



▶▶ Olive View Community Mental Health Urgent Care Center Zumba Mondays Dance and Fitness Class

Mondays, beginning August 8, 2022
3 – 3:30 PM

Olive View Community Mental Health Urgent Care Center
14238 Saranac Lane, Sylmar, CA 91342

Who says fitness has to be boring? Bring your stepping shoes and rhythm to dance your way into shape with our Zumba Mondays Dance and Fitness Class! No registration needed.

For more information, please contact us at lalex1@dmh.lacounty.gov.



LOS ANGELES COUNTY
**DEPARTMENT OF
MENTAL HEALTH**
hope. recovery. wellbeing.