

(**Note:** To be reimbursable, service components must also meet Medical Necessity)

Medi-Cal, SMHS (Specialty Mental Health Services) Service Component Examples

| Activity that <u>IS</u> a Service Component | Service Component | Activity that <u>IS NOT</u> a Service Component |
|--|---------------------------------|--|
| Refer and coordinate client's registration with the local youth center in order to increase client's socialization with peers. | Referral and Related Activities | Provide client with a list of TAY activity centers to call and look into. |
| Coached client on how to figure out a monthly budget on her own, while accompanying her to the bank. | Rehabilitation | Transport client to the bank to deposit her check. |
| Primary Therapist spoke with Clinician who facilitates the ongoing Depression Group that client attends to get an update on how client's doing in group. | Plan Development | Spoke with referring Primary Care Physician to inform him that client was evaluated and does not meet criteria for this program. |
| Model effective communication skills for client during community outing to the park. | Rehabilitation | Take clients to the park for exercise. |
| Speak with client at graduation venue prior to ceremony about the gains she's made throughout her treatment as part of the therapeutic termination process. | Therapy | Attend client's high school graduation. |
| At the market, led client in practicing the steps involved in obtaining groceries for himself. | Rehabilitation | Go grocery shopping with client. |
| Meet with client's Foster Mom to teach her how the behavior chart works and help her to practice implementing it for client. | Collateral | Have breakfast with client's mother to build a rapport with her. |
| Assist client with employing relaxation techniques to help reduce anxiety while utilizing public transportation. | Rehabilitation | Accompany client to her DPSS appointment using public transportation. |
| Administer psychological tests to evaluate whether client's behavioral symptoms are due to mental illness or are more organic in nature. | Assessment (MHS) | Provide monthly report to DCFS per their request on client's mental status. |
| Facilitated current events group, assisting clients with increasing their focus on external stimuli and verbal interaction with others. | Rehabilitation | Talk to client about current events. |
| Complete a community college verification of disability form to assist client in getting back into school and resuming his education based on a TCM evaluation. | Referral and Related Activities | Complete client's application for Social Security benefits based on a request from DPSS. |
| Demonstrate different relaxation techniques and how they might benefit client helping to reduce his anxiety. | Rehabilitation | Research different relaxation techniques for clients. |
| Redirect client from verbally abusive language toward another client during group and facilitate insight oriented discussion regarding the impact of the abusive language. | Therapy | Remind client of the no profanity rule during group. |