



▶▶ Service Area 3 Peer Resource Center Social Connections Group

Every Monday, 11 AM – 12 PM

City of Walnut Senior Center

21215 La Puente Road, Walnut, CA 91789

Service Area 3 Peer Resource Center invites you to join our Social Connections Group. Here we will explore ways to improve quality of life and general well-being to help prevent loneliness and isolation. This Social Connections group will give all a chance to express themselves judgment-free and receive assurance and support from people with similar experiences.

We will focus on:

- Emotional support
- Coping skills
- Grief and loss
- Addiction recovery

If you have any questions or need more information, call us at 213.294.1077 or email SA3PRC@dmh.lacounty.gov.



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