

**Los Angeles County Department of Mental Health
Stakeholder Engagement Unit
API Subcommittee Meeting Minutes
April 24, 2023, 2:00 pm – 4:00 pm**

Present: Richer San, Sithea San, Sokthea Phay, Vickie Xu, Pamela Inaba, Mariko Kahn, Sheetal Ayyatan, Maria Tan, Naomi Mizushima, JR Kuo, Tuan D. Nguyen, Mea Lath, Pastor Peter Kim, Ryan Rebueno, Soh Yun Park, Moses Lim, Andrew Lao, Dr. Anna Lee, Kathy Moon, Linda Chong, Young Choi, Ann Marie Yamada, Payal Sawhney, Orior, Daljeet Kaur

Cambodian Interpreter – Bo Uce

Korean Interpreter – Sun Lim

DMH Admin – Alan Wu

Agenda Items	Comments/Discussion/Recommendations/Conclusions
Welcome & Introductions	<ul style="list-style-type: none"> Subcommittee Members, Housekeeping, Attendance, Co-Chairs
DMH Updates	<ul style="list-style-type: none"> Mental Health Commission would like a representative from each of the UsCCs to give an update of their activities at their monthly meeting. If representative cannot attend Commission meeting in-person, DMH have developed a reporting form template to submit updates to Commission. Alan Wu shared and emailed the reporting form questions to invite feedback and comments
Review of Meeting Minutes	<ul style="list-style-type: none"> Motion by Mariko Kahn to approve February 2023 minutes and seconded by Sheetal.
Capacity Building Projects Update	<ul style="list-style-type: none"> For the 2022-2023 capacity building projects, we have received the reference quotes and have submitted them to the LA County Internal Services Department (ISD) for solicitation. However, there are some delays with ISD which means they will go out for solicitation in July. For the 2023-2024 capacity building projects, all the Statements of Work have been completed, reviewed, and approved by DMH except for the Art to Heart Conversation project which will be completed by June. These projects will go out for solicitation in July. Mariko gave an update on her Cambodian Oral History project <ul style="list-style-type: none"> ✓ Completed 14 out of 16 oral histories ✓ Working on the recording transcription, subtitling, and captioning ✓ Completed a short video on project including information on the 16 narrators ✓ Invite all subcommittee members to attend the Community Event on June 10, 11:00 am – 2:00 pm at the Long Beach Historical Society Naomi Mizushima gave an update on her 1000 Cranes for Healing project <ul style="list-style-type: none"> ✓ Completed a total of 22 workshops ✓ Korean and Chinese workshops conducted in person

	<ul style="list-style-type: none"> ✓ Japanese workshops conducted online due to stigma and community dispersed geographically ✓ Average workshop turnout was 15 participants per workshop ✓ Workshops held in the Korean, Chinese, and Japanese communities ✓ Many of the Chinese and Korean participants felt comfortable to share their stories ✓ Participants felt safe attending an educational workshop rather than a support group or therapy session due to the stigma ✓ Art and culture are important outreach tools especially for the Japanese community ✓ Compiling the demographic data from pre and post surveys • Sheetal Ayyatan gave an update on her project, Promoting Mental Health Wellness in South Asian Americans <ul style="list-style-type: none"> ✓ Completed a total of 7 workshops on immigration stressors, depression, and anxiety ✓ Held intergenerational conversations to deal with intergenerational trauma due to lack of communication and understanding ✓ Inspired by the many stories and experiences shared by participants
<p>Open Discussion on non-agenda items</p>	<ul style="list-style-type: none"> • Richer San and Mariko Kahn shared about the Cambodian concert at the Long Beach Symphony on April 29 • Payal Sawhney shared about the annual South Asian Mental Health Conference in San Jose where South Asian organizations nationwide showcase their clinical and nonclinical research work. Three posters and one panel discussion from SAHAAS were chosen. SAHAAS youth will be conducting a panel discussion at the conference. One of SAHAAS research youth posters also got accepted. • Pamela Inaba shared some announcements: <ul style="list-style-type: none"> ✓ Substance Abuse Mental Health Service Administration (SAMHSA) is seeking grant reviewers with a master’s degree and two years’ experience in mental health field ✓ MHSa Planning Process meetings for Fiscal Year 2024-2025 start in June AT St. Anne’s, 9 am – 12 noon ✓ April 27 is the last day to submit public statements and comments on the 2023-2024 MHSa Annual Update Plan ✓ County-wide Activity Fund (CAF) will be starting up again; consumers will receive \$25 per meeting attended ✓ Problems and issues with Senate Bill 43 ✓ Mariko Kahn requested DMH to bring in speakers to educate the members on Senate Bill 43 and the issues surrounding this bill ✓ Pamela will conduct an advocacy workshop on May 8 at the California Endowment • Ryan Rebueno shared about the NAMI walk on April 29, 10 am – 2 pm. Many mental health providers will be present and showcase their work with free workshops and clinics. • Dr. Anna Lee shared the Associate Moderate Recovery System will have a multicultural wellness celebration with speakers, performers, Yoga, music, and food trucks on June 13 at the Diamond Bar Center.
<p>Upcoming Meeting: May 22, 2023</p>	