Service Area Leadership Team (SALT 6) Monthly Meeting VIA Microsoft Teams

Minutes from the Meeting on Thursday, May 18, 2023

Agenda Item				
Welcome/Introductions	Ms. Joyce Sales called the meeting to order. There was a moment of silence. Newcomers and members were given the opportunity to introduce themselves via electronic sign in sheet, chat box and over the phone.			
Attendees	Jackie Cox Joyce "JM" Sales Kisha Thompson Jasmine Boyden Lily Sofiani Mrs. Eddie Lamon Yvette Townsend Jamie Langford Maggie Cabrera CART Captioner (Michelle) Alex Maria Hernandez Melanie Cain M.C. Harris Pastor E. Hamilton Alesia Darden Paco Retana Jim T. Hatt Aden Michael	DMH Staff/SA6 District Chief Community Member/Co-Chair DMH Staff/ SALT6 Liaison DMH Staff DMH Staff Community Member/Advocate Community Member DMH Staff DMH Staff Guest Spanish Interpreter DMH Staff American Indian Counseling Center DMH Staff Community Member DMH Staff Wellnest Community Member DMH Staff	Carier Grier Franz Jordan Tom Pavich Cirilo Garcia Maria Zamora Kohri Cowan Alex Romero Candice Wion Constance Cooper Shaun Allen Sheyla Hernandez Reba Stevens Devri Smith Tanya Heard Nakia Brazier Janae Mccovery Kimberly Corona	CHW W/ Genisis Drew CDC Vista Del Mar Child & Family Svos Community Member Community Member Community Member Weber Community Center Options for Youth-LA Sycamores Kedren L.A. Care Resource Center Community Member DPH Community Member LAHSA Community Member Children's Institute

SALT6 Monthly Raffle	Ms. Joyce Sales announced that the SALT6 will raffle out two \$25 gift cards to Target at each meeting.		
Announcement	 Instructions for Participants interested in entering the raffle. The Participant's First and Last Name must be entered into the chat to allow permission to enter the raffle. The raffle will take place during the meeting. Participants must be present during LIVE meeting to be entered into the raffle. Gift cards must be picked up in person by the winner from Dr. Erica at Augustus F. Hawkins MHC. Raffle is for community members only 		
Review of Meeting Minutes	Jasmine Boyden read the meeting minutes from the April 2023 SALT meeting aloud. Yvette Townsend motioned the approval of the minutes and Ms. Eddie Lamon seconded.		

Service Area Chief Update - Jackie Cox

SA6 Chief Report:

Ms. Cox announced that the Department of Mental Health is looking for someone to represent and attend DMH meetings as the Spa 6 Interdisciplinary Collaboration and Cultural Transformation Model (ICCTM). The Committee will meet on the development of project strategies and plans. The collaboration will focus on reducing disparities in Mental Health Care and Access to mental health services. Those involved will be encouraged to share their perspectives on issues related to culture, language, community strengths, and needs. The meetings will be virtual meetings and occur 2 times a month on Thursdays from 9 a.m. to 10 a.m. The appeal is primarily directed towards the community members an individual who is a non-DMH employee. Please submit your name to our Salt 6 e-mail if you are interested.

The Department partnered with CalMHSA for the Dodger Day event on May 13. Spa 6 had 83 community members and families that participated. There were two luxury A line buses, one bus went to Compton for pick up community members and the second bus was available on the MLK campus to accommodate the Augustus F. Hawkins and West Central Mental Health community members and families. It was a big turn-out and everyone seemed to enjoy the entire event.

Our West Central Mental Health Clinic move is still happening. Many community members are strongly wanting the West Central Clinic to return to the North End of our Service area. Currently we have new building options and a strong potential to return to a building that is 5 to 6 minutes away from the previous 3751 Stocker location. The exact location will be shared once confirmed.

For May is Mental Health Month we have five events that will be supported by our Directly Operated clinics and Programs:

- Awareness Day for Mental Health at the MLK Campus under the leadership of Dr. Sacha Dovick, today, May 18th from 10 a.m. 2 p.m.
- The West Central Mental Health event is scheduled May 23rd from 11 a.m. 4 p.m. at the Augustus F. Hawkins old building, 1720 E. 120th Street,
- The Compton Mental Health Event is scheduled May 24th from 10 a.m. 3 p.m. located at 921 East Compton Blvd and
- The Peer Resource Center Event is scheduled May 25th from 11 a.m. 3 p.m. located at 12021 Wilmington Ave.

[] Our SPA6 Outreach and Engagement team Ms. Kisha Thompson and Dr. Jamie Langford have an event scheduled at Roosevelt Park on May 31^{st} from 2 p.m. -7 p.m.

DMH Updates

HealthNeighborhood- KishaThompson

Health Neighborhood

Ms. Kisha Thompson mentioned that the last Health Neighborhood meeting was on Thursday, May 11th at 11am via MS Teams. There was a presentation from Liliana Morales with Blue LA Electric Vehicle Car Sharing Program Mobility Development. They plan to expand their electric vehicle rental in South Los Angeles and asks for us to complete a survey on how the group can best complete this expansion.

Ms. Thompson shared that the Take Action LA Youth Collective Well-Being event is scheduled for Wednesday, May 31st from 2:00 p.m. – 7 p.m. at Roosevelt Park located at 7600 Gram Ave., Los Angeles, 90001. The event will have a sports clinic for the youth, Zumba, and additional activities to come. There will be a raffle of gift cards to those that participate in these activities. The event will have free food available. Laundry Truck LA will also attend the event and provide free wash, dry and fold laundry services. Power 106 and 93.5 will also attend the event with their DJ and Street Team. The event will also have a mobile game truck as well as a life-sized, green phone booth installation by Chipotle Fams where they will ask about people seeking mental health services and their experience. There is a limited number of spaces for those who would like to be a vendor. If you have any questions regarding the event and or if you are interested in being a vendor, please e-mail Kisha Thompson at kthompson@dmh.lacounty.gov today.

Ms. Thompson shared that the next Health Neighborhood meeting will be Thursday, June 8th at 11 a.m.

Faith Based-Kisha Thompson

Faith Based

Ms. Thompson mentioned that the next Service Area 6 Clergy breakfast is scheduled for May 19th from 10 a.m. - 11 a.m. via Microsoft Teams. Dr. Jamie Langford will give a presentation on the Service Area 6 Peer Resource Center.

The Faith in Action Boyz 2 Men Conference is scheduled for Friday, June 16th from 1:00 to 5:00 PM with registration starting at 12 noon. There has been a change in venue. The new location is Volunteers of America Compton Center, 600 Alameda St. Compton, CA 90221.

Outreach & Engagement- Maggie Cabrera

Outreach & Engagement

Ms. Maggie Cabrera shared the events that they plan to attend and support:

- The Allison and Patty Peters Academics Mental Health event will be on Friday, May 19th from 11:30 a.m. 1:15 p.m.
- The Mentors, The M word Mental Health Awareness event will be on Saturday, May 20th from 8 a.m. 3 p.m.
- The Raymond Community Take Over event will be on Sunday, May 21st from 3 p.m. − 8 p.m.
- The Department of Mental Health Faith- Based Mental Health Conference event will be on Tuesday, May 23rd from 8 a.m. 4 p.m.
- The Centinela Probation Office resource fair event will be on Wednesday, May 24th from 9 a.m. 2 p.m.

- Learning Design Charter School event on Thursday, May 25th from 3 p.m. 7 p.m.
- Health Neighborhood Taking Action Event on Wednesday, May 31st at Roosevelt Park from 12 8 p.m.
- The Men's Health and Wellness fair event will be on Saturday, June 10th from 9 a.m. 3 p.m. at MLK Jr. Center,
 Public Health.
- The Florence/Firestone Community Leadership meeting will be on Wednesday, June 14th from 5:30 p.m. 7 p.m.
- The Parks after Dark first event will be at Helen Keller Park on Thursday, June 15th from 6 p.m. 8 p.m.

Ms. Cabrera mentioned that they will continue to email the Community Stakeholders Engagement Calendars, and the Outreach and Engagement Team will continue to address any questions with linkage support or collaboration with the community.

PresentationMelanie J. Cain, PhD, MPA

<u>Dr. Melanie Cain</u> with LACDMH Native American Counseling Center presented on the programs they offer. Their mission is to provide support to client's overall balance and wellbeing through various services, including, individual and group counseling, case management, medication support, and substance abuse prevention services. They are Directly Operated and have staff who are familiar with the Native Community, either through cultural heritage or work and like experiences. They provide Prevention and Early Intervention, Children's Wellness, Specialized Foster Care, Mental Health Service Act Outpatient Care, a Peer Resource Center, and Full-Service Partnership. They have psychiatrists, psychologists, a psych tech, community workers, therapists, support staff, and volunteers. People who self- identifies as Native can receive care. No certificate of Indian blood is required to access services. Services are open to all with Medi-Cal, and indigent community members.

If you have any questions or have a referral, please contact Dr. Cain's unit at 562-402-0677.

Committee Reports

- > SALT6 Co-Chair Updates
- > SALT6 Upcoming Events 2023
- Ms. Sales shared with members that her term is coming up June 2023 and mentioned that they are looking for nominees for a new Co-Chair for the next 2- year term.
- Ms. Sales invited and reminded everyone to join the SALT 6 membership by sending an e-mail to the SALT 6 e-mail to receive and complete the membership application. The SALT 6 e-mail is SALT6@dmh.lacounty.gov.
 If interested in attending the SALT 6 Committee which is on every Tuesday from 4 p.m. 5 p.m., please send an e-mail to the SALT 6 e-mail.
- Ms. Sales shared information about Governor Newsome's May revision proposal and balanced budget plan with members. If you are interested in more information, please submit your contact information to the SALT 6 email.
- Ms. Sales mentioned that they are working on planning the annual backpack event which is scheduled for August. If you have any ideas or suggestions, please join the weekly SALT 6 Committee on Tuesdays from 4 p.m.-5 p.m. via Microsoft Teams.

Unfinished Business & General Orders

No updates for Unfinished Business & General Orders.

Service Area Provider Updates, Public Comments and Announcements	Nakia Brazier, the SPA 6 Community Relations Coordinator from LAHSA invited community members to the South LA listening session. The new CEO, Dr. Velicia Adams Kellum, is hosting the South LA listening session on May 31 st from 9 a.m. – 11 a.m. at the Hopkins location at 5849 S. Crocker Street. Please contact Ms. Brazier if interested, at nbrazier@lahsa.org or 213-808-2621
SALT6 Raffle Winners Announcement	Ms. Kisha Thompson announced that Candice Wion and Maria Zamora were the two winners of SALT 6 Raffle.

Mental Health Resources	iPrevail – iPrevail's web address is (lacounty.iprevail.com) they provide 24/7 support through trained peer specialist, online support groups, and digital learning programs. LACDMH 24/7 Help Line number is: (800) 854-7771. Press 2 for the emotional support line. They are available 9.am9p.m., 7 days a week 988 Suicide & Crisis Line: If you or someone you know needs support now, call or text 988 or chat at 988lifeline.org DMH-UCLA: You Have Our Back and We Have Yours, their web address is (wellbeing4la.org) Any questions that may come up before the next meeting, please send an email to the SALT Email which is, SALT6@dmh.lacounty.gov		
Adjourn	Ms. Joyce Sales adjourned the meeting at 12:00 pm Next Meeting: Thursday, June 15, 2023 10am-12pm Via Microsoft Teams		