

## CRISIS RESIDENTIAL TREATMENT PROGRAMS

Crisis Residential Treatment Programs (CRTP's) are short-term and structured residential programs utilized as an alternative to hospitalization for clients experiencing an acute psychiatric crisis or episode. Services are provided in a non-institutional residential setting with the purpose of restoring a client's independent living skills and access to support systems within the community.

Individuals can expect to receive the following services:

- Self-help skills and peer support
- Individual and group interventions
- Social skills
- Medication support services
- Co-occurring disorder services
- Pre-vocational/educational support
- Discharge planning

CRTP's have locations throughout Los Angeles County, many with a maximum of 16 beds per facility. CRTP services are centrally accessed through the Los Angeles County Department of Mental Health (DMH), Intensive Care Division (ICD) unit and can be referred from a variety of treatment settings, including but not limited to:

- Psychiatric emergency services and community hospital emergency rooms;
- Acute inpatient settings;
- Psychiatric Urgent Care Centers (UCC's);
- Intensive outpatient and community programs.

## WHO IS ELIGIBLE FOR CRTP SERVICES?

The target population for CRTP services includes the following criteria:

- Adults, 18 to 59; An age waiver can be requested at selected facilities for persons 60 years of age and older only in accordance with Section 855068.4;
- Significant impairment, where impairment is defined as distress, disability, or dysfunction in daily activities, with a DSM-5-TR mental health diagnoses or suspected diagnoses;
- The presence of secondary co-occurring substance use disorders;
- Independent ambulation without the use of durable medical equipment (DME);
- No serious medical problems that require frequent nursing monitoring;
- No skilled nursing care, such as intravenous injections, maintaining catheters; performing colostomy care, etc.;
- No parenteral medication administration other than depot anti-psychotic medications.



## Referral Process

The process to refer to CRTP through ICD includes the following steps:

- Referring party completes a Referral Approval and Authorization Form (RAF) before faxing to 213-947-4246 or emailing to DMHCRTP@dmh.lacounty.gov;
  - Referring party contacts the ICD Officer of the Day to complete a phone referral;
  - ICD provides verbal approval to the referring party and issues the referral to CRTP providers for review;
  - Referring party coordinates with CRTP providers directly to provide supportive documentation and coordinate a phone assessment.
- \*\* CRTP services also may be accessed by contacting individual CRTP sites directly.

## **LOCATING CRTP SERVICES IN YOUR COMMUNITY:**

For additional information regarding accessing CRTP services, please contact:

County of Los Angeles  
Department of Mental Health  
Intensive Care  
Division

510 S. Vermont Ave., 20<sup>th</sup> floor  
Los Angeles, CA 90020

Telephone 213-738-4775

# Client Testimonials

Everyone has been so nice. I know people can actually care about me and mean it.

What I found beneficial about this program was being able to have support, the opportunity to advocate for myself, and have time...to focus on myself.



The staff are really understanding, and the services are more uniquely individualized.



## LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH

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## Los Angeles County Department of Mental Health



<http://dmh.lacounty.gov>



If You Are in Crisis and Need Help Right Away,  
Call Toll-Free, 24/7 Access Helpline:

**1-800-854-7771**

If You Are in Need of Suicide Crisis Services, Call Toll-Free, 24/7:

**988**

