

# County of Los Angeles Department of Mental Health

## Student Professional Development Program

### San Fernando Mental Health Center



<b>DMH Agency:</b>	San Fernando Mental Health Center	
<b>DMH Agency Address:</b>	10605 Balboa Blvd., #100 Granada Hills, CA 91344	<b>Service Area</b> <b>2</b>
<b>DMH Agency Liaison:</b>	Thuan Lam, LCSW Carla Avalos, LCSW Diana D. Garcia, LCSW	
<b>New or Returning:</b>	<input type="checkbox"/> New <input checked="" type="checkbox"/> Returning	
<b>Liaison Email Address:</b>	<a href="mailto:tlam@dmh.lacounty.gov">tlam@dmh.lacounty.gov</a> <a href="mailto:cavalos@dmh.lacounty.gov">cavalos@dmh.lacounty.gov</a> <a href="mailto:DDGarcia@dmh.lacounty.gov">DDGarcia@dmh.lacounty.gov</a>	
<b>Liaison Phone Number:</b>	(818) 798-3047	
<b>Agency ADA accessible</b>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No If "No" identify:	

#### Student Requirements:

<b>How many positions will you have?</b>	3
<b>Beginning and ending dates:</b>	September 2023 to May 2024 (dates that correspond with school schedule)

#### Student Schedule:

<i>Please indicate days and times students should be available to provide services, including mandatory staff meetings (SM), training seminars (TR), supervision (SUP), etc.</i>	
<b>Monday</b>	8:00am to 5:30pm/6:00pm
<b>Tuesday</b>	8:00am to 5:30pm/6:00pm
<b>Wednesday</b>	8:00am to 5:30pm/6:00pm
<b>Thursday</b>	8:00am to 5:30pm/6:00pm
<b>Friday</b>	8:00am to 5:30pm/6:00pm

<b>Total hours expected to be worked per week:</b>	15-20 (depending on part/full time student). We are flexible in accommodating the days.
<b>Number of direct client hours per week anticipated:</b>	5-10
<b>Expected average consumer caseload:</b>	7-10
<b>What cultural groups typically received services at your site?</b>	Diverse population (African American, Hispanic, White, etc.)

# County of Los Angeles Department of Mental Health

## Student Professional Development Program

**Description of Site:** *(Please describe the type of Agency setting and services offered)*

Providing opportunity for second year students in MSW Program to conduct the Adult Intake Assessment (Biopsychosocial Evaluation), establish diagnosis, develop treatment plans, provide mental health services and target case management needs, provide linkage for medication support and other referrals/resources, develop effective different treatment modalities as dictated by the need of client (individual/group psychotherapies, COD), learn to provide emergency assessment through OD phone/in person contact, learn to assess safety, participate in group/individual supervision and interdisciplinary clinical team. In addition, MSW Interns have an opportunity to co-facilitate a current group at our clinic or create a new group that meets the needs of our clients.

**Target population and types of services provided:** *(please check all that apply)*

<input checked="" type="checkbox"/> <b>Individuals</b>	<input type="checkbox"/> <b>Psychoeducational groups (e.g. Parenting)</b>
<input checked="" type="checkbox"/> <b>Groups</b>	<input type="checkbox"/> <b>Community Outreach</b>
<input type="checkbox"/> <b>Families</b>	<input checked="" type="checkbox"/> <b>Brief treatment to mid-term treatment</b>
<input type="checkbox"/> <b>Children &amp; Adolescents</b>	<input type="checkbox"/> <b>Long term treatment</b>
<input checked="" type="checkbox"/> <b>Adults</b>	<input checked="" type="checkbox"/> <b>Crisis Intervention</b>
<input checked="" type="checkbox"/> <b>Older Adults</b>	<input checked="" type="checkbox"/> <b>Screening and Assessment</b>
<input type="checkbox"/> <b>Court/Probation referred</b>	<input type="checkbox"/> <b>Psych Testing (For psychology students only)</b>
<input type="checkbox"/> <b>Consultation/Liaison</b>	<input type="checkbox"/> <b>Other (specify):</b>

What are the most frequent diagnostic categories of your client population?

We typically serve the chronically mentally ill which dx include Schizophrenia, Bipolar Disorder, Psychotic Disorders, Major Depressive Disorder and Co-Occurring Substance Abuse. However, we do provide services to clients who have experienced a recent trauma or experiencing a difficult life transition or change (i.e. job loss, divorce.)

What specific (perhaps unique) training opportunities do students have at your agency?

DMH trainings/workshops are available to the interns. The training includes HIPAA, DMH Documentation Training, Co-Occurring Disorder, and Latino Behavioral Conference. In addition, interns receive bi-weekly group supervision to process cases with peers and other clinician (led by MD). Interns receive individual supervision with their field instructor weekly.

What evidence based practices or theoretical orientations will students be exposed to at this site?

The students will be able to attend trainings on CORS, Seeking Safety, Motivational Interviewing and Cognitive Behavioral Therapy. In addition, they will be exposed to triaging clients in an outpatient mental health clinic and assessing for safety.

Do students have the opportunity to work in a multidisciplinary team environment that includes those with lived experience?

There are community workers and peer advocates with lived experience that facilitate groups at the clinic. Students are provided with the opportunity to observe, if they express interest in additional participation, this can be discussed with their field instructor.

List locations where students will be providing services **other than agency?**

If a student is interested in gaining knowledge or experience in higher level of care, the FSP Program is available for possible placement.

Does your agency allow students to videotape and/or audiotape clients for the purpose of presenting cases in their academic classes?      Yes       No

# County of Los Angeles Department of Mental Health

## Student Professional Development Program

**Supervision:**

What types of supervision will be provided for the students and what is the licensure/discipline of the supervisor? Please specify below.

Type	Hours Per Week	On Site Supervisor Degree/Discipline
Individual:	1 – 2	LCSW
Group:	1	PsyD

What is the minimum ratio of supervision to client contact hours? 6


Does your agency require a particular range of previous experience or specific prerequisite coursework? If so, please explain.

This is a placement for a second year social work student only.

**Agency Application Process**

**Mandatory requirements:** Only students from academic institutions who have a current affiliation agreement with the Los Angeles County Department of Mental Health may be extended a placement opportunity. All students are processed through Human Resources Bureau. All prospective interns must obtain live scan clearance. All interns are required to complete a mandatory HIPAA Compliance and Sexual Harassment Prevention Training (for line staff) as part as the terms of their internship.

**DMH Staff completing this form:** Carla Avalos, LCSW **Title:** MH Clinical Supervisor

**Signature:**  **Date:** 10/27/2022

**Program Head:** Dina Nelli **Phone #:** (818) 798-3058

**District Chief:** Jesus Romero **Phone #:** (323) 769-6182

**Electronic Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_