



DEPARTMENT OF MENTAL HEALTH

hope. recovery. wellbeing.

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Fiscal Year 2020-21 Mental Health Services Act (MHSA) Annual Update Mid-Year Adjustment Prevention and Early Intervention (PEI) Plan Components

The Department of Mental Health (DMH) seeks to expand prevention services through building collaborations with community-based organizations and service providers throughout communities across Los Angeles County. Prevention services are those that reduce risk factors or stressors, build protective factors and skills, and increase supports with the goal of promoting positive cognitive, social and emotional development that serves to reduce or prevent mental illness from occurring. DMH plans to expand prevention services through developing an array of community-based prevention platforms where at-risk individuals live, work, and congregate, such as schools, public libraries and parks. Community-based prevention platforms are programs and services developed through collaborations between DMH and other partners that provide supportive services to individuals, families and communities outside of traditional mental health clinic settings with the goal of avoiding adverse system involvement. The Department seeks to establish partnerships with various partners, including other County Departments, philanthropic partners, and/or non-contract community based organizations.

DMH seeks to develop and/or expand four community-based prevention platforms over the next fiscal year, including Patient Navigation Services; Media and Prevention Supports; Veterans Access Network; and Peer, Family, and Community Approaches and Supports. These platforms are summarized below.

- Patient Health Navigation Services is a program that will support the integrative care provided by The Wellness Center (TWC), a nonprofit community-based organization located at the Department of Health Services (DHS) LAC+USC Medical Center. TWC will provide preventative services, including screening, referral and linkage services, to patients referred from the DHS historic General Hospital and local residents surrounding the hospital. Individuals served will be linked to ongoing supports and services provided by DHS, DMH, DPH and other community-based organizations as appropriate. TWC will also provide community engagement activities focused on communities surrounding the hospital. These engagement activities are meant to build a bridge and to improve trust between community members and County government. Through TWC, outreach activities will be extended to provide patients of LAC+USC Medical Center access to mental health resources within the community



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and as a means to decompress its Emergency Department, specifically Psychiatric Emergency Services. This action proposes an annual allocation of \$875,675 in prevention funding for one fiscal year.

- Media and Prevention Supports will be expanded through a Participation Agreement with the California Mental Health Services Authority (CalMHSA) for in-person and virtual trainings, support, and outreach. Under this agreement, materials will be developed and provided to the general public and all DMH community-based prevention platforms to increase awareness on mental illness, available services and supports, and risk-factors. Materials developed will also provide education on protective and resiliency factors from developing mental illness. Under this agreement, DMH will also receive consultant services to train regional stakeholders on advocacy activities to support targeted care to at-risk populations. This action proposes an annual allocation of \$17M in prevention funding.
- Expansion of prevention services for veterans through the development of a Veterans Access Network (VPAN). The VPAN offers greater coordination of resources and services for veterans and their families through the increase of access to care, housing supports and veteran networks. The VPAN will implement strategies for improved data sharing and coordination of services and create a more robust process for greater stakeholder involvement for veterans and their families. Expansion of the VPAN will also require supports and coordination through the execution of the CalMHSA Participation Agreement mentioned above. This action proposes an annual allocation of \$11.1M in prevention funding.
- Peer, Family, and Community Approaches and Supports toward stigma and discrimination reduction includes the implementation of programs, evidence-based educational classes and supports targeting people living with mental illness, their families, friends and communities. These approaches and supports provide education on mental illness and mental health. Providers selected to implement this community-based prevention platform will be identified through an open and competitive solicitation process. Programs will offer expert supports to families and communities in navigating the challenging path of mental health treatment and recovery. Supports will also engage advocacy efforts for policies and programs that improve the lives of individuals suffering and impacted by mental illness. Targeted community platforms for this expansion will include schools/students (elementary, HS and college) and their families; mental health professionals; military/veterans and their families; law enforcement (LAPD, Sheriff Department) and their families; and communities-at-large. This action proposes an annual allocation of \$2M in prevention funding.



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Proposed Funding for Community Based Prevention Platforms

Project	Estimated Budget
Patient Navigation Services	\$875,675
Media and Prevention Supports through the CalMHSA Participation Agreement	\$17M
Veterans Access Network (VPAN)	\$11.1M
Peer, Family and Community Approaches and Supports	\$2M

