



## Service Area (SA) 7 East Los Angeles

SA 7 serves the cities of Artesia, Bell, Bell Gardens, Bellflower, Cerritos, City Terrace, Commerce, Cudahy, Downey, East La Mirada, East Los Angeles, East Whittier, Hawaiian Gardens, Huntington Park, La Habra Heights, La Mirada, Lakewood, Los Nietos, Maywood, Montebello, North Whittier, Norwalk, Pico Rivera, Santa Fe Springs, Signal Hill, South Gate, South Whittier, Vernon, Walnut Park, West Whittier/Los Nietos, Whittier, Whittier Narrows, Whittier Unincorporated

## LACDMH Values

**Integrity.** We conduct ourselves professionally according to the highest ethical standards.

**Respect.** We recognize the uniqueness of every individual and treat all people in a way that affirms their personal worth and dignity.

**Accountability.** We take responsibility for our choices and their outcomes.

**Collaboration.** We work together toward common goals by partnering with the whole community, sharing knowledge, building strong consensus, and sharing decision-making.

**Dedication.** We will do whatever it takes to improve the lives of our clients and communities.

**Transparency.** We openly convey our ideas, decisions and outcomes to ensure trust in our organization.

**Quality and Excellence.** We identify the highest personal, organizational, professional and clinical standards and commit ourselves to achieving those standards by continually improving every aspect of our performance.

**If you are in crisis and need help right away, call our 24/7 toll-free Help Line: 800.854.7771**

*Those with hearing or speech disabilities may [call 711](#) and ask the operator – who will serve as the interpreter between the caller and our staff – to call our Help Line.*

[dmh.lacounty.gov](http://dmh.lacounty.gov)



▶▶ **SALT 7**  
Service Area Leadership Team  
SA 7



LOS ANGELES COUNTY  
**DEPARTMENT OF  
MENTAL HEALTH**  
*hope. recovery. wellbeing.*



## LACDMH Mission

Our mission is to optimize the hope, wellbeing and life trajectory of Los Angeles County’s most vulnerable through access to care and resources that promote not only independence and personal recovery but also connectedness and community reintegration.

## YourDMH Initiative

Your voice matters to LACDMH! LACDMH takes a collaborative and inclusive approach to understanding community priorities and improving services. Our community-driven partnership – known as YourDMH – connects various stakeholder groups and provides ongoing opportunities for input. Together, we are working towards a shared goal of hope, recovery and wellbeing across the County.

## Why is Community Engagement So Important?

Your input makes LACDMH better. The YourDMH partnership, which ensures that community voices are heard, is part of the department’s ongoing reform effort to strengthen all aspects of our work – including services as well as policies, program designs, information technology supports, quality monitoring activities and more.



## How You Can Help?

SALT members reflect the rich diversity of the community. They are from all age groups, ethnic backgrounds, neighborhoods and communities. Members of SALT may be individuals diagnosed with a mental illness or dealing with both mental illness and substance abuse. Whether you are a consumer, family member, community representative or representative of a local government agency; everyone is encouraged to join.

## Become an Advocate for Mental Health in Your Community

- Provide feedback to LACDMH on the quality of its programs and services
- Participate in LACDMH planning efforts
- Educate the community on mental health issues  
Erase the stigma associated with mental health  
Provide feedback and help determine the community’s mental health needs
- Share your unique perspective on mental health issues
- Attend monthly meetings and learn about mental health issues
- Meet other stakeholders of mental health advocating in your community
- Work to address special needs that encourage the development of meaningful, responsive services
- Advocate with other interested community members and representatives of local governments

## Who Can Join?

Consumers, family members of consumers, community organizations, mental health service providers, interested community members and representatives of local governments.

## What is SALT?

Service Area Leadership Team 7 (SALT 7) functions as a local forum of consumers, families, service providers and community representatives to provide LACDMH with information, advice and recommendations regarding:

- The functioning of local service systems
- The mental health service needs of their geographic area
- The most effective/efficient use of available resources
- The maintenance of two-way communication between the LACDMH and various groups and geographic communities

## SALT Meetings are Open to the Public

Meetings are held on the second Friday of each month from: 10:00 am – 12:00 pm virtually. Please visit <https://dmh.lacounty.gov/events> to access Microsoft Teams Link.

## Close Captioning

<https://www.streamtext.net/player?event=SALT-7>

## For More Information

Call: 213.738.4686

Email: [SALT7@dmh.lacounty.gov](mailto:SALT7@dmh.lacounty.gov)

Visit: <https://dmh.lacounty.gov/salt>