

LACDMH Values

Integrity. We conduct ourselves professionally according to the highest ethical standards.

Respect. We recognize the uniqueness of every individual and treat all people in a way that affirms their personal worth and dignity.

Accountability. We take responsibility for our choices and their outcomes.

Collaboration. We work together toward common goals by partnering with the whole community, sharing knowledge, building strong consensus and sharing decision-making.

Dedication. We will do whatever it takes to improve the lives of our clients and communities.

Transparency. We openly convey our ideas, decisions and outcomes to ensure trust in our organization.

Quality and Excellence. We identify the highest personal, organizational, professional and clinical standards and commit ourselves to achieving those standards by continually improving every aspect of our performance.

If you are experiencing or are affected by a mental health crisis and need help immediately, call our 24/7 toll-free Suicide and Crisis Lifeline: 988

LACDMH's Help Line is also available 24/7 to provide service referrals, emotional support, and mental health resources: (800) 854-7771

dmh.lacounty.gov

Program Managers

Anabel Rodriguez, LCSW, Deputy Director
anrodriguez@dmh.lacounty.gov
(213) 943-9692

Kathryn Stroupe, LCSW
Mental Health Clinical Program Manager II
kstroupe@dmh.lacounty.gov
(213) 943-9607

Renee Thompson, LMFT,
Mental Health Clinical Program Manager I
rthompson@dmh.lacounty.gov
(213) 943-9611



▶▶ **Short Term Residential
Therapeutic Programs**



LOS ANGELES COUNTY
**DEPARTMENT OF
MENTAL HEALTH**
hope. recovery. wellbeing.



About

STRTPs were established beginning January 1, 2017 by Assembly Bill 403 (Chapter 773) in order to reduce reliance on group residential care as a long-term placement setting. Continuum of Care Reform (CCR) legislation transformed the system and replaced group homes with this new licensing category, intended to create facilities that provide a higher level of intensive services and supports than Group Homes previously provided.

STRTPs provide specialized and intensive care and supervision, services and supports, treatment, and short-term 24-hour care and supervision to children/youth/non-minor dependents (NMDs) whose needs cannot be safely met in a family setting.

Placement in an STRTP is intended to last up to six months (for Child Welfare Dependents) or 12 months (for Probation Foster Youth).

The needs of foster children & youth, including appropriateness for placement in an STRTP, will be assessed by a Qualified Individual (QI) and reviewed by the Interagency Placement Committee (IPC) in order to ensure that children & youth are placed in the most appropriate and least restrictive setting that is able to meet their needs, as indicated by screening tools, assessment reports, evaluation instruments, previous placement & treatment experiences, and other relevant information (e.g. Child and Family Teams).

Specialty Mental Health Services

STRTPs must obtain a mental health contract, a Mental Health Program Approval, and be Medi-Cal certified within twelve (12) to eighteen (18) months of obtaining their STRTP license. They must be certified to provide the following Specialty Mental Health Services as medically necessary:

- Mental Health Services including Intensive Home Based Services (IHBS)
- Crisis Intervention
- Medication Support
- Intensive Care Coordination (ICC)/Targeted Case Management

Other Services and Supports

All services in the STRTP are expected to be culturally-relevant, developmentally appropriate, and trauma-informed.

STRTPs must provide the following additional core services and supports:

- Transition support services
- Education and physical, behavioral, and mental health supports, including extracurricular activities and social supports
- Activities designed to support achieving a successful adulthood
- Services to achieve permanency

Qualifications

All referrals for STRTP placement are made by the placing agency e.g. DCFS and /or Probation.

STRTP referrals are made for children and youth with intensive mental health needs and behavioral or delinquency concerns such as:

- Recent or current psychiatric hospitalization
- Pending hospital discharge
- Suicidal/Homicidal ideation and/or attempts
- Self-harm and/or aggressive behavior
- Involvement with drugs or alcohol
- At Risk for CSEC trafficking
- One or more placement changes in the last several months
- Previous placement in a Juvenile Detention Center
- History or current runaway

