

**LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH
Office of the Deputy Director of Strategic Communications**

Latino UsCC SUBCOMMITTEE MINUTES

April 21, 2020
2:00PM – 4:00PM

Present On the Phone: Paco Retana, Martin Almanza, Gabriela Velasquez, Amparo Ostojic, Martha Osorio-Canseco, Gabriela Gonzalez, Bianca Gallegos, Betty Mendoza, Adriana Carillo, Hector Ramirez, Elsy Molina, Julia Ornelas, Karinne Elson, Leonor Johansen, Daniela Hernandez, Patricia Veliz Macal, Johanna Lozano, Carmen Perez

DMH Staff: Drs. Luis Guzmán & Sandra Chang

Agenda Items	Comments/Discussion/Recommendations/Conclusions
Welcome & Introductions – Subcommittee Members	<p>Attendee introductions – Housekeeping, Code of Conduct</p> <ul style="list-style-type: none"> ➤ Hector Ramirez reviewed the Code of Conduct with the Subcommittee. ➤ Participants voted to have meeting conducted in Spanish
Announcements / Updates:	<ul style="list-style-type: none"> ➤ MHPA Update – Bianca Gallegos / Amparo Ostojic <ul style="list-style-type: none"> • 3-year Stakeholder Process on hold by LAC DMH until COVID-19 crisis passes ➤ <u>Current Capacity Building Projects:</u> Capacity Building Projects for 2020-2021 will be discussed at our next Latino subcommittee meeting 5/26/20 <ul style="list-style-type: none"> • <u>Theater Play:</u> Currently on pause due to COVID-19 • <u>Comic Book:</u> Currently on pause due to COVID-19 ➤ Drs. Luis Guzman / Sandra Chang with DMH Updates: ➤ The department is working to make sure that DMH is meeting the needs of the community through a workgroup to address the COVID-19 crisis. ➤ How can we help the Latino community move forward and heal/recover from COVID-19? ➤ Ayudando a Quien Ayuda – AARP Latino Presentation – Karinne Elson

- What is Ayudando a Quien Ayuda?
- How Ayudando a Quien Ayuda Works
- Caregivers Served
- How you can Participate

Resources / Support in Times of COVID-19

Current Resources:

- Suggestion to work with non-profits and philanthropic organizations to help the Latino community, particularly to support Undocumented Latinos. Non-profits currently have a lot of untapped resources
- CHIRLA is also provided resources and support for Latinos, particularly undocumented immigrants
- AARP – Helping the Helper for Latinos

Current Needs:

- New strategies to engage/foster social closeness as well as for youth to help older adults in their families to connect / be able to use technology
- There are resources available for the Latino community, but the community, may not know how to access those services / fill out applications
- Support for parents to help children access educational technological platforms
- Resources to help children understand COVID-19
- How to provide support for older Latino adults with depression and isolation who currently do not have supportive family systems
- Depression, anxiety, stress, and alcohol consumption is increasing in the Latino community (qualitative report from clinicians) – need to communicate that MHS are available and clinics are still open
- To use TV and radio to engage in outreach in both English and Spanish

Ad-hoc committees:

- Support for children, adolescents, college students (and their families)
- Support of Older Adults
- Undocumented immigrants/Mixed-status families
- Supporting parents/older adults in -the use of Technology
- Basic Needs (Food, financial, housing)
- Safety (Domestic/Family Violence/Potential Trauma)
- Stigma Reduction (Communication & Outreach)

	<p><u>Dr. Luis Guzman:</u> We will be emailing the subcommittee information relating to meetings or the latest information for the community. Dr. Sandra Chang committed, on behalf of DMH, to collaborate with the Latino UsCC and Ad-hocs to amplify efforts/outreach.</p> <p><u>Dr. Sandra Chang:</u> Will go back to DMH executive committee to see what additional resources and support the department can provide in collaboration with the community</p>
	Meeting Adjourned - 4:00 P.M.
Next Meeting	May 26, 2020 from 2:00pm – 4:00pm Skype and Conference call meeting.