

LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH

ADMINISTRATIVE OPERATIONS

Latino UsCC SUBCOMMITTEE MINUTES

January 19, 2021
2:00PM – 4:00PM

Attendees: Adriana Carrillo, Alejandrete, Alexandra Casanovas, Alma Briseno, Alma Nava, Amparo Ostojic, Anna Hernandez, Arthur Gomez, Barbara Malinowski, Belia Lopez, Benny Munjilla, Betty Mendoza, Bianca Gallegos, Brenda Hernandez, Bridget Walker, Carmen Perez, Cecilia Garces, Cristina Carrera, Cristina Rojas, Dr. Villanueva, Elsy Molina, Emily Serna, Eugenia Cervantes, Gabriela Gonzalez, Gabriela Velasquez, Guadalupe Nolasco, Hector Ramirez, Irma Vasquez, Isabel Padilla, Isabel Vergara, Jaime Gomez, Leonor Johansen, Lidia Perez, Lourdes Bernis, Maria Alvarado, Maria Zuniga, Maribel Luna, Maritza Lebron, Martha Cota, Mireya Bastida Zarata, Nicolas Barsalos, Paco Retana

DMH Staff: Dr. Luis Guzman, Connie Acosta Castaneda, Sandra Chang and Arlene Santizo

Interpreter: Alex & Lucy Ferraez Rivero

Agenda Items	Comments/Discussion/Recommendations/Conclusions
Welcome & Introductions – Subcommittee Members	A. House-keeping (Platform use instructions), Attendance Each attendee (On Microsoft TEAMS and on phone) introduce himself/herself.
Review of Meeting Minutes	November meeting minutes have been reviewed and approved by Martha Cota and second by Paco Retana .
Latino UsCC Mission Statement - Dr. Luis Guzman	<ul style="list-style-type: none">• Tabled
Latino Mental Health Focus for 2021	A. 10 Priority Areas; Dr. Guzman asked the subcommittee to give recommendations or suggestions on areas that need to be considered and concentrated on. <ul style="list-style-type: none">• Location/office space to teach mental health education for the Latino community.• Mental health for youths and immigrants, and workforce training.• Help with issues with affordable housing.• Mental health for the homeless (give them support).• Help the Physical disabled community with more services.• Help immigrant families fill out paperwork, translation of documents, need support to see their children.

	<p>B. Impact of COVID-19; the subcommittee shared some of the difficulties happening now in the community.</p> <ul style="list-style-type: none"> • Diabetes issues, high stress, a place to teach them about their emotions. • Children trying to learn through new virtual learning and having trouble concentrating and focusing. Some families may not have internet services. Some children might not have a parents help/guidance while attending school, parent at work. • Concerns about their communities, the communities that have been forgotten. (Find a way to improve outreach). • Focus more on SE8, they are not getting the services needed. • Support the rights of parents to see their sick children in the hospital. (Start pushing to change the rules).
Capacity Building Project Ideas	<p>A. Brainstorm ideas for projects identified</p> <ul style="list-style-type: none"> • Emotional Support Animals. • Emotional family help – virtual workshop for parents. • Workshops for the Elderly. • Project to educate Seniors with technology. Have the youth help the elderly with technology.
DMH Announcements	<p>A. Mental Health Promoters;</p> <ul style="list-style-type: none"> • The Mental Health Promatores will continue and has expanded. The program received funds to increase services. The County made it a priority and will continue the program this year. They are still taking applications.
	Meeting Adjourned – 4:00pm
Next Meeting	February 16, 2021 from 2:00pm – 4:00pm Virtual Venue: Microsoft TEAMS