

Service Area 3 Peer Resource Center **Teen Wellness Activity Group**

Every Fourth Wednesday of the Month 4:00 - 5:30 PM

Azusa Youth & Family Center

340 N. Orange Pl., Azusa CA 91702

Service Area 3 Peer Resource Center invites you to join their Teen Wellness Activity Group! This group provides a safe place where you can build a supportive network of friends to share your lived experience and grow together. We will be focusing on:

- Creative Art Activities
- Healthy Coping Skills

Mental Wellness

COUNTY

Common Teen Stressors

If you have any questions or need more information, call us at 213.760.2291 or email SA3PRC@dmh.lacounty.gov.

ANGELES

ENTAL HEAL



HEART-FORWARD





