

**Los Angeles County Department of Mental Health
Stakeholder Engagement Unit
API Subcommittee Meeting Minutes
May 22, 2023, 2:00 pm – 4:00 pm**

Present: Richer San, Sithea San, Sokthea Phay, Mariko Kahn, Sheetal Ayyatan, JR Kuo, Tuan D. Nguyen, Pastor Peter Kim, Ryan Rebueno, Young Choi, Ann Marie Yamada, Payal Sawhney, Belinda Rabano, Krystal Edwards, Vicky Xu, Julie Matsumoto, Young Yang, Emily Wu Truong, Eric Hernandez, Michelle Wong, Kathy Moon, Kerry Chhay, Victoria Juarez, Tiffany Rivera, Dr. Rocco Cheng, Violeta Villareal, Marinis Jonson, Adele
Cambodian Interpreter – Rottana Chuon
Korean Interpreter – Sun Lim
DMH Admin – Alan Wu

Agenda Items	Comments/Discussion/Recommendations/Conclusions
Welcome & Introductions	<ul style="list-style-type: none"> • Subcommittee Members, Housekeeping, Attendance, Co-Chairs
DMH Updates	<ul style="list-style-type: none"> • UsCC Transition and Changes <ul style="list-style-type: none"> ✓ New manager, Mirtala Parada Ward for the UsCCs will be starting soon ✓ Alan Wu’s liaison role will be replaced with new staff from the Promatores ✓ Due to the transition oftentimes decisions, requests, and changes have been deferred and put on hold until the new manager is on board. ✓ Mariko expressed these leadership changes makes her feel that the UsCC groups are not important and would like to speak to DMH management. Alan suggests Richer San to take up her concerns at the CCC UsCC Leadership meeting.
Review of March 27 and April 24 Meeting Minutes	<ul style="list-style-type: none"> • Motion by Mariko Kahn to approve March 27 minutes and seconded by Sithea San. • Motion by Sithea San to approve April 24 minutes and seconded by Mariko Kahn.
Outreach Flyer Update	<ul style="list-style-type: none"> • Alan Wu forwarded the discussed flyer to the PIO office for approval. PIO came up with a new version of the flyer which included most of the changes we discussed and agreed on: <ul style="list-style-type: none"> ✓ More clear API UsCC monthly meeting is every fourth Monday ✓ Emphasize, spell out API, and put on the top of flyer to be more visible ✓ Interpretation services available ✓ Clear link to API UsCC webpage ✓ Include QR code to scan especially if print copy • Michelle Wong wanted to know if flyer will be translated into different languages and Alan responded we can address that later once we finalized the English version. • Motion by Tuan Nguyen to accept flyer and seconded by Mariko Kahn.

SB 43 Speaker Request	<p>Alan Wu forwarded Mariko’s request for SB 43 speaker to manager, Angel Baker. In response Angel request members to provide a list of questions regarding this legislation and the Executive Management will provide responses. Alan invited members to share their questions in the chat and will gather all questions and forward to Management.</p>
Election and Nominations	<ul style="list-style-type: none"> • Election will be open for co-chair nominations via email this or next week. • Co-chair expectations and responsibilities include: <ul style="list-style-type: none"> ✓ Attend at least 75% of this API meeting (cannot miss more than 3 meetings in a year) ✓ Attend monthly API UsCC Subcommittee meeting ✓ Attend monthly CCC & UsCC Leadership meeting ✓ Attend CLT meeting ✓ Attend API UsCC agenda planning meeting ✓ On average it involves attending 4 virtual meetings a month If you work with your co-chairs, you can rotate so that you would not have to attend all the meetings ✓ Require some level of commitment and time ✓ Receive a monthly \$150 stipend • Current capacity building project vendors are not eligible to serve as co-chair due to conflict of interest. • Managerial staff (CEO, senior executive) from DMH contracted legal entities cannot serve as co-chair due to conflict of interest. • Members with 50% attendance in the last 9 consecutive months are eligible to vote and eligible to be co-chair
Open Discussion on non-agenda items	<ul style="list-style-type: none"> • Mariko Kahn shared invitation to community presentation of the Oral History Project for 1.5 generation Cambodians on June 10, 1 -3 PM at the Historical Society of Long Beach. • Sokthea Phay suggests having some self-care activities (team building, ice breaker) in our meetings to deal with our challenges and process our emotions. • Emily Wu Truong urged for more collaboration and need to work together among members. • Payal Sawhney was thankful, happy, and motivated by the linkages and support she received from other members attending her events. She believes this is a good way to motivate, encourage, and support one another. • Tuan Nguyen stressed the importance of strength in numbers and unity in helping and supporting each other. • Richer San reiterated the importance of working together and openly sharing our challenges and concerns. • Pastor Kim will be having a resource booth at the Faith-Based Mental Health Conference on May 23 at the LA Convention Center. • Richer San and Alan Wu will be hosting a resource table for our subcommittee at the Faith-Based Mental Health Conference.

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| | <ul style="list-style-type: none">• Sokthea Phay suggests having an annual retreat for self-care, team building, and capacity building to improve the well-being of this subcommittee members. Michelle Wong would be willing to lead a 10-minute acupressure /self-acupressure session if that's something the subcommittee would like to consider incorporating in our meetings.• Eric Hernandez shared about free youth program, <i>Summer Healing at SIPA</i> which focus on coping with mental health concerns and how to advocate for mental health services.• Emily Wu Truong expresses her agreement on the need to get to know each other better, self-care, and mutual support because of compassion fatigue and burn out are real issues. |
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Upcoming Meeting: June 26, 2023