

COUNTY OF LOS ANGELES - DEPARTMENT OF MENTAL HEALTH
 Adult System of Care-MHSA Implementation and Outcomes Division

Summary of PEI Practice Outcomes (Data as of 02/1/17)

Evidence-Based Practice	Outcomes, Starting July 2011 through February 1, 2017											
	Compliance Rates	Treatment Cycles	Inactive Tx Cycles		Completed Practice							
			Completed EBP Yes	Completed EBP No	General Outcome Measure	Percent Improvement Pre to Post Treatment	All Time Matched Pairs %	Matched Pairs Benchmark (Last 3 yrs)	Specific Outcome Measure	Percent Improvement Pre to Post Treatment	All Time Matched Pairs %	Matched Pairs Benchmark (Last 3 yrs)
Aggression Replacement Training (ART)	66.77%	3,279	41.70% (n=1,194)	58.30% (n=1,669)	YOQ Total Score (n=373)	25.00%	32.60%	56.61% (n=137)	ECBI Intensity Scale (n=362)	10.00%	37.67%	58.08% (n=133)
					YOQ-SR Total Score (n=477)	16.00%	56.99%	75% (n=84)	ECBI Problem Scale (n=362)	21.00%		
ART Skillstreaming	66.77%	296	53.07% (n=95)	46.93% (n=84)	YOQ Total Score (n=23)	27.00%	24.47%	N<20	ECBI Intensity Scale (n=19)	N<20	N/A	N/A
					YOQ-SR Total Score (n=6)	N<20	N/A	N/A	ECBI Problem Scale (n=19)	N<20	N/A	N/A
Alternatives for Families Cognitive Behavioral Therapy (AF-CBT)	79.28%	1,041	48.75% (n=371)	51.25% (n=390)	YOQ Total Score (n=255)	49.00%	69.48%	71.2% (n=89)	PTSD-RI Child/Adolescent Severity Score (n=209)	53.00%	58.38%	47.54% (n=58)
									PTSD-RI-5 Child/Adol. Severity Score (n=13)	N<20	N/A	N/A
					YOQ-SR Total Score (n=99)	44.00%	71.22%	74% (n=37)	PTSD-RI Parent Severity Score (n=212)	50.00%	57.14%	48.8% (n=61)
									PTSD-RI-5 Parent Severity Score (n=13)	N<20	N/A	N/A
Brief Strategic Family Therapy (BSFT)	72.10%	179	63.70% (n=86)	36.30% (n=49)					RBPC Anxiety-Withdrawal Raw Score (n=53)	50.00%	N/A	N/A
					YOQ Total Score (n=57)	46.00%	67.06%	N<20	RBPC Attention Problems-Immaturity Raw Score (n=53)	50.00%	N/A	N/A
									RBPC Conduct Disorder Raw Score (n=53)	42.00%	N/A	N/A
									RBPC Motor Tension Excess Raw Score (n=53)	50.00%	N/A	N/A
					YOQ-SR Total Score (n=30)	48.00%	66.67%	N<20	RBPC Psychotic Behavior Raw Score (n=53)	0.00%	N/A	N/A
									RBPC Socialized Aggression Raw Score (n=53)	50.00%	N/A	N/A

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Caring for Our Families (CFOF)	68.30%	728	68.77% (n=370)	31.23% (n=168)	YOQ Total Score (n=132)	28.00%	36.67%	41.56%	ECBI Problem Scale (n=59)	30.00%	16.57%	37.84% (n=28)
									ECBI Intensity Scale (n=59)	18.00%		
Center for the Assessment & Prevention of Prodromal States (CAPPS)	54.85%	167	48.36% (n=59)	51.64% (n=63)	OQ Total Score (n=12)	N<20	N/A	N/A	SOPS Disorganized Symptoms (D) Total Score (n=38)	60%	71.70%	73.08% (n=38)
					YOQ Total Score (n=24)	33.00%	75.00%	75% (n=24)	SOPS General Symptoms (G) Total Score (n=38)	62.00%		
					YOQ-SR Total Score (n=31)	36.00%	75.61%	75.61% (n=31)	SOPS Negative Symptoms (N) Total Score (n=38)	61.00%		
									SOPS Positive Symptoms (P) Total Score (n=38)	66.00%		
SOPS Total of All Scores (n=38)	59.00%											
Child-Parent Psychotherapy (CPP)	62.76%	4,156	47.41% (n=1,557)	52.59% (n=1,727)	YOQ Total Score (n=358)	56.00%	52.03%	59.6% (n=118)	TYCYC PTS Total Score (n=541)	16.00%	49.86%	57.23 (n=182)
Cognitive Behavioral Intervention for Trauma in Schools (CBITS)	94.78%	109	65.59% (n=61)	34.41% (n=32)	YOQ Total Score (n=32)	39.00%	52.46%	N<20	PTSD-RI Child/ Adolescent Severity Score (n=33)	17.00%	55.00%	N<20
					YOQ-SR Total Score (n=21)	12.00%	53.85%	N<20	PTSD-RI Parent Severity Score (n=21)	33.00%	34.43%	N<20
Crisis Oriented Recovery Services (CORS)	32.45%	3,371	60.82% (n=1,357)	39.18% (n=874)	OQ Total Score (n=177)	21.00%	62.54%	58.67% (n=44)	No specific outcome measure required for this practice			
					YOQ Total Score (n=757)	27.00%	72.10%	86.97% (n=347)				
					YOQ-SR Total Score (n=335)	30.00%	69.50%	78.06% (n=153)				
Dialectical Behavior Therapy (DBT)	26.78%	64	36.84% (n=7)	63.16% (n=12)	OQ Total Score (n=6)	N<20	N/A	N/A	DERS Total Score (n=5)	N<20	N/A	N/A

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Depression Treatment Quality Improvement (DTQI)	94.85%	1,014	61.26% (n=593)	38.74% (n=375)	OQ Total Score (n=4)	N<20	N/A	N/A	PHQ-9 Total Score (n=327)	62.00%	68.41%	61.36% (n=81)
					YOQ Total Score (n=319)	43.00%	56.76%	59.28% (n=99)				
					YOQ-SR Total Score (n=308)	48.00%	65.53%	65.65% (n=86)				
Families Overcoming Under Stress (FOCUS)	64.78%	252	75.34% (n=165)	24.66% (n=54)	YOQ Total Score (n=98)	38.00%	60.12%	67.82% (n=59)	FAD Affective Involvement (n=21)	0.00%	32.31%	N<20
									FAD Affective Responsiveness (n=21)	50.00%		
									FAD Behavioral Control (n=21)	0.00%		
					YOQ-SR Total Score (n=32)	30	50.00%	N<20	FAD Communication (n=21)	50.00%		
									FAD General Functioning (n=21)	0.00%		
									FAD Problem Solving (n=21)	0.00%		
									FAD Roles (n=21)	0.00%		
Functional Family Therapy (FFT)	61.76%	1,557	65.57% (n=859)	34.43% (n=451)	YOQ Total Score (n=695)	31.00%	82.44%	87.95% (n=146)	No specific outcome measure required for this practice			
					YOQ-SR Total Score (n=620)	27.00%	82.89%	84.89% (n=118)				
Group Cognitive Behavioral Therapy for Major Depression (Group CBT)	88.51%	1,033	43.15% (n=312)	56.85% (n=411)	OQ Total Score (n=195)	22.00%	62.70%	78.57% (n=22)	PHQ-9 Total Score (n=218)	42.00%	69.87%	89.66% (n=26)
Incredible Years (IY)	71.51%	2,108	64.71% (n=1,157)	35.29% (n=631)	YOQ Total Score (n=847)	25.00%	76.65%	80.12% (n=270)	ECBI Intensity Scale (n=754)	17.00%	66.55%	78.36% (n=268)
									ECBI Problem Scale (n=754)	29.00%		

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Individual Cognitive Behavioral Therapy (Ind CBT)-Anxiety	61.44%	1,081	43.28% (n=261)	56.72% (n=342)	OQ Total Score (n=155)	36.00%	69.20%	72.15% (n=114)	GAD-7 Total Score (n=157)	54.00%	67.38%	69.88% (n=116)		
					YOQ Total Score (n=11)	N<20	N/A	N/A						
					YOQ-SR Total Score (n=23)	56.00%	60.53%	64.71% (n=22)						
Individual Cognitive Behavioral Therapy (Ind CBT)-Depression		61.44%	3,059	39.95% (n=700)	60.05% (n=1052)	OQ Total Score (n=416)	35.00%	68.09%	68.67% (n=285)	PHQ-9 Total Score (n=471)	53.00%	67.29%	65.52% (n=325)	
						YOQ Total Score (n=22)	41.00%	6.11%	14.1% (n=22)					
						YOQ-SR Total Score (n=53)	45.00%	59.55%	60.49% (n=49)					
Individual Cognitive Behavioral Therapy (Ind CBT)-Trauma			61.44%	400	48.64% (n=107)	51.36% (n=113)	OQ Total Score (n=63)	38.00%	71.59%	76.81% (n=53)	PTSD-RI Adult Severity Score (n=16)	N<20	N/A	N/A
							YOQ Total Score (n=7)	N<20	N/A	N/A	PCL-5 Total Score (n=10)	N<20	N/A	N/A
							YOQ-SR Total Score (n=8)	N<20	N/A	N/A	PTSD-RI Child/Adolescent Severity Score (n=15)	N<20	N/A	N/A
											PTSD-RI-5 Child/Adol. Severity Score (n=2)	N<20	N/A	N/A
											PTSD-RI Parent Severity Score (n=5)	N<20	N/A	N/A
											PTSD-RI-5 Parent Severity Score (n=1)	N<20	N/A	N/A

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Interpersonal Psychotherapy for Depression (IPT)	70.92%	4,257	53.10% (n=1,689)	46.90% (n=1,492)	OQ Total Score (n=640)	28.00%	65.98%	64.61% (n=241)	PHQ-9 Total Score (n=1051)	50.00%	63.39%	64.61% (n=241)
					YOQ Total Score (n=277)	46.00%	40.14%	48.72% (n=133)				
					YOQ-SR Total Score (n=402)	45.00%	58.43%	66.06% (n=181)				
Loving Intervention Family Enrichment Program (LIFE)	92.96%	337	63.46% (n=198)	36.54% (n=114)	YOQ Total Score (n=124)	34.00%	63.92%	73.97% (n=54)	ECBI Intensity Scale (n=105)	18.00%	55.26%	85.92% (n=61)
					YOQ-SR Total Score (n=88)	15.00%	69.29%	80% (n=32)	ECBI Problem Scale (n=105)	43.00%		
Managing and Adapting Practice (MAP)	82.98%	30,286	55.10% (n=10,638)	44.90% (n=8,670)	YOQ Total Score (n=6,124)	42.00%	59.53%	66.5% (n=3,700)	ECBI Intensity Scale (n=2,326)	25.00%	54.92%	63.44% (n=1,435)
									ECBI Problem Scale (n=2,326)	43.00%		
									PHQ-9 Total Score (n=1,522)	55.00%	67.17%	73.42% (n=931)
									RCADS- Total Anxiety (n=1,372)	40.00%	51.04%	61.04% (n=896)
					YOQ-SR Total Score (n=2,755)	42.00%	64.00%	72.75% (n=1,677)	RCADS-P Total Anxiety (n=1,299)	38.00%	48.29%	57.29% (n=841)
									PTSD-RI Child/Adolescent Severity Score (n=130)	50.00%	36.01%	37.17% (n=71)
									PTSD-RI-5 Child/Adol. Severity Score (n=29)	56.00%	7.59%	14.72% (n=29)
					OQ Total Score (n=25)	32.00%	0.71%	65.71% (n=23)	PTSD-RI Parent Severity Score (n=133)	40.00%	34.37%	34.31% (n=70)
									PTSD-RI-5 Parent Severity Score (n=19)	N<20	N/A	N/A
									PCL-5 Total Score (n=1)	N<20	N/A	N/A
Mental Health Integration Program (MHIP) - Anxiety	115.50%	1,527	39.12% (n=518)	60.88% (n=806)	No General Measure Required for this Practice	N/A	N/A	GAD-7 Total Score (n=475)	50.00%	91.70%	100% (n=176)	
Mental Health Integration Program (MHIP) - Depression		4,779	34.63% (n=1,447)	65.37% (n=2,731)				PHQ-9 Total Score (n=1,343)	53.00%	92.81%	99.37% (313)	
Mental Health Integration Program (MHIP) - Trauma		297	29.26% (n=79)	70.74% (n=191)				PCL-C Total Score (n=62)	27.00%	78.48%	N<20	
Mindful Parenting (MP)	PEI OMA was updated to allow data entry for the practice as of 5/27/2015. To date there is not enough data entered to analyze.											

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Multidimensional Family Therapy (MDFT)	66.32%	68	88.24% (n=30)	11.76% (n=4)	YOQ Total Score (n=19)	N<20	N/A	N/A	RBPC Anxiety-Withdrawal Raw Score (n=6)	N<20	N/A	N/A
									RBPC Attention Problems-Immaturity Raw Score (n=6)	N<20	N/A	N/A
									RBPC Conduct Disorder Raw Score (n=6)	N<20	N/A	N/A
					YOQ-SR Total Score (n=21)	27.00%	72.41%	N<20	RBPC Motor Tension Excess Raw Score (n=6)	N<20	N/A	N/A
									RBPC Psychotic Behavior Raw Score (n=6)	N<20	N/A	N/A
									RBPC Socialized Aggression Raw Score (n=6)	N<20	N/A	N/A
Multisystemic Therapy (MST)	40.34%	126	72.28% (n=73)	27.72% (n=28)	YOQ Total Score (n=48)	44.00%	65.75%	N<20	Specific outcome measure data for practice is not entered in PEI OMA			
					YOQ-SR Total Score (n=41)	32.00%	56.94%	N<20				
Nurse-Family Partnership (NFP)	Outcome data is not reported in PEI OMA											
Parent-Child Interaction Therapy (PCIT)	56.30%	2,112	42.88% (n=629)	57.12% (n=838)	YOQ Total Score (n=295)	57.00%	67.66%	63.01% (n=92)	ECBI Intensity Scale (n=473)	37.00%	76.05%	72.73% (n=152)
									ECBI Problem Scale (n=473)	63.00%		
Problem-Solving Therapy (PST)	60.21%	358	61.04% (n=188)	38.96% (n=120)	OQ Total Score (n=106)	26.00%	56.38%	61.11% (n=44)	PHQ-9 Total Score (n=128)	45.00%	68.09%	73.61 (n=53)
Program to Encourage Active and Rewarding Lives for Seniors (PEARLS)	74.15%	152	49.24% (n=65)	50.76% (n=67)	OQ Total Score (n=27)	21.00%	41.54%	N<20	PHQ-9 Total Score (n=43)	41.00%	66.15%	N<20
Prolonged Exposure Therapy for Post-Traumatic Stress Disorder (PE-PTSD)	37.21%	48	56.52% (n=13)	43.48% (n=10)	OQ Total Score (n=9)	N<20	N/A	N/A	PDS Symptom Severity Score (n=11)	N<20	N/A	N/A
Promoting Alternate Thinking Strategies (PATHS)	51.30%	734	33.97% (n=177)	66.03% (n=344)	YOQ Total Score (n=36)	33.00%	21.05%	N<20	ECBI Intensity Scale (n=36)	24.00%	20.34%	N<20
					YOQ-SR Total Score (n=1)	N<20	N/A	N/A	ECBI Problem Scale (n=36)	40.00%		

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Reflective Parenting Program (RPP)	71.54%	187	75.45% (n=126)	24.55% (n=41)	YOQ Total Score (n=65)	4.00%	73.03%	65.12% (n=28)	ECBI Intensity Scale (n=85)	5.00%	70.25%	66.67% (n=36)
					YOQ-SR Total Score (n=6)	N<20	N/A	N/A	ECBI Problem Scale (n=85)	15.00%		
Seeking Safety (SS)	61.76%	16,200	40.52% (n=5,010)	59.48% (n=7,355)	OQ Total Score (n=752)	30.00%	54.14%	58.21% (n=266)	PTSD-RI Adult Severity Score (n=436)	28.00%	32.27%	25.29% (n=133)
									PCL-5 Total Severity Score (n=41)	60.00%	0.84%	3.59% (n=41)
					YOQ Total Score (n=889)	34.00%	26.06%	34.72% (n=259)	PTSD-RI Parent Severity Score (n=671)	27.00%	18.14%	21.14% (n=185)
									PTSD-RI-5 Parent Severity Score (n=36)	50.00%	0.73%	3.05% (n=36)
					YOQ-SR Total Score (n=1,779)	32.00%	50.23%	56.41% (n=449)	PTSD-RI Child/Adolescent Severity Score (n=1,407)	28.00%	36.56%	34.74% (n=320)
								PTSD-RI-5 Child/Adol. Severity Score (n=52)	37.00%	1.05%	4.41% (n=52)	
Strengthening Families (SF)	35.91%	237	89.01% (n=81)	10.99% (n=10)	YOQ Total Score (n=41)	29.00%	51.90%	N<20	RBPC Anxiety-Withdrawal Raw Score (n=15)	N<20	N/A	N/A
									RBPC Attention Problems-Immaturity Raw Score (n=15)	N<20	N/A	N/A
									RBPC Conduct Disorder Raw Score (n=15)	N<20	N/A	N/A
					YOQ-SR Total Score (n=30)	17.00%	46.15%	N<20	RBPC Motor Tension Excess Raw Score (n=15)	N<20	N/A	N/A
								RBPC Psychotic Behavior Raw Score (n=15)	N<20	N/A	N/A	
								RBPC Socialized Aggression Raw Score (n=15)	N<20	N/A	N/A	

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Trauma Focused Cognitive Behavioral Therapy (TF-CBT)	94.38	14,969	55.55% (n=5,3002)	44.45% (n=4,243)	YOQ Total Score (n=3,138)	46.00%	60.93%	66.67% (n=1,702)	PTSD-RI Parent Severity Score (n=2,430)	45.00%	46.08%	45.02% (n=1,171)
									PTSD-RI-5 Parent Severity Score (n=245)	52%	4.71%	9.77% (n=245)
					YOQ-SR Total Score (n=1,280)	47.00%	64.97%	70.96% (n=650)	PTSD-RI Child/Adolescent Severity Score (n=2,523)	51.00%	52.00%	48.48% (n=1,178)
									PTSD-RI-5 Child/Adol. Severity Score (n=263)	51%	5.06%	10.49% (n=263)
Triple P- Positive Parenting Program (Triple P)	96.98	4,406	57.52% (n=1,446)	42.48% (n=1,068)	YOQ Total Score (n=1,026)	41.00%	77.49%	83.01% (n=650)	ECBI Intensity Scale (n=1,023)	27.00%	72.25%	78.68% (n=657)
					YOQ-SR Total Score (n=95)	34.00%	38.93%	39.69% (n=52)	ECBI Problem Scale (n=1,023)	50.00%		
UCLA Ties Transition Model (UCLA TTM)	81.90%	176	47.73% (n=63)	52.27% (n=69)	YOQ Total Score (n=6)	N<20	N/A	N/A	ECBI Intensity Scale (n=8)	N<20	N/A	N/A
									ECBI Problem Scale (n=8)	N<20	N/A	N/A

* CORS data collection was delayed until mid 2013 so compliance rate might be understated.

**MAP, TF-CBT, and Triple P compliance rates do not include data for inactive treatment cycles reported to CiMH at the time of the data transition to DMH. Data reported on here only includes information contained in our DMH PEI OMA system.

MHIP does not collect a "post" measure. Pre/Post changes reported are determined from first questionnaire with scores to last questionnaire with scores.