALT6 email.
- Ms. Joyce Sales invited members to participate in the weekly SALT6 Committee member meeting that takes place every Tuesday from 4pm-5pm.
- Ms. Sales mentioned that they are in the process of planning the upcoming event, "Youth Awareness and Education: Avoiding the Dangers of Human Trafficking and the Destruction of Fentanyl". The goal is to reach out to the youth and do everything that we can to provide awareness to the youth and their families with efforts of protection against becoming vulnerable to an unfortunate crisis. The event will take place on Saturday, April 15th from 10am to 2pm at SCHARP. The event will have speakers to present at the event including a Compton raised, NAACP Image Award Winner Author, with a book called "Anybody's Daughter." There will be another speaker with lived human trafficking experience from the Crenshaw District. Luis Renteria with the Department of Public Health will also speak fentanyl use and giveaway Narcan. Ms. Sales mentioned that they are still in the process of confirming if the LAPD Gang and Narcotics Division will come out and support the event. The event will have catered lunch, giveaways, and entertainment. The flyer for this event will go out once the final edits are approved by the PIO Office.

- Ms. Thompson shared that there was an email that was sent out regarding the CLT meeting under the subject title, Save the Date CLT Meeting. Another email will be sent out to members as a reminder that this meeting is scheduled for Thursday, March 30th, from 9am to 2pm.
- Ms. Sales reminded members about the South Spring Egg Hunt on Saturday, April 1st at Benny Potter Park from 10:00 AM to 1:00 PM.

Presentation- Kevin Collins-Intergenerational Trauma from a Black Perspective

SALT6 Co-Chair Mr. Kevin Collins presented on Intergenerational Trauma and the African Heritage experience in the United States of America. Some of the learning objectives shared were:

- What is the intergenerational trauma and how it has affected the black community historically.
- What social forces have contributed to the ongoing trauma black people still face.
- What are some tools to break the traumatic cycle?
- The Black Identity
- Inherited Pain
- Cultural and Individual Trauma
- Symptoms of intergenerational Trauma
- Healing through health and psychological patterns

For Mental Health Resources, services, and support, please call our 24/7 help line at 1800-854-7771 or dmh.lacounty.gov/get-help-now

Service Area Provider
Updates, Public
Comments and
Announcements

Providers Update:

• Paco Rentana, the Chief Program Officer at Wellnest shared that Wellnest is a Community Mental Health center that provides services from 0 to 25 years of age. Next year, Wellnest will be celebrating their 100 -year anniversary for providing services in the community. Mr. Rentana mentioned that Wellnest has an Access and Wellness center with no appointment necessary to walk-in, they have a Life Learning Center for the Transitional Aged Youth Services, Outpatient services, Intensive Services like FSP and Wrap around Services, Child and Adult Outreach Triage Teams and Permanent Supportive Housing.

SALT6 Raffle Winners Announcement

Ms. Kisha Thompson announced that Marisol Sanchez and Belinda Vargas were the two winners of SALT 6 Raffle.

Mental Health	iPrevail – iPrevail's web address is (<u>lacounty.iprevail.com</u>) they provide 24/7 support through trained peer specialist, online support groups, and digital learning programs.			
Resources	Headspace – Headspace's web address is (headspace . Their purpose is to provide access to mindfulness, sleep, and movement exercises.			
	LACDMH 24/7 Help Line number is: (800) 854-7771. Press 2 for the emotional support line. They are available 9.an 9p.m., 7 days a week			
	DMH-UCLA: You Have Our Back And We Have Yours, their web address is (wellbeing4la.org)			
	Any questions that may come up before the next meeting, please send an email to the SALT Email which is, SALT6@dmh.lacounty.gov			
Adjourn	Ms. Joyce Sales adjourned the meeting at 12:11pm			
	Next Meeting:			
	Thursday, April 20, 2023			
	10am-12pm			
	Via Microsoft Teams			