



# Hidden Treasures

## ▶▶ Service Area 3 Peer Resource Center Jewelry Making with Peers

Every 1<sup>st</sup> & 3<sup>rd</sup> Wednesdays  
1:30 – 3 PM

### Langley Senior Citizen Center

400 W. Emerson Ave., Monterey Park, CA 91754

Join SA 3 Peer Resource Center for the “Hidden Treasures” jewelry making support group. Create and learn a different way to take your mind off everyday stress, anxiety, and other life challenges while creating beautiful pieces of wearable art. We will explore ways to improve quality of life and general well-being to help prevent loneliness and isolation. The focus will be on:

- Inspiring creativity
- Emotional support
- Healthy coping skills
- Positive peer connections

For questions or more information, please call us at (213) 334-9269 or email [SA3PRC@dmh.lacounty.gov](mailto:SA3PRC@dmh.lacounty.gov).