

LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH
American Indian / Alaska Native (AI/AN) UsCC Subcommittee Meeting Minutes

September 6, 2023

2pm – 4pm via Microsoft TEAMS

Co-Chairs Present: Shannon Rivers, Farrah Ferris
Members Present: Elena Nourrie, Jessica Mosher, Eva Powless, Bernice Mascher, Stevie Eide, Sylvia Gonzales-Youngblood, Belinda Najera, Stephanie Mushrush, Toni Craigs-Thomas, Yue Hua Xu (Vicky)
DMH Admin Present: Kelly Wilkerson, Darlesh Horn, Mirtala Parada Ward
Presenters: Priscilla Ortega, Antonia Rios

Agenda Items	Discussion
Welcome, Prayer, Land Acknowledgment & Introductions	Meeting opened with prayer. Members were asked to introduce themselves in the chat. Sylvia Gonzales-Youngblood provided a land acknowledgment.
Meeting Minutes	August 2023 minutes were reviewed and approved (first – Farrah Ferris, second – Jessica Mosher).
Co-Chair Report Out & Workgroup Report Outs	<ul style="list-style-type: none"> • Co-chairs updated the subcommittee regarding the CalBHBC Training which took place on 8/7 from 9am-11am, specifically for the AI/AN UsCC subcommittee. Kelly to send recording to members once available. • Co-chairs updated the subcommittee regarding the recent MHSA Community Planning Team meetings taking place related to the three-year MHSA plan. <ul style="list-style-type: none"> ○ Subcommittee to discuss unmet needs and service gaps for the AI/AN community as it relates to Prevention/Early Intervention, Community Supports Continuum, Homeless/Housing Services, and Workforce Education and Training at the October meeting. Kelly to send materials out in advance. ○ Co-chairs asked the subcommittee members to also think about some possible action items for this UsCC to present at future MHSA planning meetings. ○ Visit MHSA Announcements - Department of Mental Health (lacounty.gov) for more information. • Kelly updated the subcommittee regarding the recently developed membership survey. The goal of the survey is to get a baseline of the current membership including demographic information and feedback on wellness needs for the AI/AN community. Updated survey link: https://forms.office.com/g/K12ZwecCZZ

	<ul style="list-style-type: none"> Sylvia Gonzales-Youngblood updated the subcommittee regarding the ICCTM Learning Collaborative meetings. She was unable to attend this month but will update for the October meeting.
Parents Anonymous – Presentation	<ul style="list-style-type: none"> Priscilla Ortega, Director of Programs, and Antonia Rios, Parent Partner, presented regarding Parents Anonymous and their various programs and resources. For more information: Home - Parents Anonymous or contact priscilla@parentsanonymous.org
MHSA Feedback Request and Updates/Proposal Process	<ul style="list-style-type: none"> Darlesh Horn updated the subcommittee regarding the MHSA planning process and proposal submissions for various programs. MHSA Innovations Proposals link: Innovation Project Plan Worksheet (office.com) WET, PEI, CSS and CFTN Proposals link: https://forms.office.com/g/hFe6wc9LA2 For more information, contact MHSAAdmin@dmh.lacounty.gov
Capacity Building Projects – Updates	<p><u>Kelly provided project related updates:</u></p> <ul style="list-style-type: none"> AI/AN Traditional Wellness Gatherings – final gathering will take place in October, Kelly to email flyers for September and October gatherings. AI/AN Community Engagement Campaign – the fourth video is being finalized and will be sent to the subcommittee for feedback next week. AI/AN Youth Graphic Novel Project – currently out for solicitation, visit LA County Solicitations and search keyword “graphic” to learn more. AI/AN Cooking for Wellness Project – SOW has been submitted to Mirtala for review. AI/AN Community Garden Project – SOW has been submitted to Mirtala for review. MMIWG2-S Awareness Campaign Project – SOW has been submitted to Mirtala for review. AI/AN Elder Mental Health Support Project – SOW is being developed and should be submitted to Mirtala for review by 9/22. Suicide in Native Communities Project – SOW is being developed and should be submitted to Mirtala for review by 9/22. AI/AN Intergenerational Storytelling Project – this project will be revisited once the other SOWs are finalized. <ul style="list-style-type: none"> Kelly and Mirtala to meet with PIO next week to discuss any copyright concerns, legal issues, and intellectual property. Mirtala shared regarding capacity building project proposals and once they are submitted and then selected by the subcommittee and funded by LACDMH, the project becomes the property of LACDMH.

<p>Community Announcements & Resources</p>	<ul style="list-style-type: none"> • Stephanie Mushrush shared regarding the 17th Many Winters Gathering of Elders taking place 10/12-10/15: M W G O E Instagram, Facebook Linktree • Eva Powless shared regarding the upcoming Traditional Wellness Gathering: <ul style="list-style-type: none"> ◦ Modern NDN: Beading and Belonging Lead Facilitator: Birdie Pulskamp (Diné) Discussion of mental health impacts of intergenerational trauma, symptoms of post traumatic stress, anxiety, and depression. Date: Saturday, Sept. 23 Time: 10:00am - 2:00pm Location: South El Monte Community Center (1530 Central Ave, South El Monte, CA 91733) • Sylvia reminded the members to utilize the AI/AN Promoters whenever possible for events, training, and presentations. Contact Sylvia at sgonzales@dmh.lacounty.gov. • Send any resources to Kelly via email (KeWilkerson@dmh.lacounty.gov) to be sent out to the listserv.
<p>Closing Prayer</p>	<p>Meeting closed with Prayer.</p>
<p>Meeting Minutes</p>	<p>All meeting minutes are available on the DMH website: https://dmh.lacounty.gov/about/mhsa/uscc/american-indian-alaska-native-ai-an-uscc/american-indian-alaska-native-ai-an-uscc-meeting-minutes/</p>
<p>Upcoming Meetings & Links</p>	<p><u>Next Meetings (first Wednesday of the month, all meetings 2-4pm):</u></p> <ul style="list-style-type: none"> • 10/4/23, 11/1/23, 12/6/23, 1/3/24, 2/7/24, 3/6/24, 4/3/24, 5/1/24, 6/5/24 <p>Join Microsoft Teams Meeting; 323-776-6996, Conference ID: 806 867 419# CART is provided for all meetings: www.streamtext.net/player?event=UsCC-AIAN</p>