

(**Note:** To be reimbursable, a service must be covered under Medi-Cal, SMHS and, except for Assessment and Crisis Intervention, must also meet Medical Necessity)

Medi-Cal, SMHS (Specialty Mental Health Services) Plan Development Examples

**Plan Development services may be combined into a single progress note with another service.*

Activity that IS Plan Development	Service/ Procedure Code	Activity that IS NOT Plan Development
Meeting with the client and developing treatment plan objectives and interventions to address client's mental health needs identified in the assessment.	Plan Development H0032	Meeting with client and providing information on what services are available at the outpatient mental health clinic.
Meeting with mental health team to discuss client's anxiety symptoms, client's progress toward developing communications skills, and refining the rehabilitation interventions.	Plan Development H0032	Meeting with the mental health team for group supervision to develop professional skills in evidence based practices.
During individual therapy session, therapist explores client's concerns regarding the relationship her mother. Upon client's agreement with therapist's recommendation for family therapy, therapist adds an intervention for family therapy (2x/month) to the treatment plan.	Plan Development folded into MHS - Individual Psychotherapy (H0046, 90832, 90834, or 90837)	During individual therapy session, therapist explores client's concerns regarding relationship with mother and then (consistent with the provisions of the current treatment plan) assigns homework for client to write a letter to her mother to express her thoughts and feelings.
During family therapy, therapist engages family in an exercise in which they discuss emotions, practice listening to one another, and express their feelings and experiences. Therapist also discusses with family plans to increase sessions from 2x/month to 1x/week, and reflects that change on the treatment plan.	Plan Development folded into MHS - Family Psychotherapy 90847	After engaging the family in a therapeutic exercise, therapist gives homework to journal their feelings this week, consistent with the provisions of the current treatment plan.
After guiding client in a communication skill activity, staff reviews client's progress in managing anger symptoms and proposes updating the treatment plan to include group rehabilitation and discontinue individual rehabilitation.	Plan Development folded into MHS - Rehabilitation H2015	After guiding client in a communication skill activity to manage anger, staff takes client out for ice cream to celebrate her progress. (Outing itself or portion of it only billable if reimbursable interventions provided during.)
After working on building her resume, client discusses with staff wanting to increase frequency of sessions to practice role-playing job interviews in order to assist with managing anxiety symptoms related to employment and it is added to the treatment plan	Plan Development folded into MHS Supported Employment H2023	After working with client on building her resume, staff guides client in role-playing a job interview to practice utilizing strategies learned to manage anxiety.

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After teaching and guiding client's foster mother on using consequence strategies to help manage client's behaviors, clinician recommends group collateral services to expand foster mother's knowledge and skills to support the client. Upon foster mother's agreement it is added to the treatment plan.	Plan Development folded into MHS Collateral 90887	Encourage client's foster mother to take care of her own mental health and join a support group.
Staff speaks with a representative from the Regional Center to obtain information on ancillary services available to client and his family that may assist with addressing client's needs related to Autism Spectrum Disorder in order to plan for linkage.	TCM - Plan Development T1017	Leaving a message to the Regional Center for a request of more information on their programs and requirements to plan for linkage.
In a Child and Family Team (CFT) Meeting, CFT members discuss client's strengths and needs, identify that client needs to feel belonging, and plan to link client to a support group for LGBTQ+ youth to assist with reducing depressive symptoms which was documented on the treatment plan.	ICC - Planning of Strengths and Needs T1017HK	ICC Coordinator discusses client's case with supervisor prior to participating in the CFT meeting.
Rehabilitation Specialist discusses the progress and appropriateness of continuing Intensive Home Based Services (IHBS) interventions with CFT members.	ICC - Planning of Strengths and Needs T1017HK	Rehabilitation Specialist teaches and models for CFT members on how to cue client to use his deep breathing techniques when he is anxious. (IHBS)
Psychiatrist develops a plan to treat client with specific psychiatric medications based on assessment results.	MSS - Plan Development H2010	Psychiatrist researches the side effects of Spravato online.