

Mental Health Commission Health Neighborhoods INN 2 / Community Ambassador Network Update



May 26, 2022



LOS ANGELES COUNTY
**DEPARTMENT OF
MENTAL HEALTH**
hope. recovery. wellbeing.

►► Health Neighborhood Guiding Principles

- In the Center for Health Equity Action Plan, the Los Angeles County Health Agency defines Health Neighborhoods as “an initiative to **build healthy communities that allow everyone to thrive through strengthened service support networks and care coordination that assist people in better managing their health.**”
- Health Neighborhoods is a network of coalitions that bring together diverse stakeholders including personal, behavioral and public health providers, community-based agencies, social service providers and community members to refine and improve clinical and community supports in designated neighborhoods throughout LA County.
- Annual Action Plan that outlines specific issues the HN wants to address, along with a budget

►► Health Neighborhood Vision and Mission

Vision: Communities achieving optimal health and wellbeing

Mission: Health Neighborhoods is a collaboration of community partners working to build thriving communities in underserved areas through prevention, improved coordination, and strong support networks through the Community Change and integrated Service Delivery models.

- Community-driven health and wellness with a focus on policy and system change, by addressing the social determinants of health for a specific population by mobilizing residents, community organizations, and institutions to identify the root causes of specific issues that are impacting a community. (Health Neighborhood Toolkit, April 2016)
- The Service Delivery Model brings together health, mental health, public health and substance use disorder providers in each neighborhood to identify and include culturally and linguistically appropriate services for all age groups, from prenatal to older adults. The overall goals of the service delivery model are to expand access to services, increase coordination of care between providers, and contain costs. (Health Neighborhood Toolkit, April 2016)

►► Health Neighborhood Guiding Principles

- Through partnership with the community, the coalitions will address social determinants of health using existing and newly identified resources and develop community-based strategies to improve community and personal health.
- place-based initiative designed to seed and sustain coalitions that support the health of individuals with chronic diseases and complex health and behavioral health needs and improve community conditions for all. Our goal is to ensure everyone living in our neighborhoods can thrive in place.
- Shared Leadership – representation from all three Health Agencies

►► Health Neighborhood Guiding Principles

- Promote community to lead – most appropriate for place-based initiatives
- Work collaboratively - with diverse stakeholders across sectors
- Expand access to services - building upon existing services
- Enhance collaborative care – improve referrals, services and care coord.
- Advance equity
- Build healthier communities utilizing data to inform interventions
- Ensure accountability via transparency and community-identified solutions
- Sustain efforts through ongoing engagement

►► Health Neighborhood Meetings

- Third Tuesday of the month, 10:00 – 11:30am
- Includes all HN Liaisons from the eight Sas and the Faith Based Liaisons
- There are also SA specific HN Meetings that occur throughout the month.
- 14 HNs across the county

▶▶ Health Neighborhood Meetings

SA 1:	Chaka Khan Theus	CTheus@dmh.lacounty.gov	(661) 723-4260	HN/FB Liaison
	Diana Luna-Miller	DLunaMiller@dmh.lacounty.gov	(661) 223-3817	Clergy Lead
	Date	Time	Location	Open / Closed
Clergy Roundtable	4 th Thursday / Monthly	10:00 am to 11:30 am	Virtual Meetings	Closed: by invitation only
Clergy Breakfast	Varies	Varies	Varies	Open Meeting
Health Neighborhood	1 st Thursday / Monthly	1:00 pm to 2:30 pm	Virtual Meetings	Open Meeting
SA 2:	Jennifer Hernandez	JMHernandez@dmh.lacounty.gov	(818) 610-6746	HN/FB Liaison
Clergy Roundtable	4 th Thursday / Monthly	9:30 am to 11:30 am	Location varies	Closed: By invitation only
Clergy Breakfast	Service Area 2 Interfaith Clergy and Community Breakfast meetings are held in the morning on a quarterly basis, with dates and locations varying.			
Health Neighborhood (Northeast San Fernando Valley)	4 th Monday / Monthly (Virtual meeting: day/time varies during COVID-19 pandemic)	1:00 pm to 2:30 pm	Virtual meeting at this time	Open Meeting
Health Neighborhood (Panorama City/Van Nuys)	Last Tuesday or Wednesday / Monthly (Virtual meeting: day/time varies during COVID-19 pandemic)	Varies at this time, due to COVID-19 pandemic.	Virtual meeting at this time	Open Meeting
SA 3:	Evelyn Lemus	ELemus@dmh.lacounty.gov	(626) 430-2937	HN/FB Liaison
	Yue Hua Xu (Vickie)	YXu@dmh.lacounty.gov	(626) 430-2938	FB Liaison
Clergy Roundtable	2 nd Wednesday/Monthly	10:00 am to 11:00 am	Virtual Meeting	Closed: by invitation only
Clergy Breakfast	4 th Thursday / Quarterly (Jan/Apr/Jul/Oct)	Varies	Varies	Open Meeting
Health Neighborhood (El Monte)	4 th Tuesday / Monthly	1:00 pm to 2:30 pm	Virtual Meeting	Open Meeting
Health Neighborhood (East San Gabriel Valley)	2 nd Tuesday / Monthly	10:30 am to 12:00 pm	Virtual Meeting	Open Meeting

Confidential

►► Health Neighborhood Meetings

SA 4	Juanita Montes	jmontes@dmh.lacounty.gov	(213) 922-8122	HN/FB Liaison
	4 th Tuesday Monthly	9:00 am to 11:00 am	Contact Roundtable Facilitators for details	Closed: by invitation only
Clergy Roundtable	SA4 Clergy is not currently in existence. There is consideration for an interfaith roundtable in the near future.			
Clergy Breakfast				
Health Neighborhood (Hollywood)	4 th Tuesday / Monthly	1:30 pm to 3:30 pm	Virtual - Teams	Open
Health Neighborhood (Boyle Heights)	4 th Thursday / Monthly	2:00 pm to 4:00 pm	Virtual - Zoom	
SA 5	Brian Navarro	BNavarro@dmh.lacounty.gov	(310) 482-6618	HN/FB Liaison
	Gwendolyn Davis	GDavis@dmh.lacounty.gov	(310) 482-6613	SA5 HN Supervisor
	Tora Miller	TMiller@dmh.lacounty.gov	(310) 482-6617	FB Liaison
Clergy Roundtable	2 nd Thursday of Jan, Mar, Apr, Jun, Sep, Oct, Dec	9:30 am to 11:30 am	Microsoft Teams	
Clergy Breakfast	2 nd Thursday of Feb, May, Aug, Nov	9:30 am to 11:30 am	Microsoft Teams	Open
Health Neighborhood (Palms/Mar Vista – Intergenerational)	4 th Friday / Monthly	1:00 pm to 2:00 pm	Microsoft Teams	Open
Health Neighborhood (Venice/Marina Del Rey)	4 th Thursday / Monthly	3:30 pm to 4:30 pm	Microsoft Teams	Open
Health Neighborhood (Pico/Robertson)	2 nd Thursday / Monthly	12:00 pm to 1:30 pm	Microsoft Teams	Open

Confidential

►► Health Neighborhood Meetings

SA 6	Kisha Thompson	KThompson@dmh.lacounty.gov	(310) 668-3017	HN/FB Liaison
	Dr. Ronald Beavers	rbeaversphd@sbcglobal.net		HN Co-Chair
	Erica Melbourne	EMelbourne@dmh.lacounty.gov	(213) 905-8861	HN Support
	Bernabe Valderrama	bvalderrama@linchousing.org		HN Co-Chair
	Tim Sweeney	tims@winla.org		HN Co-Chair
	Carolina Varela	carolina.varela@upliftfs.org		HN Co-Chair
Clergy Roundtable	1st Tuesday / Monthly (Roundtable was put on a hiatus during pandemic)	10:00 am to 12:00 pm	Roundtable was put on a hiatus during the pandemic	Closed: by invitation only
Clergy Breakfast	3 rd Friday / every other month	10:00 am to 12:00 pm	Via Teams during Pandemic	Open Meeting
Health Neighborhood	2 nd Thursday / Monthly	11:00 am to 12:30 pm	Via Teams during Pandemic	Open Meeting
SA 7	Alicia Llamas	ALlamas@dmh.lacounty.gov	(213) 738-2978	HN/FB & SALT7 FB Liaison
	Norma Salazar	NSalazar@dmh.lacounty.gov	(213) 924-3982	Back up to Liaison
	Jaime Gomez	jagomez@dmh.lacounty.gov	(213) 905-2906	Back up to Liaison
Clergy Roundtable	4th Tuesday / Monthly	9:30 am to 11:30 am	Via Microsoft Teams	Closed: by invitation only
Clergy Breakfast	3 rd Wednesday/Quarterly (Jan/April/July/Oct)	9:00 am 11:30 pm	Via Microsoft Teams	Open Meeting
Health Neighborhood	2nd Tuesday / Monthly	9:30 am to 11:30 am	Via Microsoft Teams	Open Meeting
SA 8	Kim Phan	KPhan@dmh.lacounty.gov	(562) 256-1291	HN/FB Liaison
	Keeley Gilmore	kgilmore@dmh.lacounty.gov	(213) 840-7283	FF Liaison
	Nita Chopra	nchopra@mhala.org		Long Beach HN Co Chair
	Marie Gambon	magambon@ph.lacounty.gov	(310) 330-1508	Hawthorne-Lennox HN co-chair
Clergy Roundtable	1 st Tuesday / Monthly	9:30 am to 11:30 am	Via Microsoft Teams	Closed: by invitation only
Clergy Breakfast	3 rd Tuesday / Monthly	10:00 am to 12:30 pm	Via Microsoft Teams	Open Meeting
Health Neighborhood (Long Beach)	2 nd Tuesday / Monthly	2:00 pm to 3:30 pm	Via Microsoft Teams	Open Meeting
Health Neighborhood (Hawthorne)	3 rd Thursday / Monthly	2:30 pm to 4:00 pm	Confidential Via Microsoft Teams	Open Meeting

►► INNOVATIONS UPDATE



►► BACKGROUND

- In August and September of 2018, DMH executed nine contracts for the provision of INN 2 services and one Consultant Services Contract with UCSD for evaluation services of the INN 2 program, respectively. DMH is in the process of developing a new solicitation for the purpose of executing new Community Ambassador Network (CAN) contracts, and in the interim, it is in the best interest of the County to continue to fund the existing INN 2 contracts so that the delivery of services under these contracts is not disrupted.
- The focus of the INN 2 program is to increase awareness and understanding of trauma and providing available supports to strengthen trauma-resiliency within communities. The nine INN 2 contractors, in coordination with community partners, implemented capacity building strategies that utilized innovative outreach approaches while addressing other important issues such as oppression, job loss, and other stressors brought on by system inequities and the COVID-19 pandemic.
- The Community Ambassador Network benefits from the community trust and capacity building infrastructure built through relationships and collaboration with organizations and community leaders, and trauma-informed trainings and professional development opportunities for staff during the first two years of the INN 2.

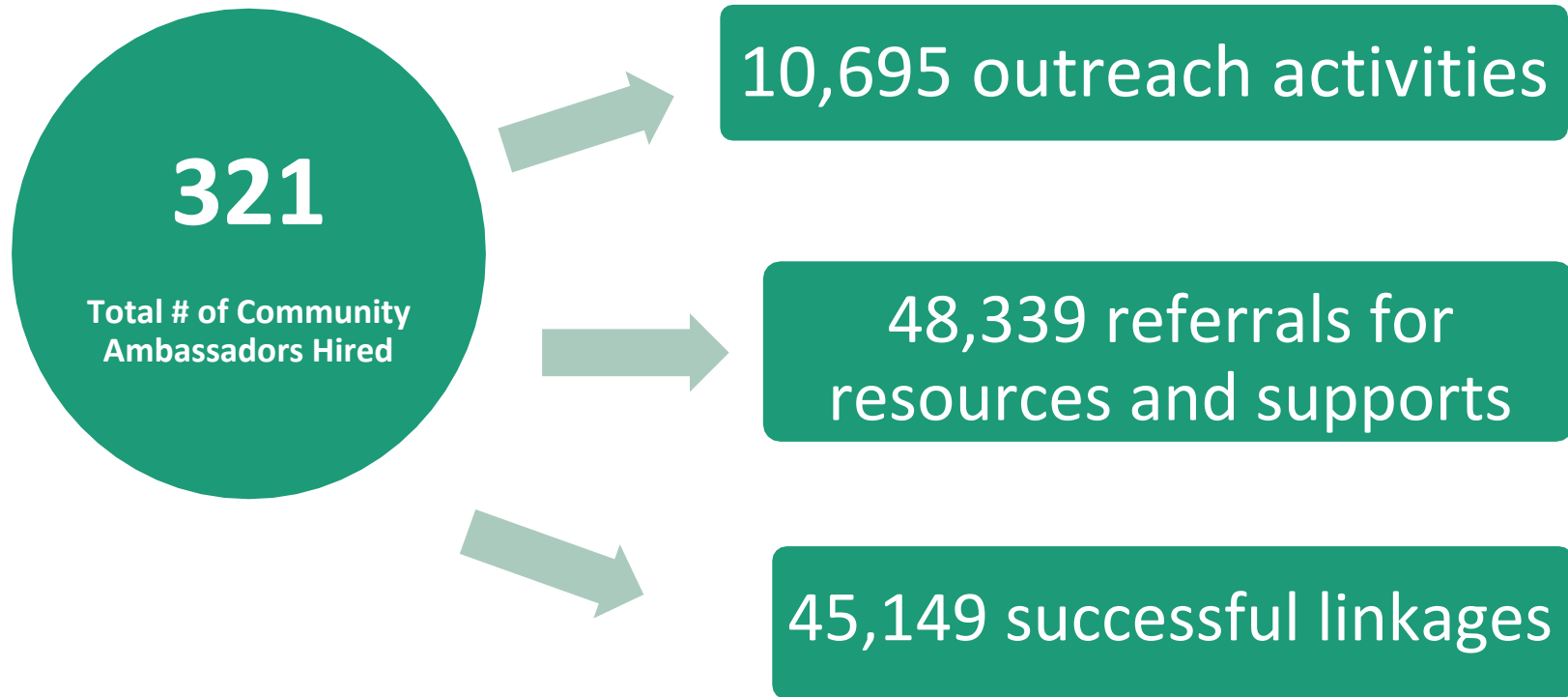
►► The Community Ambassador Network (CAN)

- In June 2020, LACDMH proposed the use of CARES Act and roll over INN 2 funding to integrate community mental health workers (community ambassadors) and support INN 2 agencies in COVID-19 support, education and community outreach.
- In July 2021, the CAN program expanded to incorporate CAN Interns through collaboration between LACDMH, CalWORKs and DPSS.
- The concept of the Community Ambassador Network (CAN) leverages existing networks of trusted community-based providers and organizations to have the right people in the right place at the right time to provide necessary resources to those in need.
- As of 12/6/2021, **321 individuals** have been a part of the Community Ambassador Network. This includes 36 CAN interns, 72 community members hired in 2021, 84 community members hired through the CARES ACT, as well as 129 INN 2 peers, navigators, parent partners and *Promotores* who are now part of the CAN. **One hundred and ninety-six (196)** individuals are currently active Community Ambassadors.
- The most prevalent language spoken by CAN (aside from English) is Spanish (49.8%), and 7.0% of CAN speak Khmer.
- The majority of CAN (45.2%) identify as Latino/Latina/Latinx, Hispanic or Mexican; 15.3% identify as Black and/or African American, 9.3% Asian, Cambodian, Filipino, Korean, East Indian, or Tongan (Asian and Pacific Islander), 5.3% as Multiracial and 4.9% as White.

▶▶ Connecting and Supporting the Community

- A primary role for CAN within INN 2 is to provide outreach and education to the community on COVID-19 and wellness and create awareness of resources and supports within the community.
- **560,268 community members** were reached through a total of **10,695** community events and outreach, group activities and posts on social media between June 1, 2020, and December 6, 2021.
- Programs have provided regular food and grocery voucher distribution to families in need; providing meals to 100 families on average with each distribution. This has totaled to over **18,000 meals** provided to LA County families and residents.
- MHSA Innovation (INN) 2 Trauma Resilient Communities: Brief Summary on the Impacts of INN 2 and Community Ambassador Network
- As documented in iHOMS, a total of **9,865 people** have been tested or vaccinated for COVID-19 at community events where CAN and INN 2 staff volunteered.
- Programs have supported the safety of their communities through providing PPE to over **13,000 (13,778)** individuals throughout the pandemic. Many programs put together PPE kits for their community including face masks, hand sanitizer, wipes, and COVID resource information to distribute during community canvassing.
- INN 2 providers made a total of **48,339 linkages** to resources and supports for **6,188 INN 2 participants**.
- 44% of these linkages were for COVID-related resources and supports.
- **93.4%** of all referrals were documented as successful linkages.
- Food, basic needs (including PPE, cleaning supplies, tents and sleeping bags, clothing and diapers/wipes), education and housing were the most frequent community linkages.

►► Community Impact, In the Past 18-Months



►► Basis of CAN Training

DMH + UCLA Public Partnership for Wellbeing

ADVANCING WELLBEING IN LOS ANGELES COUNTY

A Racial Equity Lens

Each program is developed to deepen an understanding of the ways in which racial inequities have impacted our communities and the services we provide to them.

No program is suited to drive systems change if racial equity is not placed at the center of the work.



Strengthen communities

Mitigate the impact of trauma and promote the resilience of individuals and communities



Reengineer systems

Engage and assist marginalized and underserved residents by improving broken, inequitable systems



Revitalize policy

Build equity into societal structures through policy

▶▶ ACTIONS TO DATE

- Presented INN 2 evaluation to DMH executive team
- March 4, 2022: Providers informed of plan to Continue CAN for an additional year
- March 4, 2022: Executive Summary of MHSA Annual Update posted to DMH website for review
- March 9, 2022: Summary of MHSA Annual Update presented to MH Commission
- March 10, 2022: Summary of MHSA Annual Update presented to Executive Committee of MH Commission
- April 26, 2022: MHSA Annual update briefing for the Board of Supervisors
- DMH is working on a solicitation to continue community ambassador work beyond June 30, 2023

▶▶ STATUS

- Board Letter – Adopted 5/18/2022:
 - Approval to extend the nine existing contracts for Innovation 2 - Developing Trauma Resilient Communities for one year.
 - Approve and authorize the Director of Mental Health (Director), or his designee, to prepare, sign, and execute an amendment, substantially similar to Attachment I, to the Innovations 2 (INN 2) contracts with the nine contractors listed in Attachment II, to continue the provision of Mental Health Services Act (MHSA) Innovation services. This extension will be effective July 1, 2022 through June 30, 2023 with one optional extension through July 30, 2024.
 - Approve and authorize the Director, or his designee, to prepare, sign, and execute an amendment, substantially similar to Attachment III, to the Consultant Services Contract with The Regents of the University of California, San Diego (UCSD), to continue evaluation services of the INN 2 program.
- Board Letter for MHSA Annual Update: June 28th