

**LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH
Office of the Deputy Director of Strategic Communications**

Latino UsCC SUBCOMMITTEE MINUTES

February 18, 2020
2:00PM – 4:00PM

3787 So. Vermont Avenue, Los Angeles, California 90007

Present: Gabriela Velásquez, Irma Velásquez-Flores, Graciela Perez, Perla Valdez, Carlos Valdez, Zoila Ubay, Norma Cáceres, Carlos Ludena, Martha P Simon, Martha Osorio-Canseco, Alma Nava, Amparo Ostojic, Paco Retana, Ashley Flores, Mario Ramirez, Wahkoowah Phoenix, Elsy Molina, Karinne H. Elson, Luis Campillo, Crystal Navarro, Nicole Kristal, Carmen Perez, Daniela Hernandez, Julie Matsumoto, Josef Sánchez, Delmy Cetino, Wendy Rivas, Gabriela Gonzalez, Bianca Gallegos and Hector Ramirez

On the Phone: Mariela Alburges and Betty Mendoza

Interpreter: Sandra Estevez

DMH Staff: Mirtala Parada Ward, Dr. Luis Guzmán and Connie Acosta Castaneda

Agenda Items	Comments/Discussion/Recommendations/Conclusions
Welcome & Introductions – Subcommittee Members	Attendee introductions – House-Keeping, Code of Conduct ❖ Mirtala Parada Ward reviewed the Code of Conduct with the Subcommittee. ❖ Skype equipment is being tested.
Review and Approval of minutes – Co-Chairs	January 18, 2020 meeting minutes approved by Carlos Ludena and seconded by Bianca Gallegos. ❖ Hector thanked Dr. Luis Guzman for translating the meeting minutes to Spanish.
Stakeholder Discussion	<p align="center">A. Measure R Presentation – Mariela Alburges – Operations Manager for Reform Los Angeles Jails, Measure R</p> <ul style="list-style-type: none"> • Measure R is to help against corruption, violence, abuse and misconduct from the Los Angeles Sheriff’s Department in the Los Angeles County Jail • Reform LA Jails has collected 2,066 signatures to put Measure R on the ballot • Measure R gives Los Angeles County 7 months to develop a plan to reduce incarcerated population. • There are only 14 days left to vote for Measure R. Election date is March 6, 2020. • Mariela Alburges talked about incarceration rates for the Latino community.

B. 10-Year DMH Strategic Plan revise

- Strategic Plan discussion will be discussed at next month's meeting.
- The Strategic Plan is now in Spanish on the DMH website (www.dmh.lacounty.gov)

C. Increasing Membership

- Have meetings at locations more accessible to members.
- Make meeting times more accommodating to subcommittee members.
- Distribute more Mental Health information throughout the community.
- Members suggested everyone invite friends, neighbors to the Latino UsCC subcommittee meetings, and for DMH staff to go to Community Colleges and Fairs to conduct outreach and engagement.
- Marketing supplies will help reach the community to make them aware of the Latino UsCC subcommittee meetings.
- Starting in March we will be using Skype, people will be able to participate from their home and/or computer. The link will be posted on the DMH website.

Announcements:

A. Conferences (Recovery & Pacific Clinics) Sponsored by DMH

- Second conference is Recuperating through S.H.A.R.E. This conference will be in Culver City.
- Information regarding these conferences will be sent out through email. Free breakfast, lunch and dinner will be served.
- These conferences are good for people that have experienced some kind of trauma.
- If anyone is interested in giving a presentation about Mental Health, you can submit a proposition for a presentation.
- The dates for these two conferences is March 13 & 14, 2020.

A. Comic Book & Theater Play

- DTSL and Los Angeles County Department of Mental Health present: Comics que Curan: Vol. 1, a Mental Health comic book anthology. Release party will be on Saturday February 29, 2020 from 2:00pm – 4:00pm at the Vernon Branch Library 4504 S. Central Ave. Los Angeles 90011. Free; All-ages, open to the public.
- De Sabios & Locos, Friday February 21, 2020 at 5:00. Catholic Church 4018 Hammel St. Los Angeles, CA. 90063

B. DMH’s Stakeholder Meeting

- Mental Health Services Act (MHSA) Events:
 - ❖ The department will be presenting its plan to the community. There will be an opportunity for all that are present to give their opinion on all the areas that the department needs more advocacy. Two things that the County needs more advocacy on is our Youths and our Older Adults.
 1. Presentation to County Stakeholders, Friday February 21, 2020 from 9:00am – 11:00am at Cathedral 555 W. Temple Street, Los Angeles CA. 90012
 2. Mental Health Commission Meeting and Public Hearing, Thursday April 23, 2020. MHC Meeting 9:00am – 11:00am, Public Hearing 11:00am – 2:00pm. at the Cathedral 555 W. Temple Street, Los Angeles, CA. 90012

❖ **THERE WILL BE FREE PARKING FOR BOTH EVENTS.**

❖ **Mental Health Promoters:**

- Increase awareness about Mental Health issues to primarily Spanish speaking and underserved communities within Los Angeles county cities, via educational Mental Health workshops.
- Assist the community with improved access to care by sharing available mental health resources.
- Remove the stigma associated with mental illness and treatment.

Updates:

A. Latino Capacity Building Projects:

	<ul style="list-style-type: none"> • Review of Forms: The Department of Mental Health developed the UsCC's (Underserved Cultural Communities Unit). This unit dedicates itself to work with the community and get recommendations from the community on how to develop capacity building projects. • We're asking what kind of projects would the Latino community like to do to bring Mental Health Awareness to the community. • Each UsCC subcommittee is given Two hundred thousand dollars yearly for Capacity Building Projects. • We need more project ideas for 2020/2021. Projects need to educate the community on Mental Health, how it impacts our community, ways to reduce the stigma. They also need to have cultural aspects to them. • Brainstorming: Make flyers, pass out bags and pens with information about the Latino subcommittee, to increase membership.
	Meeting Adjourned - 3:30 P.M.
Next Meeting	March 17, 2020 from 2:00pm – 3:30pm Location: Wellness Center 3787 So. Vermont Ave. Los Angeles, CA. 90007