

Service Area Leadership Team (SALT 6) Monthly Meeting  
VIA Microsoft Teams

Minutes from the Meeting on Thursday, April 20, 2023

<b>Agenda Item</b>				
<b>Welcome/Introductions</b>	Ms. Joyce Sales called the meeting to order. There was a moment of silence. Newcomers and members were given the opportunity to introduce themselves via electronic sign in sheet, chat box and over the phone.			
<b>Attendees</b>	<i>Jackie Cox</i> <i>Joyce “JM” Sales</i> <i>Kisha Thompson</i> <i>Jasmine Boyden</i> <i>Kevin Collins</i> <i>Mrs. Eddie Lamon</i> <i>Yvette Townsend</i> <i>Jamie Langford</i> <i>Maggie Cabrera</i> <i>CART Captioner (Michelle)</i> <i>Alex</i> <i>Maria Hernandez</i> <i>Debra Gatlin</i> <i>M.C. Harris</i> <i>Rosa Alvarez</i> <i>Paco Retana</i> <i>Michael Aden</i> <i>Vanessa Hernandez-Zermeno</i>	<i>DMH Staff/SA6 District Chief</i> <i>Community Member/Co-Chair</i> <i>DMH Staff/ SALT6 Liaison</i> <i>DMH Staff</i> <i>DMH Staff</i> <i>Community Member/Advocate</i> <i>Community Member</i> <i>DMH Staff</i> <i>DMH Staff</i> <i>Guest</i> <i>Spanish Interpreter</i> <i>DMH Staff</i> <i>DMH Staff</i> <i>DMH Staff</i> <i>LACDMH</i> <i>Wellnest</i> <i>DMH Staff</i> <i>LACPH</i>	<i>Pamela Inaba</i> <i>Berlinda Vargas</i> <i>Cirilo Garcia</i> <i>Maria Zamora</i> <i>Shallen Price</i> <i>Jim Hatt</i> <i>Catherine Ahmadi</i> <i>Candice Wion</i> <i>Constance Cooper</i> <i>Emmanuel Reyes</i> <i>Reba Stevens</i> <i>Kelly Hwang</i> <i>Kimberly Corona</i>	<i>LAC Client Coalition</i> <i>Healthy Start Program</i> <i>Community Member</i> <i>Community Member</i> <i>Community Member</i> <i>Community Member</i> <i>Neighborhood Legal Services LA</i> <i>Options for Youth-LA</i> <i>Sycamores</i> <i>Amanecer CCS</i> <i>Community Member</i> <i>Children’s Institute</i> <i>Children’s Institute</i>

<b>SALT6 Monthly Raffle Announcement</b>	<p>Ms. Joyce Sales announced that the SALT6 will raffle out two \$25 gift cards to Target at each meeting.</p> <p>Instructions for Participants interested in entering the raffle.</p> <ul style="list-style-type: none"><li>- The Participant's First and Last Name must be entered into the chat to allow permission to enter the raffle.</li><li>- The raffle will take place during the meeting.</li><li>- Participants must be present during LIVE meeting to be entered into the raffle.</li><li>- Gift cards must be picked up in person by the winner from Dr. Erica at Augustus F. Hawkins MHC.</li><li>- Raffle is for community members only</li></ul>
<b>Review of Meeting Minutes</b>	<p>Jasmine Boyden read the meeting minutes from the March 2023 SALT meeting aloud. Paco Retana motioned the approval of the minutes and Ms. Eddie Lamon seconded.</p>

**DMH Updates**

➤ **Health  
Neighborhood- Kisha  
Thompson**

**Health Neighborhood**

- Ms. Kisha Thompson mentioned that the last Health Neighborhood meeting was on Thursday, April 13<sup>th</sup> at 11am via MS Teams. There was a presentation from Charlotte Robertson Perkins with Los Angeles County Department of Public Health Office of Violence Prevention Gun Violence Priority 2- Social Connection and Healing.
- Ms. Thompson mentioned that they are currently working on collaborating with UMMA Community Clinic for the May is Mental Health Month event which is scheduled for May 31<sup>st</sup> from 2pm-7pm at Roosevelt Park. They are in the process of confirming activities and food options. A vendor sign-up list will go out soon and they are asking vendors to not only share resources with the community but to also have activities at their booths.
- Ms. Thompson mentioned that she will continue to share the Health Neighborhood Newsletter twice a month.

➤ **Faith Based-  
Kisha Thompson**

**Faith Based**

- Ms. Thompson mentioned that the SA6 Clergy Breakfast's Women of Faith Conference will be on April 29<sup>th</sup> from 10 am- 2 pm at the MRT Behavioral Health Center, located on the campus of the MLK Community Hospital. The theme of the event is "You Don't Hear Me Tho". The goal of this event is to empower women to get their voices heard and to teach them to advocate for themselves, thereby reducing the detrimental impacts and health disparities.
- Ms. Thompson mentioned that the Faith In Action: Boyz2Men Father's Day Celebration is scheduled for Friday, June 16<sup>th</sup>. The time has changed. The event will now begin at 1pm, with registration starting at 12 pm and ends at 5 pm, located at the Dollar Hide Community Health Center. This event is led by MC Harris with DMH and Pastor Edward Hamilton, also known as Pastor E.
- Ms. Thompson mentioned that the Next Clergy Breakfast is scheduled for Friday, May 16<sup>th</sup> from 10 am -12 pm via Microsoft Teams.

➤ **Outreach & Engagement- Maggie Cabrera**

**Outreach & Engagement**

- Ms. Maggie Cabrera shared the events that they plan to attend and support:
  - The King’s Journey Free Community Resource Fair located at the Dollarhide Community Center in Compton, on Saturday, April 22<sup>nd</sup> from 10am-4pm.
  - The Women of Faith event is scheduled for Saturday, April 29<sup>th</sup> from 10am-2pm, located at the Behavioral Health Center.
  - The Job and Resource Fair, located at Compton Community College is scheduled for Wednesday, May 10<sup>th</sup> from 10 am-2 pm.
  - The Day of Dignity event, located at Christ Temple Church, is on Wednesday, May 17<sup>th</sup> from 9 am-1 pm.
  - The M.E.N.T.O.R. Mental Health Awareness Fair, located at Leimert Park is scheduled for Saturday, May 20<sup>th</sup> from 9 am-3pm.
  - Ms. Cabrera shared that the O&E team would continue to email the Community Stakeholders Engagement Calendar, and the team will continue to address any questions with linkages support and collaborations from the community.

**Service Area Chief  
Update - Jackie Cox**

**SA6 Chief Report:**

For the Service Area 6 Chiefs updates, Ms. Cox announced that the Directly Operated Clinics in SPA6 remain open and continuing to see more people in person. There is also a hybrid model where individuals are being seen on a virtual platform/telehealth, as well as in person.

The Department of MH is continuing to address homelessness and Access to Care. Access to care is a priority in all Service Areas across the County of Los Angeles. Each clinic is mandated to see individuals within 10 business days. DMH had 12 clinics across all Service Areas, that were not doing as well as to be expected in meeting timelines to Access to Care.

In SPA6, Augustus F. Hawkins had a huge waiting list of about 364 folks that needed to be seen within three to four weeks or less. The AFH Team was able to mitigate that wait list within 2-3 weeks. The clinic is now sustaining the Access to Care parameters related to timely access of services. Compton and West Central Mental Health Clinics are continuing to flourish. We are now addressing the Child and Youth waiting list. The Child and Youth full-service partnership has 75 young people that are welcoming FSP services. The Directly Operated and Contract Providers are working together to reduce the list. I have made a request that all providers take a minimum of five or more young people. The challenge remains that referrals are being made to the child and youth FSP as fast as the Providers accept new referrals. The SA6 Navigators, the legal entities and the Directly Operated providers will continue to work together to manage the ongoing flow of new child and youth referrals.

The Department has a lot of events planned for the month of May, as it relates to taking action for Mental Health and Mental Health Awareness. There are upcoming plans to have a Dodger Day May 13, 2023. Additional events with the support of CalMHSA will be the West Central Mental Health event on May 18th, A Resource fair at Compton Mental Health on May 24th, the SPA 6 Peer Resource Center-Open House and MH awareness on May 25th, and The Outreach & Engagement Team event on May 31st at Roosevelt Park. We are welcoming everyone to participate in all events throughout the Month of May. Our community-based organizations will also have a number of Mental Health Awareness events during the Month of May. You can avail can be found on the Take Action LA Website at <https://takeactionlac.com>.

**Presentation- Catherine Ahmadi**

Catherine Ahmadi with Neighborhood Legal Services of LA presented on Hate Crimes and their Stop the Hate programs. Their office locations are in Pacoima, El Monte, Glendale and Boyle Heights. The legal assistance that they provide includes housing, healthcare access, unemployment insurance and other worker’s rights, public benefits, re-entry for those who are justice involved, family law and immigration, domestic violence, visas for victims of crime, and legal services.

If you have any questions regarding NLSLA and Stop the Hate, please contact Catherine Ahmadi at [CatherineAhmadi@nlsla.org](mailto:CatherineAhmadi@nlsla.org) or and [stopthehate@nlsla.org](mailto:stopthehate@nlsla.org)

**Committee Reports**

➤ **SALT6 Co-Chair Updates**

- Ms. Joyce reminded and invited members to participate in the weekly SALT6 Committee member meeting that takes place every Tuesday from 4pm- 5pm. If interested in joining, please send an email to the SALT6 email at [salt6@dmh.lacounty.gov](mailto:salt6@dmh.lacounty.gov). Also, The Take Action LA Planning Meetings are every Friday, at 2pm. If you are interested in participating, contact Ms. Kisha Thompson at [Kthompson@dmh.lacounty.gov](mailto:Kthompson@dmh.lacounty.gov).

➤ **SALT6 Upcoming Events 2023**

- SALT6 collaborated with the South Seas House on April 1<sup>st</sup>. The South Seas House is a youth and adult community programming organization that provides arts and crafts, music, and computer classes for the youth and adults. They are in the West Adams area within SPA 6. The event was a great egg hunt event for the community with a great turn out.

– **Youth Awareness & Education: “Avoiding the Dangers of Human Trafficking and the Destruction of Fentanyl**

- Ms. Sales thanked the team and all who participated with The Youth and Awareness Event that took place on April 15<sup>th</sup>. Ms. Tika Thornton was one of the guest speakers with lived human trafficking experience. Anyone who is interested in hearing more about human trafficking should search Tika Thornton on YouTube.
- LAPD guest speaker Sergeant Nicholas Ferrara out of the Southwest Division was invited but was unable to attend due to an Abortion Rally Downtown LA that was crucial for him to attend.
- Ms. Sales mentioned that they are looking forward to the Backpack event in August and welcomed members to join the Event Planning Committee.

**Unfinished Business &  
General Orders**

No updates for Unfinished Business & General Orders.

**Service Area Provider  
Updates, Public  
Comments and  
Announcements**

**Kevin Collins** with DMH mentioned that he is the contact person who will assist organizations who are in the community with a cost-free table set-up for the May 24th event at Compton Mental Health. Mr. Collins can be reached at (323)770-6320. Mr. Collins shared with members that he had to step down as the Co-Chair due to him becoming full-time with the Department of Mental Health. Mr. Collins' current new position cannot hold the position of Co-Chair.

**Ms. Joyce Sales** mentioned that they need nominees for the SALT6 Co-Chair position and for everyone to put the word out.

**Paco Retana**, the Chief Program Officer at Wellnest shared that they continue to provide Mental Health Services to people 0 to 25 years of age and that they house transitional aged youth. Mr. Retana mentioned that he is open to have his staff present at our SALT meetings.

**Constance Cooper** with Sycamores shared that they relocated from the Stocker and Santa Rosalia location to Crenshaw and W. Adams Blvd. There are openings for Community Wellness Specialists, two openings for Intake Clinicians and an opening for a Facilitator for Wrap Around and FSP programs.

**Pamela Inaba** with the LA Client Coalition shared that the Mental Health Commission is having their full Commission meeting on the 27th, at 10:.30am and that they would like feedback, public comments and remarks regarding the updates and proposals. For more information, please contact Pamela Inaba at [purpledragon dancer@gmail.com](mailto:purpledragon dancer@gmail.com).

**Belinda Vargas** is a navigator from LA Unified shared that they connect families with whatever type of resources are available in the community and also offered her services to the SALT.

**SALT6 Raffle Winners  
Announcement**

Ms. Kisha Thompson announced that Maria Zamora and Yvette Townsend were the two winners of SALT 6 Raffle.



<p><b>Mental Health Resources</b></p>	<p>iPrevail – iPrevail’s web address is (<a href="http://lacounty.iprevail.com">lacounty.iprevail.com</a>) they provide 24/7 support through trained peer specialist, online support groups, and digital learning programs.</p> <p>Headspace – Headspace’s web address is (<a href="http://headspace.com/lacounty">headspace.com/lacounty</a>) Their purpose is to provide access to mindfulness, sleep, and movement exercises.</p> <p>LACDMH 24/7 Help Line number is: (800) 854-7771. Press 2 for the emotional support line. They are available 9.am.-9p.m., 7 days a week</p> <p>DMH-UCLA: You Have Our Back And We Have Yours, their web address is (<a href="http://wellbeing4la.org">wellbeing4la.org</a>)</p> <p>Any questions that may come up before the next meeting, please send an email to the SALT Email which is, <a href="mailto:SALT6@dmh.lacounty.gov">SALT6@dmh.lacounty.gov</a></p>
<p><b>Adjourn</b></p>	<p>Ms. Joyce Sales adjourned the meeting at 12:07 pm</p> <p>Next Meeting: Thursday, May 18, 2023 10am-12pm Via Microsoft Teams</p>