

**LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH
Office of the Deputy Director of Strategic Communications**

Access for All UsCC Subcommittee Minutes

September 14, 2022

10:00AM – 12:00PM

Microsoft Teams Meeting

Attendees: Hector Ramirez, Cody Hanable, Sylvia G. Youngblood Gabriela Velasquez, Irma Velasquez, Maria A., Arnold Youngblood, Junko Nagamatsu, Amy Kay, Alison Freeman, Carol K., Carey Grier, Mastaneh Moghadam, Martin Almanza,

DMH: Martha Ortiz, Alex Elliot, Angel Baker, Julio Miranda, and Rosario Ribleza

Interpreter & Captioner: Mark Robinson and Alexis Zarret Joann

| Agenda Items | Comments/Discussion/Recommendations/Conclusions |
|---|---|
| Welcome & Introductions - Subcommittee | Attendee Introductions: Attendees (On Microsoft Teams and on the phone) were encouraged to incorporate a description of themselves to be mindful of other attendees with disabilities: individuals with visual impairments who cannot see the computer screen, and those who cannot hear what is happening in the meeting. |
| Meeting Norms/Review of Code of Conduct – Co- Chair | <ul style="list-style-type: none"> Cody Hanable reviewed the Code of Conduct and Meeting Norms to the subcommittee. |
| Meeting Minutes: Review and Approval | Approval of Meeting Minutes August 10, 2022 - moved to approve by Hector Ramirez, and seconded by Junko Nagamatsu. |
| Community and Accessibility Resources Alex Elliot | <p>Community and Accessibility Resources:</p> <ul style="list-style-type: none"> Free Online Tutoring Available to All Californians BrainFuse HelpNow Every Californian can now access free online tutoring available 24/7 through a new initiative offering homework help in every K-12 subject and skill-building resources for adult learners. on the websites of any of the 1,130 local public libraries around the state – click on the “HelpNow” link to reach a one-on-one tutor. https://main.castatehelpnow.ca.svc.brainfuse.com/authenticate.asp |

- **[Connected California Digital Navigators](#) | Connect with kind and skilled digital technology help in English and Spanish.**

Digital Navigators is a Free Program to Help You:

Find low-cost internet service and devices for your home so you can get online.

Learn foundational computer skills, and get assistance with career development, applying for a job and more! Provide a one-on-one by phone to discuss your needs and find out how we can help.

<https://connectedca.org/>

- **Introducing the One Mind PsyberGuide Teen App Guide**

“Digital Tools and Solutions for Teen Mental Health.” Also known as One Mind PsyberGuide (OMPG) Teen App Guide, this report is intended for parents and caregivers, families with teens, and mental health professionals and researchers who work with teens.

<https://onemindpsyberguide.org/resources/teen-app-guide/>

- **Explore Apple’s accessibility features**

Apple recently launched iOS 16. Find more information on the updated accessibility features here:

<https://www.apple.com/accessibility/>

- **Explore Google’s accessibility features and products**

Google recently launched a new accessible products site. Find more information on the accessibility features of products like Android, Google Chrome, and YouTube

<https://about.google/belonging/disability-inclusion/product-accessibility/>

- **Microsoft Accessibility Resources:**

Below you'll find accessibility resources for Word, PowerPoint, and Excel, and tools to make your content accessible for everyone.

Accessibility tools for learning

<https://support.microsoft.com/en-us/topic/accessibility-tools-for-learning-a610cc7f-6cd1-49ff-a543-214cdf9a0710>

Accessibility tools for Mental Health

<https://support.microsoft.com/en-us/topic/accessibility-tools-for-mental-health-76629671-3fc3-4f06-bf65-7ee02d03f540>

Accessibility tools for vision

<https://support.microsoft.com/en-us/topic/accessibility-tools-for-vision-b3c57606-e0af-46d2-97b4-fa6b5fba4fa1>

Accessibility tools for hearing

<https://support.microsoft.com/en-us/topic/accessibility-tools-for-hearing-111d7360-cd47-4104-aef1-2a33297909ad>

Accessibility tools for mobility

<https://support.microsoft.com/en-us/topic/accessibility-tools-for-mobility-19ff5a45-2d68-4306-9602-05c0aa967c9f>

Accessibility tools for neurodiversity

<https://support.microsoft.com/en-us/topic/accessibility-tools-for-neurodiversity-6dbd8065-b543-4cf8-bdfb-7c84d9e8f74a>

Accessibility tools for Microsoft Teams

<https://support.microsoft.com/en-us/office/accessibility-tools-for-microsoft-teams-2d4009e7-1300-4766-87e8-7a217496c3d5>

Accessibility tools for Office

<https://support.microsoft.com/en-us/office/accessibility-tools-for-office-b5087b20-1387-4686-a0a5-8e11c5f46cdf>

Accessibility tools for PowerPoint

<https://support.microsoft.com/en-us/office/accessibility-tools-for-powerpoint-2b7a387c-bc02-408f-8c49-59534665850f>

- **Headspace – Free Headspace Plus Subscription for LA County residents**

Headspace and the LA County Department of Mental Health have partnered to provide support and resources during this challenging time.

Sign up to access meditations, as well as sleep and movement exercises, designed to help you care for your mind — all free.

<https://www.headspace.com/lacounty>

- **US Department of Justice - Nondiscrimination on the Basis of Disability: Accessibility of Web Information and Services of State and Local Government**

DOJ announced its intent to begin the rulemaking process to enact website accessibility regulations applicable to state and local governments under Title II.

https://www.reginfo.gov/public/do/eAgendaViewRule?RIN=1190-AA79&pubId=202204&utm_medium=email&utm_source=govdelivery

**Election/Voting
Rosario Ribleza**

Election/Voting

- **2022-2023 Capacity Building Project**

Only 5 out of 13 members voted.

Rosario strongly encouraged the qualified members to cast their votes for the 2022-2023 Capacity Building Projects. *Last day to vote - September 16, 2022.*

- **Co-Chair Election –**

Nominated for Co-chairs are Dr. Alison Freeman, Irma Velazquez, and Cody Hanable.

- *Due date for Co-Chair nomination is September 16, 2022.*

GENERAL UPDATES:

Capacity Building Projects Updates

A. Mastaneh Moghadam

B. Rosario Ribleza

Capacity Building Project Updates

A. Podcast & YouTube - Mastaneh Moghadam informed the subcommittee that they are in the process of developing topics for six (6) Youtube and six (6) Podcast series.

The subcommittee's feedback/ topic suggestions:

2. Reach out to deaf and hard of hearing consumers, prominent deaf communities, deaf stakeholders, and agencies providing services to the deaf communities.
 3. Appropriate use of mental health terminology, and inclusion of mental health culture in American Sign Language (ASL) interpretation.
 4. YouTube series must be presented in ASL, and not just with ASL.
 5. Ensure that both YouTube and Podcast presentations are accessible to the deaf and hard of hearing, blind, visually impaired, and physically disabled.
- Mastaneh announced that panelists are being recruited for both projects, and each will receive stipend for participation. Flyers will be shared with Access for All UsCC once it becomes available.
 - A separate meeting with Mastaneh, Hector, Amy, and Cody will be arranged by Rosario to further discuss the projects.

B. FY 2020-2021 Projects

All three (3) Capacity Building Projects: Mental Health Assessment for the Deaf and Hard of Hearing; Mental Health Assessment for the Blind; and Mental Health Assessment for the Physically Disabled were already completed, and Painted Brain was supposed to present the outcomes today. Unfortunately, Painted Brain was not able to make it, and requested to reschedule the presentation in October 2022.

C. Peers Talking Circle: Presentation & Brainstorming

i. **“Peers Sharing Circle”** –

- The original “Peers Talking Circle” awarded to Painted Brain was renamed to “Peers Talking Circle”, and its implementation will continue.
- Angel clarified that the commitment with Painted Brain must still be honored because they won that bid.

ii. **“Peers Talking Circle”** - with the advocacy of Hector Ramirez to implement a Peers Talking Circle patterned after the Native American Indian, a new Statement of Work (SOW) was written.

- A clinician who is culturally competent Native American Indian Facilitator with knowledge of protocols on conducting Native American Indian Talking Circle will be hired to implement the Peers Talking Circle Project for the Deaf, Hard of Hearing, Blind, and Physically Disabled.
- Rosario explained the details of the new project to the subcommittee.

