

## EATING DISORDER: Working with Children and their Families

**DATE & TIME:** June 13 and June 14, 2023

**9am-12pm**

**Partial credit will not be provided. Participation for both dates are mandatory for full credit**

*All registration is completed on the EventsHub prior to the training. Check-in begins 15 minutes prior to the training time. All participants must arrive during the Check-in period. Late arrivals will not be admitted.*

**Training will be delivered via Microsoft Teams. A link will be e-mailed to training participants upon confirmation.**

**REGISTRATION:** <https://eventshub.dmh.lacounty.gov/>

The training is designed for both directly operated and contracted agencies personnel throughout Los Angeles County public mental health system. It offers evidence-based interventions specific to eating disorders in children aged 16 and younger and their families. The training seeks to provide understanding and strategies for identifying and responding appropriately to children and their families presenting with possible eating disorder concerns. Also covered in the training is a review of working in a multidisciplinary care team and the roles of each team member important for maximizing treatment services. A comprehensive review of eating disorders informs about basic understanding and etiology of eating disorders including biological, cultural, and environmental factors. Assessment and diagnosis of eating disorders, appropriate levels of care as well as risk factors and warning signs will be presented.

**TARGET AUDIENCE: DMH and DMH Contracted (outpatient services) Staff**

- OBJECTIVES:** As a result of attending this training, participants should be able to:
1. Describe the implications of cultural considerations when working with children and families with an eating disorder.
  2. Identify levels of care for eating disorder treatment and important interventions strategies, including the necessity of family involvement
  3. Identify barriers families face when seeking treatment for an eating disorder in children 16 years and younger
  4. Describe the role of the clinician in treatment of a child and their family with an eating disorder
  5. List the early warning signs, contributing factors, risk factors, clinical and diagnostic features, impact, and prevalence of eating disorders in consumers aged 16 and younger
  6. Describe the common challenges experienced when working with families with a child that has an eating disorder.
  7. Describe the impact of the media on eating disorders in children aged 16 years and younger
  8. Review a framework for assessing a child with an eating disorder
  9. Identify evidence-based treatments for a child with an eating disorder

**CONDUCTED By:** Lauren Muhlheim, Psy.D., FAED, CEDS-S

**COORDINATED BY:** Martha Glomah, LCSW

**DEADLINE:** When capacity is reached

**CONTINUING  
EDUCATION:** NONE

**COST:** NONE

DMH Employees Register at: <https://eventshub.dmh.lacounty.gov/>