

# County of Los Angeles Department of Mental Health

## Student Professional Development Program

### Harbor-UCLA



### Social Work Internship Specialization: Clinical

<b>DMH Agency:</b>	<b>Harbor-UCLA Outpatient Psychiatry</b>	
<b>DMH Agency Address:</b>	1000 W. Carson St., Box 498, Torrance, CA 90502	<b>Service Area</b> <b>8</b>
<b>DMH Agency Liaison:</b>	Victoria Butler, LCSW	
<b>New or Returning:</b>	<input type="checkbox"/> New <input checked="" type="checkbox"/> Returning	
<b>Liaison Email Address:</b>	<a href="mailto:ybutler@dmh.lacounty.gov">ybutler@dmh.lacounty.gov</a>	
<b>Liaison Phone Number:</b>	(424) 306-5721	
<b>Agency ADA accessible</b>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No If "No" identify:	

#### Student Requirements:

<b>How many positions will you have?</b>	2
<b>Beginning and ending dates:</b>	September 2023-May 2024

#### Student Schedule:

<i>Please indicate days and times students should be available to provide services, including mandatory staff meetings (SM), training seminars (TR), supervision (SUP), etc.</i>	
<b>Monday</b>	8:00am –5:00pm
<b>Tuesday</b>	
<b>Wednesday</b>	8:00am –5:00pm
<b>Thursday</b>	
<b>Friday</b>	8:00am –5:00pm

<b>Total hours expected to be worked per week:</b>	20
<b>Number of direct client hours per week anticipated:</b>	10
<b>Expected average consumer caseload:</b>	7 clients, weekly group, and weekly assessments
<b>What cultural groups typically received services at your site?</b>	We have a Spanish CBT/DBT Program

## Student Professional Development Program

**Description of Site:** *(Please describe the type of Agency setting and services offered)*

Harbor-UCLA's Department of Psychiatry is a very rigorous and intensive clinical setting for Social Work Interns. Since Harbor-UCLA Medical Center is a teaching institution, there are trainees from many disciplines. We have several outpatient internship choices for the Social Work student including Adult Outpatient Psychiatry, Child and Adolescent Outpatient Psychiatry, Dual Diagnosis, and HIV/Behavioral Medicine; we also have an outreach program, Adult Full-Service Partnership, and an Inpatient Psychiatry internship as well.

**THIS YEAR THE 2 OPENINGS ARE IN FSP AND AOP (Adult Outpatient Psychiatry)**

**Target population and types of services provided:** *(please check all that apply)*

<input checked="" type="checkbox"/> <b>Individuals</b>	<input checked="" type="checkbox"/> <b>Psychoeducational groups (e.g. Parenting</b>
<input checked="" type="checkbox"/> <b>Groups</b>	<input checked="" type="checkbox"/> <b>Community Outreach</b>
<input checked="" type="checkbox"/> <b>Families</b>	<input checked="" type="checkbox"/> <b>Brief treatment to mid-term treatment</b>
<input checked="" type="checkbox"/> <b>Children &amp; Adolescents</b>	<input type="checkbox"/> <b>Long term treatment</b>
<input checked="" type="checkbox"/> <b>Adults</b>	<input checked="" type="checkbox"/> <b>Crisis Intervention</b>
<input type="checkbox"/> <b>Older Adults</b>	<input checked="" type="checkbox"/> <b>Screening and Assessment</b>
<input checked="" type="checkbox"/> <b>Court/Probation referred</b>	<input type="checkbox"/> <b>Psych Testing (For psychology students only</b>
<input type="checkbox"/> <b>Consultation/Liaison</b>	<input type="checkbox"/> <b>Other (specify):</b>

What are the most frequent diagnostic categories of your client population?

Major Depression, Anxiety Disorders, Schizophrenia, Bipolar Disorder, PTSD, ADHD, ODD, Conduct D/O.

What specific (perhaps unique) training opportunities do students have at your agency?

Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Trauma Focused CBT, Prolonged Exposure Therapy, PCIT, Acceptance and Commitment Therapy, Play therapy, groupwork, family therapy.

What evidence based practices or theoretical orientations will students be exposed to at this site?

EBP's: Cognitive Behavioral Therapy, Parent Child Interaction Therapy, Dialectical Behavioral Therapy, Trauma Focused CBT, Prolonged Exposure Therapy.

Do students have the opportunity to work in a multidisciplinary team environment that includes those with lived experience?

Yes

List locations where students will be providing services **other than agency?**

FSP program does work in the community. CAP (Child program) may attend school meetings or do school observations.

Does your agency allow students to videotape and/or audiotape clients for the purpose of presenting cases in their academic classes?    Yes     No

## Student Professional Development Program

**Supervision:**

*What types of supervision will be provided for the students and what is the licensure/discipline of the supervisor? Please specify below.*

Type	Hours Per Week	On Site Supervisor Degree/Discipline
<b>Individual:</b>	One Hour	Victoria Butler, LCSW (I will oversee the staff who are providing direct supervision to the Social Work Interns.
<b>Group:</b>	One hour every two weeks	Victoria Butler, LCSW (I co-lead with another LCSW)

What is the minimum ratio of supervision to client contact hours?

One hour per week and additional supervision as needed.

Does your agency require a particular range of previous experience or specific prerequisite coursework? *If so please explain.*

We are a very rigorous and intensive program, so clinical and work experience in social work is very helpful, as is eagerness to learn, creativity, a collaborative spirit, and dedication to community mental health.

**Agency Application Process**

**Mandatory requirements:** *Only students from academic institutions who have a current affiliation agreement with the Los Angeles County Department of Mental Health may be extended a placement opportunity. All students are processed through Human Resources Bureau. All prospective interns must obtain livescan clearance. All interns are required to complete a mandatory HIPAA Compliance and Sexual Harassment Prevention Training (for line staff) as part as the terms of their internship.*

**DMH Staff completing this form:** Victoria Butler, LCSW    **Title:** Mental Health Clinical Supervisor

**Signature:** Victoria Butler, LCSW    **Date:** 01/24/2023

**Program Head:** Sandra Kramer, LCSW    **Phone #:** (424) 306-5714

**District Chief:** Dr. Lori Willis, Division Chief    **Phone #:** (562) 256-1271

**Electronic Signature:** Victoria Butler, LCSW    **Date:** 01/24/2023