

Summary of PEI Practice Outcomes (Data as of 1/19/2023)

Evidence-Based Practice	Outcomes, Starting July 2011 through January 19, 2023							
	OMA Data Entry Rate	Treatment Cycles	Inactive Tx Cycles		Completed Practice			
			Completed EBP Yes	Completed EBP No	Outcome Measure	Percent Improvement Pre to Post Treatment	All Time Matched Pairs %	Matched Pairs % (Last 3 yrs)
Aggression Replacement Training (ART)	73.51%	3,433	42.66% (n=1,310)	57.34% (n=1,761)	ECBI Intensity Scale (n=402)	10.00%	37.54%	N<20
					ECBI Problem Scale (n=402)	21.00%		
					SESBI-R Intensity Scale (n=21)	6.00%	1.96%	N<20
					SESBI-R Problem Scale (n=21)	14.00%		
ART Skillstreaming		328	54.22% (n=122)	45.78% (n=103)	ECBI Intensity Scale (n=31)	19.00%	26.27%	N/A
					ECBI Problem Scale (n=31)	21.00%		N/A
Alternatives for Families Cognitive Behavioral Therapy (AF-CBT)	86.92%	1,737	52.34% (n=682)	47.66% (n=621)	PTSD-RI Child/Adolescent Severity Score (n=209)	53.00%	64.11%	N<20
					PTSD-RI-5 Child/Adol. Severity Score (n=105)	62.00%	33.65%	49.15% (n=29)
					PTSD-RI Parent Severity Score (n=212)	50.00%	62.54%	N<20
					PTSD-RI-5 Parent Severity Score (n=103)	75.00%	33.01%	45.76% (n=27)

Evidence-Based Practice	Outcomes, Starting July 2011 through January 19, 2023							
	OMA Data Entry Rate	Treatment Cycles	Inactive Tx Cycles		Completed Practice			
			Completed EBP Yes	Completed EBP No	Outcome Measure	Percent Improvement Pre to Post Treatment	All Time Matched Pairs %	Matched Pairs % (Last 3 yrs)
Brief Strategic Family Therapy (BSFT)	73.51%	203	63.19% (n=103)	36.81% (n=60)	RBPC Anxiety-Withdrawal Raw Score (n=69)	66.00%	66.99%	N<20
					RBPC Attention Problems-Immaturity Raw Score (n=69)	60.00%		N<20
					RBPC Conduct Disorder Raw Score (n=69)	50.00%		N<20
					RBPC Motor Tension Excess Raw Score (n=69)	50.00%		N<20
					RBPC Psychotic Behavior Raw Score (n=69)	100.00%		N<20
					RBPC Socialized Aggression Raw Score (n=69)	50.00%		N<20
Caring for Our Families (CFOF)	71.33%	733	67.15% (n=372)	32.85% (n=182)	ECBI Problem Scale (n=59)	30.00%	24.79%	N<20
					ECBI Intensity Scale (n=59)	20.00%		

Evidence-Based Practice	Outcomes, Starting July 2011 through January 19, 2023							
	OMA Data Entry Rate	Treatment Cycles	Inactive Tx Cycles		Completed Practice			
			Completed EBP Yes	Completed EBP No	Outcome Measure	Percent Improvement Pre to Post Treatment	All Time Matched Pairs %	Matched Pairs % (Last 3 yrs)
Center for the Assessment & Prevention of Prodromal States (CAPPS)	83.81%	211	42.31% (n=77)	57.69% (n=105)	SOPS Disorganized Symptoms (D) Total Score (n=45)	60.00%	58.44%	N<20
					SOPS General Symptoms (G) Total Score (n=45)	57.00%		
					SOPS Negative Symptoms (N) Total Score (n=45)	58.00%		
					SOPS Positive Symptoms (P) Total Score (n=45)	66.00%		
					SOPS Total of All Scores (n=45)	60.00%		
Child-Parent Psychotherapy (CPP)	73.58%	7,879	47.12% (n=3,055)	52.88% (n=3,428)	TSCYC PTS Total Score (n=942)	17.00%	47.60%	40.14% (n=112)
Cognitive Behavioral Intervention for Trauma in Schools (CBITS)	98.51%	132	71.43% (n=85)	28.57% (n=34)	PTSD-RI Child/Adolescent Severity Score (n=34)	28.00%	55.74%	N<20
					PTSD-RI Parent Severity Score (n=21)	23.00%	33.87%	N<20
					PTSD-RI-5 Child/Adol Total Score (n=12)	N<20	N/A	N/A
					PTSD-RI-5 Parent Severity Score (n=5)	N<20	N/A	N/A
Crisis Oriented Recovery Services (CORS)	41.78%	4,187	60.40% (n=1,812)	39.60% (n=1,188)	OQ Total Score (n=224)	19.00%	61.88%	N<20
					PSC-35 (n=0)	N<20	N/A	N/A

Evidence-Based Practice	Outcomes, Starting July 2011 through January 19, 2023							
	OMA Data Entry Rate	Treatment Cycles	Inactive Tx Cycles		Completed Practice			
			Completed EBP Yes	Completed EBP No	Outcome Measure	Percent Improvement Pre to Post Treatment	All Time Matched Pairs %	Matched Pairs % (Last 3 yrs)
Dialectical Behavior Therapy (DBT)	49.32%	326	54.04% (n=87)	45.96% (n=74)	DERS Total Score (n=54)	10.00%	70.13%	N<20
Depression Treatment Quality Improvement (DTQI)	98.39%	1,370	64.77% (n=864)	35.23% (n=470)	PHQ-9 Total Score (n=463)	55.00%	63.17%	39.66% (n=23)
Families Overcoming Under Stress (FOCUS)	94.11%	789	71.81% (n=512)	28.19% (n=201)	FAD Affective Involvement (n=91)	0.00%	40.09%	40.74% (n=22)
					FAD Affective Responsiveness (n=91)	0.00%		
					FAD Behavioral Control (n=91)	0.00%		
					FAD Communication (n=91)	50.00%		
					FAD General Functioning (n=91)	0.00%		
					FAD Problem Solving (n=91)	0.00%		
					FAD Roles (n=91)	0.00%		
Family Connections (FC)	38.71%	24	44.44% (n=8)	55.56% (n=10)	ECBI Intensity Scale (n=1)	N<20	N/A	N/A
					ECBI Problem Scale (n=1)	N<20	N/A	N/A
Functional Family Therapy (FFT)	69.32%	1,727	65.89% (n=960)	34.11% (n=497)	YOQ Total Score (n=771)	31.00%	82.02%	N<20
					YOQ-SR Total Score (n=691)	27.00%	82.66%	N<20
Group Cognitive Behavioral Therapy for Major Depression (Group CBT)	98.16%	1,149	42.03% (n=369)	57.97% (n=509)	PHQ-9 Total Score (n=254)	42.00%	68.83%	N<20

Evidence-Based Practice	Outcomes, Starting July 2011 through January 19, 2023							
	OMA Data Entry Rate	Treatment Cycles	Inactive Tx Cycles		Completed Practice			
			Completed EBP Yes	Completed EBP No	Outcome Measure	Percent Improvement Pre to Post Treatment	All Time Matched Pairs %	Matched Pairs % (Last 3 yrs)
Incredible Years (IY)	85.43%	2,864	63.52% (n=1,621)	36.48% (n=931)	ECBI Intensity Scale (n=1,025)	18.00%	64.59%	N<20
					ECBI Problem Scale (n=1,025)	35.00%		
Individual Cognitive Behavioral Therapy (Ind CBT)-Anxiety	76.55%	3,972	47.11% (n=1,412)	52.89% (n=1,585)	GAD-7 Total Score (n=821)	63.00%	69.22%	71.23% (n=255)
Individual Cognitive Behavioral Therapy (Ind CBT)-Depression		8,184	45.22% (n=2,711)	54.78% (n=3,284)	PHQ-9 Total Score (n=1,760)	58.00%	64.94%	71.00% (n=404)
Individual Cognitive Behavioral Therapy (Ind CBT)-Trauma		1,228	47.30% (n=420)	52.70% (n=468)	PTSD-RI Adult Severity Score (n=18)	N<20	N/A	N/A
				PCL-5 Total Score (n=185)	60.00%	68.01%	71.74% (n=66)	
				PTSD-RI Child/Adolescent Severity Score (n=16)	N<20	N/A	N/A	
				PTSD-RI-5 Child/Adol. Severity Score (n=17)	N<20	N/A	N/A	
				PTSD-RI Parent Severity Score (n=5)	N<20	N/A	N/A	
				PTSD-RI-5 Parent Severity Score (n=9)	N<20	N/A	N/A	

Evidence-Based Practice	Outcomes, Starting July 2011 through January 19, 2023							
	OMA Data Entry Rate	Treatment Cycles	Inactive Tx Cycles		Completed Practice			
			Completed EBP Yes	Completed EBP No	Outcome Measure	Percent Improvement Pre to Post Treatment	All Time Matched Pairs %	Matched Pairs % (Last 3 yrs)
Interpersonal Psychotherapy for Depression (IPT)	82.44%	8,788	49.51% (n=3,690)	50.49% (n=3,763)	PHQ-9 Total Score (n=2,040)	50.00%	56.35%	53.37% (n=309)
Loving Intervention Family Enrichment Program (LIFE)	107.93%	433	64.62% (n=263)	35.38% (n=144)	ECBI Intensity Scale (n=152)	23.00%	78.76%	N<20
					ECBI Problem Scale (n=152)	50.00%		
Managing and Adapting Practice (MAP)	91.31%	70,468	49.70% (n=25,670)	51.30% (n=27,042)	ECBI Intensity Scale (n=5,608)	16.00%	52.45%	49.62% (n=715)
					ECBI Problem Scale (n=5,608)	16.00%		
					PHQ-9 Total Score (n=4,235)	55.00%	61.81%	58.97% (n=881)
					RCADS- Total Anxiety (n=4,475)	44.00%	51.62%	50.26% (n=982)
					RCADS-P Total Anxiety (n=4,132)	41.00%	47.65%	45.45% (n=888)
					PTSD-RI Child/ Adolescent Severity Score (n=135)	48.00%	40.54%	N<20
					PTSD-RI-5 Child/Adol. Severity Score (n=486)	48.00%	42.30%	39.82% (n=178)
					PTSD-RI Parent Severity Score (n=140)	47.00%	38.78%	N<20
					PTSD-RI-5 Parent Severity Score (n=409)	52.00%	35.63%	34.23% (n=153)
					PCL-5 Total Score (n=4)	N<20	N/A	N/A

Evidence-Based Practice	Outcomes, Starting July 2011 through January 19, 2023							
	OMA Data Entry Rate	Treatment Cycles	Inactive Tx Cycles		Completed Practice			
			Completed EBP Yes	Completed EBP No	Outcome Measure	Percent Improvement Pre to Post Treatment	All Time Matched Pairs %	Matched Pairs % (Last 3 yrs)
Mental Health Integration Program (MHIP) - Anxiety	68.80%	3,135	38.24% (n=1,122)	61.76% (n=1,812)	GAD-7 Total Score (n=1,021)	54.00%	91.00%	83.84% (n=301)
Mental Health Integration Program (MHIP) - Depression		7,171	33.14% (n=2,182)	66.86% (n=4,403)	PHQ-9 Total Score (n=2,010)	57.00%	92.12%	83.37% (n=336)
Mental Health Integration Program (MHIP) - Trauma		302	28.73% (n=79)	71.27% (n=196)	PCL-C Total Score (n=62)	24.00%	78.48%	N<20
Mindful Parenting Groups (MPG)	64.00%	16	85.71% (n=6)	14.29% (n=1)	DECA-Infant-P Total Raw Score (n=1)	N<20	N/A	N/A
					DECA-Toddler-P Total Raw Score (n=0)	N<20	N/A	N/A
Multidimensional Family Therapy (MDFT)	76.60%	77	89.19% (n=33)	10.81% (n=4)	RBPC Anxiety-Withdrawal Raw Score (n=6)	N<20	N/A	N/A
					RBPC Attention Problems-Immaturity Raw Score (n=6)	N<20	N/A	N/A
					RBPC Conduct Disorder Raw Score (n=6)	N<20	N/A	N/A
					RBPC Motor Tension Excess Raw Score (n=6)	N<20	N/A	N/A
					RBPC Psychotic Behavior Raw Score (n=6)	N<20	N/A	N/A
					RBPC Socialized Aggression Raw Score (n=6)	N<20	N/A	N/A
Multisystemic Therapy (MST)	27.17%	126	72.28% (n=73)	27.72% (n=28)	PSC-35 (n=0)	N<20	N/A	N/A
Nurturing Parenting Program (NPP)	N/A	N/A	N/A	N/A	ECBI Intensity Scale (n=0)	N<20	N/A	N/A
					ECBI Problem Scale (n=0)	N<20	N/A	N/A

Evidence-Based Practice	Outcomes, Starting July 2011 through January 19, 2023							
	OMA Data Entry Rate	Treatment Cycles	Inactive Tx Cycles		Completed Practice			
			Completed EBP Yes	Completed EBP No	Outcome Measure	Percent Improvement Pre to Post Treatment	All Time Matched Pairs %	Matched Pairs % (Last 3 yrs)
Parent-Child Interaction Therapy (PCIT)	69.08%	4,931	40.12% (n=1,502)	59.88% (n=2,242)	ECBI Intensity Scale (n=1,035)	36.00%	69.60%	59.60% (n=118)
					ECBI Problem Scale (n=1,035)	61.00%		
Portland Identification and Early Referral (PIER) Early Psychosis Program	0.00%	93	16.67% (n=2)	83.33% (n=10)	SOPS Disorganized Symptoms (D) Total Score (n=2)	N<20	N/A	N/A
					SOPS General Symptoms (G) Total Score (n=2)	N<20	N/A	N/A
					SOPS Negative Symptoms (N) Total Score (n=2)	N<20	N/A	N/A
					SOPS Positive Symptoms (P) Total Score (n=2)	N<20	N/A	N/A
					SOPS Total of All Scores (n=2)	N<20	N/A	N/A
					GAF-M Global Assessment of Functioning-Mod (n=2)	N<20	N/A	N/A
Problem-Solving Therapy (PST)	66.83%	413	62.50% (n=235)	37.50% (n=141)	PHQ-9 Total Score (n=162)	45.00%	68.94%	N<20
Program to Encourage Active and Rewarding Lives for Seniors (PEARLS)	83.09%	175	48.68% (n=74)	51.32% (n=78)	PHQ-9 Total Score (n=47)	45.00%	63.51%	N<20

Evidence-Based Practice	Outcomes, Starting July 2011 through January 19, 2023							
	OMA Data Entry Rate	Treatment Cycles	Inactive Tx Cycles		Completed Practice			
			Completed EBP Yes	Completed EBP No	Outcome Measure	Percent Improvement Pre to Post Treatment	All Time Matched Pairs %	Matched Pairs % (Last 3 yrs)
Prolonged Exposure Therapy for Post-Traumatic Stress Disorder (PE-PTSD)	49.75%	99	56.60% (n=30)	43.40% (n=23)	PDS Symptom Severity Score (n=13)	N<20	N/A	N/A
					PCL-5 Total Score (n=15)	N<20	N/A	N/A
Promoting Alternate Thinking Strategies (PATHS)	47.65%	747	33.39% (n=182)	66.61% (n=363)	ECBI Intensity Scale (n=36)	19.00%	19.78%	N<20
					ECBI Problem Scale (n=36)	33.00%		
Reflective Parenting Program (RPP)	94.62%	256	71.00% (n=164)	29.00% (n=67)	ECBI Intensity Scale (n=96)	6.00%	63.58%	N<20
					ECBI Problem Scale (n=96)	15.00%		
Seeking Safety (SS)	68.87%	21,464	40.35% (n=6,935)	59.65% (n=10,252)	PCL-5 Total Severity Score (n=481)	51.00%	46.21%	45.49% (n=106)
					PTSD-RI Adult Severity Score (n=446)	30.00%	36.68%	N<20
					PTSD-RI Parent Severity Score (n=678)	36.00%	18.80%	N<20
					PTSD-RI-5 Parent Severity Score (n=165)	50.00%	18.19%	19.13% (n=22)
					PTSD-RI Child/Adolescent Severity Score (n=1,417)	31.00%	37.65%	N<20
					PTSD-RI-5 Child/Adol. Severity Score (n=271)	44.00%	29.88%	32.17% (n=37)
Stepped Care (SC)	39.47%	12,131	100.00% (n=7,985)	0.00% (n=0)	OQ Total Score (n=787)	24.00%	29.28%	28.97% (n=571)
					PSC-35 (n=0)	N<20	N/A	N/A

Evidence-Based Practice	Outcomes, Starting July 2011 through January 19, 2023							
	OMA Data Entry Rate	Treatment Cycles	Inactive Tx Cycles		Completed Practice			
			Completed EBP Yes	Completed EBP No	Outcome Measure	Percent Improvement Pre to Post Treatment	All Time Matched Pairs %	Matched Pairs % (Last 3 yrs)
Strengthening Families (SF)	37.56%	237	89.01% (n=81)	10.99% (n=10)	RBPC Anxiety-Withdrawal Raw Score (n=15)	N<20	N/A	N/A
					RBPC Attention Problems-Immaturity Raw Score (n=15)	N<20	N/A	N/A
					RBPC Conduct Disorder Raw Score (n=15)	N<20	N/A	N/A
					RBPC Motor Tension Excess Raw Score (n=15)	N<20	N/A	N/A
					RBPC Psychotic Behavior Raw Score (n=15)	N<20	N/A	N/A
					RBPC Socialized Aggression Raw Score (n=15)	N<20	N/A	N/A
Trauma Focused Cognitive Behavioral Therapy (TF-CBT)	101.45%	27,508	53.51% (n=11,190)	46.49% (n=9,722)	PTSD-RI Child/Adolescent Severity Score (n=2,613)	48.00%	56.11%	N<20
					PTSD-RI Parent Severity Score (n=2,528)	50.00%	49.63%	N<20
					PTSD-RI-5 Child/Adol. Severity Score (n=2,849)	51%	55.69%	53.46% (n=611)
					PTSD-RI-5 Parent Severity Score (n=2,449)	53%	47.87%	46.72% (n=534)

Evidence-Based Practice	Outcomes, Starting July 2011 through January 19, 2023							
	OMA Data Entry Rate	Treatment Cycles	Inactive Tx Cycles		Completed Practice			
			Completed EBP Yes	Completed EBP No	Outcome Measure	Percent Improvement Pre to Post Treatment	All Time Matched Pairs %	Matched Pairs % (Last 3 yrs)
Triple P- Positive Parenting Program (Triple P)	119.39%	6,612	59.98% (n=2,852)	40.02% (n=1,903)	ECBI Intensity Scale (n=1,948)	27.00%	69.80%	57.31% (n=149)
					ECBI Problem Scale (n=1,948)	50.00%		
UCLA Ties Transition Model (UCLA TTM)	90.19%	197	49.69% (n=80)	50.31% (n=81)	ECBI Intensity Scale (n=11)	N<20	N/A	N/A
					ECBI Problem Scale (n=11)	N<20	N/A	N/A

* CORS data collection was delayed until mid 2013 so compliance rate might be understated.

**MAP, TF-CBT, and Triple P compliance rates do not include data for inactive treatment cycles reported to CiMH at the time of the data transition to DMH. Data reported on here only includes information contained in our DMH PEI OMA system.

MHIP does not collect a "post" measure. Pre/Post changes reported are determined from first questionnaire with scores to last questionnaire with scores.

***PSC-35 data collection began on July 1, 2019.

****All treatment cycles that began on or after 7/1/2019 no longer require the general OQ/YOQ/YOQ-SR measures except for the following practices which utilize these measures as their sole outcome measure: CORS (OQ), Stepped Care (OQ) and FFT (YOQ/YOQ-SR)."

*****Treatment cycle counts highlighted in grey denotes no changes since the previous report (June 2022).