

Los Angeles County Department of Mental Health

MHSA Three-Year Plan
Community Planning Process
Session 3



Community Planning Team

August 8, 2023
9:00 AM – 12:00 PM

St. Anne's Conference Center
155 N. Occidental Blvd
Los Angeles, CA 90026

WELCOME!

Dear MHSА Stakeholders,

We look forward to seeing you at the upcoming Community Planning Team (CPT) meeting on Tuesday, August 8, 2023, to continue our planning efforts for the *MHSA Three-Year Plan* for fiscal years 2024-25 and 2025-26.

Next Tuesday's session will be in-person at St. Anne's Conference Center, located at 155 N. Occidental Blvd, Los Angeles, CA 90026. We encourage everyone to be physically present so that you get to meet your fellow CPT members. For those who cannot attend the session in person, please use the following link.

[Click here to join the meeting](#)

Meeting ID: 251 467 052 844 | Passcode: iHLd6R

Call in (audio only): [+1 323-776-6996,,513117112#](#)

Phone Conference ID: 513 117 112#

The primary goal of the August 8th session is to build a common understanding of the County's population, the Medi-Cal-eligible population, and the demographics of clients served by DMH. Our hope is that this foundational information will trigger questions from that will help us generate more specific and helpful data for September and October. In addition, we will provide updates on the Community Planning Team (CPT) Diversity Survey, CPT recruitment efforts, and the deadline for the proposals.

Please review the attached material in preparation for this meeting. If you have any questions about this message, please reach out to at MHSAAAdmin@dmh.lacounty.gov.

Sincerely,

Dr. Darlesh Horn

Division Chief

MHSA Administration Division

Los Angeles County Department of Mental Health

AGENDA

TUESDAY, AUGUST 8, 2023 | 9:00 AM -12:00 PM

PURPOSE	Prepare the Community Planning Team (CPT) members to be active participants in the community planning process to generate recommendations for the <i>MHSA Three-Year Plan</i> .
OBJECTIVES	<ol style="list-style-type: none"> 1. CPT members have an opportunity to meet each other. 2. CPT members review planning data and engage in a discussion with DMH managers. 3. DMH provides updates on the CPT diversity survey, CPT recruitment, proposal deadline.
TIME	ITEM

- 8:30 – 9:00 Registration & Continental Breakfast
- 9:00 – 9:30 Session Opening: Review Agenda and CPT Members Activity – *Rigo Rodriguez, Facilitator*
- 9:30 – 11:00 Planning Data: Review Data on the LA County Population, the Medi-Cal-Eligible Population, and Demographics of Clients Served by DMH – *Dr. Darlesh Horn, DMH*
- 11:00 – 11:10 Break
- 11:10-11:45 Updates: CPT Recruitment, CPT Diversity, and Proposal Deadline – *Dr. Darlesh Horn, DMH*
- 11:45-11:55 Public Comments: 1 Minute Per Person
- 11:55-12:00 Closing and Next Steps: *Rigo Rodriguez, Facilitator*
- 12:00 Adjourn

Commented [CP1]: Double check time allocated to each item.

COMMUNICATION, SELF-CARE & ACCESS GUIDELINES

Over the past 12 months of MHSA-related community stakeholder engagement activities, we have developed the following guidelines for communication, self-care, and access in order to foster a safe and creative space for all participants:

COMMUNICATION EXPECTATIONS

The following communication expectations will help us all build positive and constructive relationships over the course of the planning process.

1. **BE PRESENT:** Be on time and do your best to participate and engage each other in the spirit of conversation and learning.
2. **SPEAK FROM YOUR OWN EXPERIENCE:** Sharing your perspective based on your experiences helps us build community. It helps us find areas where we can relate and connect with each other. It also helps us in hearing and honoring the experiences of others.
3. **PRACTICE CONFIDENTIALITY:** The practice of respecting and protecting sensitive information that people share with you helps to build trust.
4. **STEP UP, STEP BACK:** To 'step up' means to being willing to share your thoughts and experiences with others so that your voice is part of the conversation. To 'step back' means being aware and mindful that others also need time to speak, and that some people take a little longer to compose their thoughts.
5. **SEEK TO UNDERSTAND AND THEN BE UNDERSTOOD:** Ask questions to understand someone's view before expressing your view. This helps everyone feel heard and prevent misunderstandings.

TAKING CARE OF YOURSELF & FINDING SUPPORT

If during the session you find yourself feeling uneasy with the content or process, we encourage you to take care of yourself by reaching out to designated people who can help you process thoughts and feelings.

ACCESS

DMH provides the following resources to ensure equitable access for everyone at all meetings:

1. American Sign Language interpreters are provided in person and/or online.
2. Communication Access Real-Time Translation (CART) service is provided in person and/or online:
 - a. For in-person sessions, CART service transcription is projected onto a screen with simultaneous transcription; and spaces are reserved at the table(s) closest to the screen.
 - b. For online sessions, CART service can be accessed by pressing a link in the Chat Box; if the person cannot access the Chat Box, the link can be obtained by emailing the moderator for the session.
3. Interpretation is provided in Spanish and Korean.
 - a. In person interpretation is provided via a headset.
 - b. Online interpretation is provided via a telephone line.
4. Meeting materials use a minimum 12-font size in Arial or Times New Roman.
5. Materials are translated into Spanish.
6. Chat Box:
 - a. Chat Box is generally available during the session to enable communication for access purposes: i.e., to add links to CART services, telephone lines for interpreters, and other links provided in real time.
 - b. When Chat Box is not available, an email address is provided to enable participants to send questions to moderators in real time to participate in the meeting and/or request interpretation and/or CART services.

QUESTIONS

After hearing the presentation, what questions do you have?

Questions	Response(s)

CLOSING REFLECTIONS

Purpose: Gather feedback on today's session.

Instructions: Please share your reflections on today's session, as it will help us improve the process for our next session. Turn in this sheet before you leave. You can choose to keep this anonymous or put your name.

Questions

1. How do you feel about today's session?

2. What worked well today?

3. What can be improved?

4. Anything else you want to share?