



▶▶ JOIN OUR Healing the Sacred Soul Group

Every Tuesday from 3 – 4:30 PM

This group is a collaboration between American Indian Counseling Center (AICC), United American Indian Involvement, and Los Angeles County Department of Mental Health Promoters. We will discuss the following topics:

- Intro to mental health
- Codependency
- Mental health stigma
- Depression: symptoms, treatments
- Suicide prevention
- Domestic/family violence prevention
- Substance use disorder prevention
- Childhood disorder(s)/ youth mental health
- COVID-19's emotional impact
- Stages of grief and loss

Join us on [Microsoft Teams Meeting](#) or call 323.776.6996
Conference ID: 698 103 680#

For more information, please call the AICC at 562.402.0677.



LOS ANGELES COUNTY
**DEPARTMENT OF
MENTAL HEALTH**
hope. recovery. wellbeing.