### Service Area Leadership Team (SALT 6) Monthly Meeting VIA Microsoft Teams

Minutes from the Meeting on Thursday, August 17, 2023

Agenda Item					
Welcome/Introductions	Ms. Joyce Sales called the meeting to order. There was a moment of silence. Newcomers and members were given the opportunity to introduce themselves via electronic sign in sheet, chat box and over the phone.				
Attendees	Jackie Cox Joyce "JM" Sales Kisha Thompson Jasmine Boyden Mrs. Eddie Lamon Yvette Townsend Darlesh Horn Jamie Langford Maria Hernandez Carey Grier Kimberly Green- Russell Lois Herndon CART Captioner (Danielle)	DMH Staff/SA6 District Chief Community Member/Co-Chair DMH Staff/ SALT6 Liaison DMH Staff Community Member/Advocate Community Member DMH Staff DMH Staff DMH Staff DMH Staff DMH Staff Community Member	Tanisha Grant- Presentation Rosey Tellez Candice Wion Aileen Palma Vertise Suggs Terri Kennedy Emmanuel Reyes Bruce Wheatley Keith Brandon Constance Cooper Interpreter Cirilo Garcia Maria Zamora Pastor Edward Hamilton Jim T. Hatt Christian Ponciano Reba Stevens Charity Wang Paige Jimenez Kimberly	DMH Staff Disability Rights California Options for Youth-LA Didi Hirsch WIN LA Kedren Amanecer CCS Inner City Industry The Black Adonis Community Member Spanish Interpreter Guest Community Member	

Review of Meeting Minutes	Jasmine Boyden read the meeting minutes from the July 2023 SALT meeting aloud. Ms. Yvette Townsend motioned the approval of the minutes and Ms. Eddie Lamon seconded.		
DMH Updates  Health Neighborhood- Kisha Thompson	<ul> <li>Ms. Kisha Thompson mentioned that the last Health Neighborhood meeting was on Thursday, August 10<sup>th</sup> at 11am via MS Teams. There were two presentations during the meeting. Becca Rothschild, presented on Perinatal Mental Health Training and Jade Barnes presented on the African American Men's Wellness Walk and Resource Fair which will be on November 11<sup>th</sup> at Ranch Cienega Park.</li> </ul>		
	<ul> <li>The Health Neighborhood Newsletter is now shared once a month.</li> <li>Ms. Thompson mentioned that their Activities Committee meeting is on the 2<sup>nd</sup> Friday every month at 2p.m.</li> </ul>		
Faith Based- Kisha Thompson	<ul> <li>Ms. Thompson mentioned that the next Service Area 6 Clergy breakfast will be held on Friday September 15<sup>th</sup> at 10:00a.m via MS Teams. They are currently finalizing a topic for the presentation.</li> </ul>		

#### Outreach & Engagement- Maggie Cabrera

Outreach & Engagement

- Ms. Thompson shared the events they plan to attend and support:
  - Homeless Connect Day event will be on, Thursday, August 17<sup>th</sup> from 10a.m. 2p.m. The location is across from HOPICS on Broadway between Slauson and 56th.
  - The Day of Dignity event will be on, August 19<sup>th</sup> from 9a.m. 1p.m. at the New Testament Church.
  - The Unity in the Community event will be held on Saturday, August 26<sup>th</sup> from 10a.m.- 2p.m. at Bellevue Community Presbyterian Church.

Ms. Thompson mentioned that they will continue to email the Community Stakeholders Engagement Calendars, and the Outreach and Engagement Team will continue to address any questions with linkage support or collaboration with the community.

#### Service Area Chief Update - Jackie Cox

#### **SA6 Chief Report**

Ms. Cox announced that the Department of Mental Health is continuing to build and expand programs that support recruiting individuals with lived experience. The Department has recruited a new Peer Chief Consultant, Dr. Tanika Robinson who is working with the Department to ensure mental health services are sensitive and welcoming for all individuals who receive MH services in the varying mental health programs. Currently we are welcoming individuals with lived experience to join our SPA6 Peer Resource Center.

Not long ago the SA6 Full-Service Partnership Programs for our child and youth had a very long wait list. I am elated to convey we have successfully mitigated the waitlist down to 15 from 85 Child & Youth wait list. Kudos and recognition were given to the Directly Operated clinics, as well as, our Contract Providers for helping to mitigate the child and youth wait list.

The PMRT, known as the Psychiatric Mobile Response Team, falls under the Emergency Outreach Team (EOT). There are six categories within the Emergency Outreach Team. The EOT's hours of operation is from 8 a.m. – 5 p.m. and from 5 p.m. – 2 a.m. The team responds to clients in homes, schools, parks, and hospitals. Follow up is provided, when warranted. Other teams include a Law enforcement team. There are now over 100 teams with officers and clinicians throughout our various service areas. The Long Beach Met Smart Team has the longest traditional hours of service (20 hours). The School Threat Assessment Team acronyms (STAR) responds to students and youth. • The Therapeutic Transportation Team works in collaboration with the Los Angeles County Fire Department-and is designed to also have mental health staff present to address individuals that may benefit from mental health services. There are five different fire stations involved in this collaboration. These teams operate 12 hours a day, and 7 days a week.

DMH also supports the Family Assistance Program that was established in 2019. This Program was developed to assist community members and others with law enforcement involved shootings. The program is designed to work with families and their loved ones pertaining to death by an officer. The program also addresses individuals that

S	are incarcerated or those who have died in custody. The Family assistance program has financial assistance of \$7500 to support the families and social services, if needed. The program outreaches to individuals living locally as well as out of state. The Emergency Bureau also has a Critical Incident Disaster Response Team. This team addresses any natural or man-made disasters that occur in real time.
S	Lastly, there was no final decision made regarding West Central Mental Health. There remain two beautiful potential spaces for West Central's new location. Both options are not more than 5 or 10 minutes from the old Stocker location. When the new location has been confirmed I will make the announcement in our SALT 6 Meeting.

#### Presentation-

Family Violence Awareness, Prevention, and Resilience –

#### **Tanisha Grant**

Tanisha Grant with DMH presented on Family Violence Awareness, Prevention and Resilience.

Key topics discussed were:

- Domestic Violence and Intimate Partners Violence,
- The Impact of domestic violence on Children and Adolescents
- Ways to promote Resilience

Please contact the LACDMH 24/7 Help Line number at (800) 854-7771 for assistance with resources

#### **Committee Reports**

- SALT6 Co-Chair Updates
- Membership
- Update 2023
- Annual Backpack
   Giveaway Event

- Ms. Sales mentioned that the Annual Backpack Event on August 8<sup>th</sup> was a huge success and thank everyone who participated.
- Please join the weekly SALT 6 Committee on Tuesdays from 4 p.m.- 5 p.m. via Microsoft Teams, if you are interested in helping develop new ideas and suggestions for the SALT 6's up-coming events.
- Ms. Sales reminded members that they will soon elect a new Co-Chair and to spread the word to anyone who may be interested.
- Ms. Thompson mentioned that 250 backpacks were given out at the Welcome Freshmen Backpack Giveaway event at Compton High School. The staff at Compton High School were super excited about the outcome of the event and resources provided to the 9<sup>th</sup> grade students.

# MHSACommunityPlanning processFY23-24

MHSA Community Planning Process

#### Yvette Townsend

Ms. Yvette Townsend mentioned that she attended the CPT, Community Planning Team meeting on August 8th. Ms. Townsend reported that they have approximately 100 delegates that are participating in this planning process. The last two meetings were about giving out planning data and information. Although there are groups that will be broken up into subgroups, this group will make recommendations about how the MHSA funds will be spent which is known as Proposition 63. There was discussion regarding the usage by certain ethnic groups of the funds but its not addressing the needs in a certain community.

Dr. Horn shared that African Americans are overrepresented in the data, but that does not mean that African Americans are being appropriately served. Dr. Horn mentioned that they will go over the data again at the August 25<sup>th</sup> meeting and encouraged everyone who can, participate in the meetings that are in person and virtually, and reminded everyone that it is important that their voices are heard.

#### Elections

Ms. Kisha Thompson shared that Pastor E. Hamilton is interested in running for the open seat for the Co-Chair position. Pastor E. shared his affiliation with Service Area 6 and how he is working on building a team of people who are from the community who are physically involved with the community.

Ms. Thompson mentioned that election will take place at the next September SALT6 meeting with two Co-Chairs candidates running for the position, Ms. Joyce Sales, and Pastor E. Hamilton.

Unfinished Business &	No unfinished business to report.
General Orders	No diffillistica basilicss to report.
General Orders	
Control Anna Barrilla	
Service Area Provider	Paco Retana from Wellnest announced that they're sold out for their 3 <sup>rd</sup> Annual golf tournament which is scheduled for
Updates, Public Comments and	August 28 <sup>th</sup> .
Announcements	
Amouncements	Dector F. Hamilton mantiaged that they are giving out giving healtmarks to those who didn't receive one as well as
	Pastor E. Hamilton mentioned that they are giving out giving backpacks to those who didn't receive one as well as planning the Harvest Festival with their Thanksgiving dinner and Christmas Toy giveaway. Pastor E. shared that they
	have Church every Sunday in Long beach on Sundays for fellowship and lunch on the beach.

## Mental Health Resources

iPrevail – iPrevail's web address is (<u>lacounty.iprevail.com</u>) they provide 24/7 support through trained peer specialist, online support groups, and digital learning programs.

Headspace – Headspace's web address is (<a href="headspace.com/lacounty">headspace</a>. Their purpose is to provide access to mindfulness, sleep, and movement exercises.

LACDMH 24/7 Help Line number is: (800) 854-7771. Press 2 for the emotional support line. They are available 9.am.-9p.m., 7 days a week

DMH-UCLA: You Have Our Back and We Have Yours, their web address is (wellbeing4la.org)

Any questions that may come up before the next meeting, please send an email to the SALT Email which is, SALT6@dmh.lacounty.gov

Adjourn	Ms. Kisha Thompson adjourned the meeting at 12:01 p.m.	
	Next Meeting:	
	Thursday, September 21, 2023	
	10am-12pm	
	Via Microsoft Teams	