Service Area Leadership Team (SALT 6) Monthly Meeting VIA Microsoft Teams

Minutes from the Meeting on Thursday, July 20, 2023

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Review of Meeting Minutes	Jasmine Boyden read the meeting minutes from the June 2023 SALT meeting aloud. Ms. Yvette Townsend motioned the approval of the minutes and Mr. MC Harris seconded.
DMH Updates	
Health Neighborhood- Kisha Thompson	 Health Neighborhood Ms. Kisha Thompson mentioned that the last Health Neighborhood meeting was on Thursday, July 13th at 11am via MS Teams. In the absence of Ms. Thompson, Co- Chairs Tim Sweeny with WIN LA and Dr. Ronald Beavers with Positive Imagery and Charles University facilitated the HN meeting. There were two presentations during the meeting. Brittany Daniel, a Health Program Officer with California Community Foundation also known as Cal Fund presented as well as Danielle (Danny) Feldman, an academic specialist from Project Open Doors, which is a
Faith Based- Kisha Thompson	 program at Tarzana Treatment Center College. The next Health Neighborhood meeting will be held on Thursday, August 10th at 11am. Faith Based
	 Ms. Thompson mentioned that the next Service Area 6 Clergy breakfast will be held on Friday July 21st at 10:00a.m via MS Teams. There will be a presentation from the United Mental Health Promoters. They are currently confirming a topic.
Outreach & Engagement- Maggie Cabrera	 Outreach & Engagement Ms. Margarita Cabrera shared the events that they plan to attend and support:

 Parks after Dark event will be Thursday, July 13th from 6p.m. – 10p.m. at George Washington Park.
 Re-Enter Job Fair event will be on Wednesday, July 19th from 11a.m. – 2p.m. at the WLCAC.
 Parks After Dark event will be held on Thursday, July 20th from 6p.m 10p.m. at Ted Watkins Park.
 Community Awareness Festival event will be held on Saturday, July 22nd from 10a.m. – 3p.m at Calvary Baptist Church.
 Resource fair event will be on Thursday, July 28th from 5p.m. – 8p.m at Bethune Park.
 NAMI Bebe Moore Campbell National Minority Mental Health Awareness Month event will be held on Saturday, July 29th from 10a.m. – 3p.m at Leimert Park.
 National Night Out event will be held on Tuesday, August 1st from 1p.m. – 5p.m at the LAPD Southeast Station.
 Back to School event will be held on Wednesday, August 2nd from 6p.m. – 8p.m at Mona Park.
 It's Bigger Than Us Back to School Festival will be held on Saturday, August 5th from 10p.m. – 4p.m. at Crenshaw High.
 Community Learning Session and Housing Resource event will be held on Saturday, August 12th from 11a.m. – 2p.m at YWCA Crenshaw.
 Homeless Connected event will be held on Thursday, August 17th from 10a.m. – 1p.m at HOPICS.
Ms. Cabrera mentioned that they will continue to email the Community Stakeholders Engagement Calendars, and the Outreach and Engagement Team will continue to address any questions with linkage support or collaboration with the community.

Service Area Chief Update - Jackie Cox

SA6 Chief Report:

Ms. Cox announced that the SPA6 Clinics remain open for business and that we have increased our footprint with providing at least 90% of our clinical and case management services within our clinics. Telehealth is still available to individuals who are interested.

Ms. Kimberly Green-Russell is the new Mental Health Program Manager at Compton Mental Health located at 921 Compton Blvd. She has more than 20 years of experience working with individuals with the seriously mentally ill population. She has worked 11 years with our Department of Mental Health and 7 years with the Psychiatric Mobile Response Team. Ms. Kimberly Green-Russell began working at Compton Mental Health on July 5th, 2023.

We have 13 Service Area Navigators including the Child and Youth Providers that are doing an excellent job with helping to mitigate the existing long wait list for our FSP children and youth. Several months ago, there was close to 85 youth on the Child and youth FSP waiting list. Our waiting list is currently down to 39 child and youth. Both Directly Operated and Contract Providers worked collaboratively to mitigate the list.

The Peer Resource Center located in the Behavioral Health Center (BHC) on the 1st floor is open and welcoming community members to participate in the clubhouse model. Community members are encouraged to see what the center has to offer. There are many activities hosted by the PRC staff including, dance, drumming and other healthy activities for individuals that welcome a social outlet. We are also recruiting individuals with lived experience to join the team in permanent employment. Anyone meeting the lived experience criteria can apply on the DMH website for the Community Health Worker position.

The new site location for West Central Mental Health is still on target with the plans for a permanent return to the Northside of the Service Area. We are scheduled for an administrative meeting on Monday, July 24th to determine a final selection. When the new location has been confirmed, the information for the new location will be shared with the community.

Presentation- Project Impact- Tony Walker	Tony Walker, a consultant, and Mental Health Program Director at Project Impact working with Dr. Matt Harris and Dr. Heather Flores, presented on Project Impact. Project Impact is a new Legal Entity Provider within SPA6 in the city of Lynwood that became operational on July 1 st . They have 9 Licensed Therapist, 3 Supervising LCSW or LMFTs, 3 Case Managers, and 1 Peer Support Specialist who are all ready to receive referrals from people within the community. Specialty Mental Health Services will include therapy, individual group counseling, family counseling and services for collateral. Their key group is the zero to 26 population.
	Project Impact's Address is 2640 Industry Way, Lynwood and the contact information for Tony Walker is twalker@projectimpactusa.org. The contact information for Dr. Heather Flores is hflores@projectimpactusa.org
Committee Reports > SALT6 Co-Chair Updates	 Ms. Sales encourage everyone to join the SALT 6 membership by sending an e-mail to the SALT 6 e-mail to receive the membership application. The SALT 6 e-mail is <u>SALT6@dmh.lacounty.gov</u>
 Membership (Welcome Letter/ Membership Application) 	 Ms. Kisha Thompson shared that there will be a welcome letter emailed out after each meeting thanking those who attended and letting them know about becoming a member with the membership application attached.

 MHSA Community Planning process FY23-24 	• Ms. Sales mentioned that she is not available to participate with the MHSA Community Planning Process.
 − Co-Chair Elections ≻ SALT6 Events Update 2023 	 Ms. Sales reminded members that they will soon elect a new Co-Chair and to spread the word to anyone who may be interested. Ms. Joyce mentioned that she is the only nominee presently and that non- County members may nominate themselves.
 Upcoming Annual Backpack giveaway event 	 Ms. Sales mentioned that they are planning the annual backpack event which is scheduled for August 8th at Compton High School on the day of the 9th grade Student Orientation. Please join the weekly SALT 6 Committee on Tuesdays from 4 p.m 5 p.m. via Microsoft Teams, if you are interested in helping develop new ideas and suggestions for the SALT 6's up-coming events.
MHSA Updates- Dr. Darlesh Horn	Dr. Horn mentioned that the MHSA process began so that the community can inform and make recommendations to the Department around funding that the Department received from the state and how to best meet the needs of every Community in LA County. They are redeveloping the delegate process and they are now up to about 105 seats, with every SALTS having 2 seats. Dr. Horn encouraged everyone including community providers to attend the open meetings and mentioned that the recommendations made on behalf of the SALT6 really need to be articulated by the culture and the demographics in SPA6. Dr. Horn informed the SALT6 community that they need to choose a representative and an alternate to fill the 2 SALT seats immediately with a community member or community provider and should not be a DMH employee. Yvette Townsend mentioned that she would like to talk more about the MHSA stakeholder delegates and make recommendations to Dr. Horn about how to solve the problem with the Health Neighborhoods count as well. Those who would like to discuss this more will meet immediately following today's meeting.

Unfinished Business & General Orders	The Election of the Co-Chair is something that we are still working on. We need nominations from the SALT6 Community, someone who is from the community, and or a community- based organization and not a DMH employee.
Service Area Provider Updates, Public Comments and Announcements	On behalf of Dr. Jamie Walker from DMH, Kisha Thompson shared that the PRC is collaborating with the Augustus Hawkins FSP to facilitate the Life Skills group every Thursday from July – August at noon. The Life Skills Group is open to community members and the goal of the group is to equip participants with tools to develop the social, emotional, and physical capabilities needed to thrive today in the future. The PRC will be collaborating with NAMI Urban LA in the fall to host a series of workshops presented by Nami and the PRC. All staff, clients and community members are welcome to attend. If you have any questions, please contact Dr. Langford at <u>ilangford@dmh.lacounty.gov</u> .
	Dr. Langford also provide Kudos for Debra Gatlin from DMH PRC for her work with assisting a community member who was at risk of losing housing with the funds to remain housed. Ms. Gatlin was applauded for her excellent and compassionate.
	Pamela Inaba an Access Ambassador shared that SB 43 would expand the definition of "gravely disabled" for purposes of either placing a person on an involuntary psychiatric hold or conservatorship has passed in the assembly and that they are fighting against it. Ms. Inaba encouraged the community to attend the MHSA community planning meetings. There is a workgroup meeting at St. Annes on July 28 th from 9am-12pm.

Mental Health Resources	iPrevail – iPrevail's web address is (<u>lacounty.iprevail.com</u>) they provide 24/7 support through trained peer specia online support groups, and digital learning programs.
Resources	Headspace – Headspace's web address is (<u>headspace.com/lacounty</u>) Their purpose is to provide access to mindfulness, sleep, and movement exercises.
	LACDMH 24/7 Help Line number is: (800) 854-7771. Press 2 for the emotional support line. They are available 9.a 9p.m., 7 days a week
	DMH-UCLA: You Have Our Back and We Have Yours, their web address is (wellbeing4la.org)
	Any questions that may come up before the next meeting, please send an email to the SALT Email which is, <u>SALT6@dmh.lacounty.gov</u>

Adjourn	Ms. Joyce Sales adjourned the meeting at 12:11 p.m.	
	Next Meeting: Thursday, August 17 th , 2023 10am-12pm Via Microsoft Teams	