

**Los Angeles County Department of Mental Health  
Stakeholder Engagement Unit  
API Subcommittee Meeting Minutes  
June 26, 2023, 2:00 pm – 4:00 pm**

**Present:** Richer San, Anna Lee, Anne Choe, Sithea San, Pamela Inaba, Mariko Kahn, Naomi Mizushima, Sheetal Ayyatan, JR Kuo, Tuan D. Nguyen, Pastor Peter Kim, Young Choi, Belinda Rabano, Vicky Xu, Julie Matsumoto, Emily Wu Truong, Norio Iwahori, Michelle Wong, Victoria Juarez, Dr. Rocco Cheng, Dr. Sheila Wu, Prizma Tamang Mehta, Lindsay Hovermale, Beryl Li, Joshua Ferriere, Neel Lyer, Chloe, Aaron Icedo, Mea Lath, Moses Lim, Ruth Wen, Shuang Luo, Maria Tan, Sean Lu, Dr. Ann Marie Yamada

**Cambodian Interpreter** – Bo Uce

**Korean Interpreter** – Sun Lim

**DMH Admin** – Alan Wu

Agenda Items	Comments/Discussion/Recommendations/Conclusions
<b>Welcome &amp; Introductions</b>	<ul style="list-style-type: none"> <li>Subcommittee Members, Housekeeping, Attendance, Co-Chairs</li> </ul>
<b>DMH Updates</b>	<ul style="list-style-type: none"> <li>UsCC Transition and Changes               <ul style="list-style-type: none"> <li>✓ New manager, Mirtala Parada Ward for the UsCCs is on vacation and will be starting next week. Alan will invite Mirtala to July 24 API UsCC meeting to share DMH updates and her new role.</li> <li>✓ Alan Wu will stay with API UsCC until appropriate staffing is in place.</li> </ul> </li> </ul>
<b>Review of Meeting Minutes</b>	<ul style="list-style-type: none"> <li>Motion by Tuan Nguyen to approve minutes and seconded by Mariko Kahn.</li> </ul>
<b>Elections and Nominations</b>	<ul style="list-style-type: none"> <li>Alan Wu reported on the results of the co-chair election and nomination. Richer San and Norio Iwahori are the new co-chairs. There will be an orientation meeting with new co-chairs regarding their role.</li> </ul>
<b>Capacity Building Projects Reports</b>	<ul style="list-style-type: none"> <li><b>Cambodian Oral History:</b> Mariko Kahn reported on the June 10 community project presentation and shared video highlights and excerpts of the interviews and the planning and development stages of project. Oral histories will be archived at the Historical Society of Long Beach and readily accessible to anyone. Funding was available for 14-16 interviews to bring messages and stories of resilience and hope after experiencing the Khmer Rouge.</li> <li><b>Promoting Mental Health Wellness in South Asian Americans:</b> Sheetal Ayyatan reported on conducting workshops and intergenerational conversations in SA2 and SA7. They have completed workshops on immigration and its effects, depression, and anxiety to address the mental health stigma and taboos. The intergenerational conversations were very popular and helped to improve understanding and deal with conflicts between cultures and generations. Project focused on reducing the stigma surrounding mental health for the South Asian community in LA County by providing a space for them to talk about mental</li> </ul>

	<p>health in a congruent setting with bilingual, bicultural South Asian mental health community ambassadors. Through the workshops they have received requests for help in linking to mental health resources. A total of 10 workshops were completed from November 2022 to May 2023.</p> <ul style="list-style-type: none"> <li>• 1000 Cranes for Wellness: Naomi Mizushima reported they conducted 21 workshops in the Korean, Chinese, and Japanese community with mostly women attendees perhaps because they are in charge for the health of the family. Women are often secluded and isolated in their communities and experienced discrimination. LA Times conducted interviews and will release a series of articles on the immigration history and experiences of the Chinese, Korean, and Japanese community. A lot of modifications were made to workshops due to cultural differences and values among the first and second generations.</li> <li>• Korean Mental Health Navigation: Pastor Peter Kim reported on the project consisting of developing English and Korean mental health resource book and training bilingual English and Korean speaking navigators to link and guide monolingual Koreans to mental health resources and services. A total of ten Korean navigators were trained in Mental Health First Aid and different mental health topics including suicide prevention and intervention. Pastor Kim participated in many events in distributing Korean mental health resource book.</li> </ul>
<b>SB 43 Update</b>	<ul style="list-style-type: none"> <li>• Alan Wu emailed the DMH responses to the SB 43 questions from the last meeting to members before today's meeting. Alan is still working on getting a speaker on SB 43 from NAMI. Emily offered to assist in connecting with NAMI to arrange a speaker.</li> <li>• Pamela Inaba requests a speaker with another point of view from the Disability Rights California (DRC) to get a more balanced perspective. She preferred having different viewpoints presented to help us better understand the bill and will touch base with DRC to see if a speaker can be arranged.</li> </ul>
<b>Open Discussion on non-agenda items</b>	<ul style="list-style-type: none"> <li>• Pamela Inaba reported that at today's LA County Board of Supervisors hearing, Hector Ramirez, Access for All UsCC co-chair in his testimony suggests more representation and services through MHSA for the API community which has a lot to do with API cultural relevance and cultural competency. It's important to keep track of this because it is the Board of Supervisors that approves what monies DMH use for funding and that they are aware of the needs of the API community.</li> <li>• Alan Wu will follow up on Emily's question on whether our subcommittee meeting is open to persons from outside LA County and persons of any age.</li> </ul>
<b>Upcoming Meeting: July 24, 2023</b>	