

Service Area 7 Mental Health Service Providers

- ALMA Family Services
- Almansor
- American Indian Counseling Center
- Asian Pacific Counseling & Treatment Center
- Bienvenidos
- College Hospital Cerritos
- Community Family Guidance
- Continuing Care – Metro Unit
- Crittenton Services
- Dorothy Kirby Center
- ENKI – Bell Gardens
- ENKI – Commerce
- Hathaway Sycamores
- Helpline Youth Counseling
- The Whole Child
- Los Padrinos Juvenile Hall – MH Unit
- Masada Homes
- Olive Crest
- Pacific Clinics
- Pennylane
- Pathways Community Services
- Plaza Community Center
- Rio Hondo Centro De Bienestar
- Rio Hondo Mental Health Center
- Roybal Family Mental Health Center
- San Antonio Mental Health Center
- Telecare

Rio Hondo Community Mental Health Center

17707 Studebaker Rd.

Cerritos, CA 90703

Main Line: 562.402.0688

eFax: 562.381.9761

Admission/Intake Line: 562.403.0141



LACDMH Values

Integrity. We conduct ourselves professionally according to the highest ethical standards.

Respect. We recognize the uniqueness of every individual and treat all people in a way that affirms their personal worth and dignity.

Accountability. We take responsibility for our choices and their outcomes.

Collaboration. We work together toward common goals by partnering with the whole community, sharing knowledge, building strong consensus and sharing decision-making.

Dedication. We will do whatever it takes to improve the lives of our clients and communities.

Transparency. We openly convey our ideas, decisions and outcomes to ensure trust in our organization.

Quality and Excellence. We identify the highest personal, organizational, professional and clinical standards and commit ourselves to achieving those standards by continually improving every aspect of our performance.

If you are in crisis and need help right away, call our 24/7 toll-free Help Line:

800.854.7771

562.651.2549 TDD/TTY

dmh.lacounty.gov



Rio Hondo Community Mental Health Center



LOS ANGELES COUNTY
**DEPARTMENT OF
MENTAL HEALTH**
hope. recovery. wellbeing.



About

Rio Hondo Mental Health Center is a community based mental health center, operated and funded by the Los Angeles County Department of Mental Health (LACDMH). We are committed to partnering with clients, families, and communities to create hope, wellness, and recovery.

Our program is open to consumers and families throughout the county, with particular emphasis on services to communities in the surrounding area, known as Service Area 7. Communities most often served include: Artesia, Bellflower, Cerritos, Hawaiian Gardens, Lakewood, and Norwalk. The center is open from 8:00 am to 6:00 pm, Monday through Friday.

Rio Hondo works in partnership with all members of the service community, including other mental health and human services, families and consumers, to provide Comprehensive Community Care. The system strives to be integrated, enabling and empowering, and consumer and family driven. Service capability is offered in both English and Spanish. Other languages are available to a limited degree, including Mandarin, Tagalog, Arabic, and Cantonese. Translation services, including American Sign Language (ASL), can be arranged.

Mental Health Assessment/Treatment

A licensed or waived clinician will provide a full mental health assessment to eligible individuals, plan a course of treatment and/or case management as necessary, and triage to appropriate services.

Case Management Teams are designed to consider the individual needs of the consumer and family, based on stated goals, and work in partnership to provide services in the most effective and responsive manner. Services provided may include counseling, linkage and referral to housing, employment, medical and dental care, and supportive services in the community.

A staff of psychiatrists provides medication services. This includes full assessment for medication needs, and regularly scheduled follow-up visits, in collaboration with the consumer's case manager.

Specialized Services

Rio Hondo also offers a number of programs for consumers with specialized areas of needs. Some of these programs include the following:

Full Service Partnership (FSP) is a field based program for adults and is the highest level of outpatient care by referral only.

Transitional Age Youth Services (TAY) for consumers between the ages of 18 and 25

Services for consumers with **co-occurring disorders** (mental illness and substance disorder).

Group and individual services for consumers who are part of the **CalWORKS/GROW**. These programs are designed to address barriers to employment due to mental or emotional disorder.

Vocational Rehabilitation Services in collaboration with the State Department of Vocational Rehabilitation.

Services include:

- Occupational Assessment Work Development and Job Club
- Assistance with the process of filing for Supplement Security Income Benefits (SSI)
- Housing Assistance
- Augmented services to consumers living in Residential Care facilities.

Wellness Program: Consumers are evaluated and referred to various services based on their level of need and engagement. Consumers may be referred to Wellness groups focusing on illness education, healthy lifestyles, domestic violence, relationship skill-building, vocational readiness, and community resources. Groups are offered on-site or in the community. Additionally, consumers run groups such as a 12 Step Recovery Group and the Client Council.

PEI Services include Evidence Based Practices for short term therapy.

Rio Hondo Mental Health Center offers a number of avenues for consumers and families to work together in the development of our service system. These include: a Service Area Leadership Team (SALT), Client Advisory Board (CAB), and Service Area Quality Improvement Committee.