

**LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH  
OFFICE OF PREVENTION  
LATINO USCC COMMITTEE MINUTES**

April 18, 2023  
2:00PM – 4:00PM

**Community Participants:** Amanda Veliz-Macal, Angel Marin, Barbara Rabelo, Betty Mendoza, Bianca Gallegos, Brenda Hernandez, Clemencia Carroll, Eric Hernandez, Eugenia Cervantes, Felipe Ocampo Jr, Gabriela Gonzalez, Gabriela Velasquez, Hector Ramirez, Irma Velasquez, Isabel Ramirez, Jenny Rivera-Cruz, Jessica Valadez, Josef Sanchez, Kimberly Bautista, Luz Hernandez, Maria Arauco, Maria Limon Gutierrez, Maritza Lebron, Martin Almanza, Marina Morrisu, Mercedes Moreno, Paco Retana, Patricia Veliz-Macal, Rosario Moreno, Sara Mijares, Stephanie Veliz-Macal, Suyapa Umazor, Yue Hua Xu

**DMH Staff:** Dr. Luis Guzman

**Interpreters / CART:** Claudia & Losha Soriano / Lindsay Hovermale

Agenda Items	Comments/Discussion/Recommendations/Conclusions
<b>Welcome &amp; Introductions –</b> Subcommittee Members	<b>A. Housekeeping, Attendance</b> Each attendee (On Microsoft TEAMS and on phone) introduced themselves
<b>Review of Meeting Minutes</b>	<b>A.</b> Motioned made by Maria Arauco and Seconded by Barbara Rabelo
<b>Capacity Building Projects 2023-2024</b>	<p><b>A. Project Presentations</b></p> <ul style="list-style-type: none"> <li>i. Four community members presented project proposals for 2023-2024</li> <li>ii. <b>Chipotle Films presented a PSA campaign featuring testimonials in English and Spanish from community members who have received services from LACDMH network of care.</b> <ul style="list-style-type: none"> <li>1. Campaign would present the films at various events during a 12-month period to reduce stigma, increase awareness, and instill hope in Latino community members</li> <li>2. Campaign would reach all Service Areas of the County with participants coming from all 8 Service Areas as well</li> </ul> </li> </ul>

	<ul style="list-style-type: none"> <li>iii. <b>Mundo Maya presented the PSA Campaign for Indigenous Community</b> <ul style="list-style-type: none"> <li>1. Proposal seeks to produce a series/campaign of PSA's (public service announcements) in Spanish and Indigenous languages aimed at immigrant communities where the characters that deliver the message are faces and voices with which their diasporas can identify, either because they are known, leaders, or because they identify with the image of origin.</li> <li>2. PSAs present viewers with daily life opportunities to listen, analyze, talk about Mental Health, or symptoms that they or someone close to them are experiencing. They can talk to a friend, family, doctor, etc.</li> </ul> </li> <li>iv. <b>Generations in Action presented the “Beauties of Los Angeles” Documentary proposal</b> <ul style="list-style-type: none"> <li>1. The Beauties of Los Angeles” is a 30-minute documentary that will demonstrate the resilience and persistence of 10 older women (65+).</li> <li>2. The purpose of this documentary is to use the concept of oral history, providing lessons and examples to the new generations on how to overcome the difficult tests of life and live a fulfilling life.</li> <li>3. The goal is to invite the audience to have intergenerational conversations with their families as they learn from the experiences of these interviewees and about the importance of mental health and well-being</li> </ul> </li> </ul> <p><b>B. Discussion</b></p> <ul style="list-style-type: none"> <li>i. Community shared feedback and recommendations on how to improve the project proposals</li> <li>ii. Members of the community had questions about some of the projects</li> </ul>
<p><b>Fentanyl, Opioids, and Narcan – Amanda Cowan</b></p>	<p><b>A. Empowering Communities During the Opioid Crisis</b></p>

- i. Knowing how to respond to an overdose means you are more likely to act and save a life if/when the time comes. Learning this form of intervention fosters an environment of safety, whether in a public or a workplace setting.
- ii. Amanda provided historical overview and timeline of Overdose Crisis
- iii. California had the fourth highest number of drug overdose deaths in the nation, 4,868 in 2017; the age- adjusted state mortality rate of 12.3 deaths per 100,000 people, however, was lower than the U.S. rate overall (per our population, per capita) In 2018, CA had the highest overdose numbers in the nation at 5,348 fatal overdoses. These numbers have continued to rise with around 10,000 Californians fatally overdosing in 2021. 5731 of those were fentanyl-related overdose.
- iv. Shared information about Opioids, risk factors for opioid use/overdose and discussed life-saving treatment (Naloxone)
  - i. Presented I-CARE model to help people who are overdosing:
  - ii. **Identify an overdose**
  - iii. **Call 911**
  - iv. **Administer Narcan**
  - v. **Rescue breathing (personal choice)**
  - vi. **Ensure safety while waiting for EMS**
- vii. Discussed importance of Latino community knowing how and where to get Naloxone and had to administer it
- viii. Schools have access to Naloxone through Department of Public Health; the community can also reach out to DPH to request it for free

**B. Q & A**

- i. Postponed due to lack of time

<b>DMH/Community Announcements:</b>	<b>Items Not on the Agenda</b>  <b>A. DMH Updates</b>  i. Postponed due to lack of time  <b>B. Community Announcements</b>  i. None
<b>Next Meeting</b>	<b>May 16, 2023, from 2:00 pm – 4:00pm</b> <b>Virtual Venue: Microsoft TEAMS</b>