

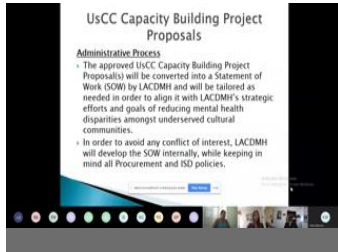
LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH
Strategic Communications Division
American Indian / Alaska Native (AI/AN) UsCC Subcommittee Meeting Minutes
September 2, 2020
1:00PM – 3:00PM via Teleconference and Microsoft TEAMS

Present: Monique Smith, Farrah Ferris, Sylvia Youngblood, Monique Castro, Hector Ramirez, Bernice Mascher, Shannon Rivers, Robyn Gomez, Gabriel Pimentel, Elena Nourrie, Walter Ahhaitty, Nikki Crow, Antonia Osife, Danielle Tobey, April Skinas, Raul Garcia

DMH Admin: Kelly Wilkerson, Sandra Chang and Connie Acosta Castaneda

Agenda Items	Comments/Discussion/Recommendations/Conclusions
Welcome, Prayer & Introductions	Shannon Rivers lead the meeting with prayer. Members were asked to introduce themselves and state their favorite color.
August 5th Meeting Minutes – Review	Minutes were reviewed and approved by Sylvia Youngblood and seconded by April Skinas.
Capacity Building Projects - Overview Kelly Wilkerson	<ul style="list-style-type: none"> • Kelly Wilkerson gave a brief PowerPoint presentation showing describing the Capacity Building Project process, and how funding was implemented through the Mental Health Service Act (MHSA). The UsCC subcommittees have been around for 10 years. • Each of the County Departments are required to show efforts to engage underserved communities. The way each Department does that is up to them, as long as they meet the Standards of the State. • The Department of Mental Health first developed the Underrepresented Ethnic Populations Unit (UREP), but in order to accommodate different cultural groups as well, the name was changed to Underserved Cultural Communities (UsCC). • Each of the UsCC subcommittees is allotted funding to develop capacity building projects to serve their respective community. • Capacity Building Project Proposals are defined as community driven ideas, which the Los Angeles County Department of Mental Health develops into a capacity building program. • The UsCC subcommittee meetings are open to the public. All meetings are scheduled to be as accessible as possible. • Anyone from the subcommittee, the community and anyone that attends is allowed to offer suggestions and/or ideas for potential projects. • Kelly Wilkerson shared information about the vendor proposal process. • Also added was the Capacity Building Project Guidelines and Proposal application.

<p>Capacity Building Projects – Discussion/Brainstorming Subcommittee Members</p>	<p>Members discussed different Capacity Building Projects with COVID-19 ideas incorporate into them.</p> <ul style="list-style-type: none"> • Traditional methods of care with a mental health component – open outdoor activities/gatherings, drumming sessions, dancing and archery lessons. Always practicing safe social distancing. • Community outreach/engagement via online workshops using ZOOM or Microsoft Teams • Incorporate Body wellness sessions for the Youth, like wellness hikes in small teams. It has been shown that being outdoors is really helpful for youth. • Take advantage of using all Native American Services Centers (UAI, Walking Shield and AICC) for open air gatherings. • Teach the youth how to engage with the Elders, spend time with them, run errands for them, overall, a daily or weekly check in with them. • Develop a program that would allow the Elderly to get low cost smart phones, and have the youth help/train the Elders on how to use them. • Dr. Sandra Chang shared that they are looking at exploring trainings that can be offered to the community for those who already have their own devices but do not know how to use them. • The subcommittee suggests that the platform should be done via ZOOM, for an online conference.
<p>Community Check In - Subcommittee Members</p>	<ul style="list-style-type: none"> • Bernice Mascher shared with the group that travel has been the hardest for her at this time of COVID-19. She also had to teach and update her Mother on technology. • Farrah Ferris shared the need for Elder support/teaching on how to use technology. Children, Youth and TAY need more adult support and guidance. Parents are not academically capable to teach their children. We try to provide them with Talking Circles and groups. • Sylvia Youngblood shared the difficulties parents are having now that they have to teach their children. Parents need to ask the schools for training, to help better assist their children with their schoolwork. • Robyn Gomez shared that parents need more support and help. They need to be provided with workshops and training to better assist their children.
<p>General Announcements/ Resources - Subcommittee Members</p>	<ul style="list-style-type: none"> • Monique Smith: ECHO is moving forward with a film, having Native people talk about their experience with oral health and their disparities. • Farrah Ferris: There will be a virtual Indian event via ZOOM and Facebook Live. • UAI is doing COVID-19 testing with a \$50.00 gift card. • UAI will be moving to a different building in October 2020. • The month of November 2020 will be the Cultural Outreach • Robyn Gomez: Pukuu will be having a Youth program for ages 13-17
<p>Closing Prayer</p>	<p>Monique Smith ended the meeting with Prayer.</p>
<p>Audio Recording</p>	<p>Please listen to audio recording here:</p>



[AI/AN UsCC Meeting](#)

[Go to your video now](#) to publish, view, edit or share!

You can access the recording by creating a free account on MS Teams:

<https://www.microsoft.com/en-us/microsoft-365/microsoft-teams/free>

You can also view the recording here:

http://lacountymediahost.granicus.com/MediaPlayer.php?clip_id=8533

Meeting recordings are in the process of being uploaded to the DMH website:

<https://dmh.lacounty.gov/about/mhsa/uscc/american-indian-alaska-native-ai-an-uscc/american-indian-alaska-native-ai-an-uscc-meeting-minutes/>

Upcoming Meetings:

October 2020: Wednesday, 10/17/20, 2:00pm – 4:00pm

November 2020: Wednesday, 11/4/20, 2-4pm

December 2020: NO MEETING

Microsoft TEAMS meeting info:

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