

## Our Program History

In 2005, a group of L.A. County Providers, formed a learning collaborative to create a comprehensive program for high-risk pregnant and parenting youth.

In 2006, the Mental Health Services Act, Community Services and Supports Program funded Roybal Family Mental Health Center to implement the program.

With a strong focus on the mental health issues that plague young mothers, particularly post-partum depression and the effects of trauma on emotional health, the program serves up to 50 young mothers and babies, showing tremendous outcomes for both the mothers and their young children.

## Roybal Family Mental Health Center

4701 East Cesar E. Chavez Avenue  
Los Angeles, CA 90022  
323.267.3400



Roybal staff is bilingual in English and Spanish.



## LACDMH Values

**Integrity.** We conduct ourselves professionally according to the highest ethical standards.

**Respect.** We recognize the uniqueness of every individual and treat all people in a way that affirms their personal worth and dignity.

**Accountability.** We take responsibility for our choices and their outcomes.

**Collaboration.** We work together toward common goals by partnering with the whole community, sharing knowledge, building strong consensus and sharing decision-making.

**Dedication.** We will do whatever it takes to improve the lives of our clients and communities.

**Transparency.** We openly convey our ideas, decisions and outcomes to ensure trust in our organization.

**Quality and Excellence.** We identify the highest personal, organizational, professional and clinical standards and commit ourselves to achieving those standards by continually improving every aspect of our performance.

**If you are in crisis and need help right away, call our 24/7 toll-free Help Line:**

**800.854.7771**

**562.651.2549** TDD/TTY

[dmh.lacounty.gov](http://dmh.lacounty.gov)



▶▶ **Roybal Family Mental Health Center  
Young Mothers and Babies  
Full Service Partnership  
Program**



LOS ANGELES COUNTY  
**DEPARTMENT OF  
MENTAL HEALTH**  
hope. recovery. wellbeing.



## About

The Young Mothers and Babies (YMB) Full Service Partnership Program (FSP) is designed to meet the mental health needs of mothers and babies in their homes with 24 hour access to mental health resources and supports.

YMB provides comprehensive mental health services for pregnant and parenting young women and their children. Service Area 7 covers the eastern county including Montebello (north), Cerritos (south), Huntington Park (west), and Whittier (east).

In Service Area 7, the bilingual and bicultural multidisciplinary FSP team consists of psychologist, a psychiatrist, a nurse, licensed and waived social workers, a community worker, and a peer partner. The program provides psychiatric services, developmental assessments for the babies, and field based mental health and case management services in the home, school, and community.

## TAY and 0-5 Together

Our vision is to empower young mothers to achieve emotional, social, and economic wellbeing for themselves and their children, creating families that will last a lifetime and can nurture future generations to be free of poverty, neglect, and violence.

Our mission is to help pregnant and parenting young women achieve mental health and sobriety, adaptive community functioning, and secure attachments with their infants and toddlers through active support, education, and evidence-based mental health interventions.

YMB serves Young Adults (age 16-25) who are mothers, and their children (age birth to five), through evidenced-based mental health practices, case management, and peer mentoring, with a focus on secure attachments and effective parenting.

## Eligibility

Mothers meet FSP criteria for services due to one or more of the following factors: at risk of or current homelessness; aging out of the child mental health, welfare, or juvenile justice systems of care; leaving long term institutional care; experiencing a first psychotic break; and suffering from a co-occurring substance abuse disorder in addition to criteria above.

Children ages Birth to Five meet FSP criteria when they are: at risk of expulsion from preschool, involved with Department of Children and Family Services (DCFS) or at risk of being detained by DCFS, or living with a parent or caregiver who has a serious emotional disturbance or severe and persistent mental illness along with substance abuse or co-occurring disorders.

Many of our transition age mothers have their own histories of childhood abuse and trauma, institutional care, DCFS or Probation involvement, and poor parenting by their caregivers. Our goal is to help break this cycle of abuse and neglect, and foster secure, nurturing, and joyful attachments between mothers and their babies, leading to good mental health, successful parenting, and self-sufficiency.