

SOCIAL REHABILITATION SPECIALIST (SRS) TRAINING ON CO-OCCURRING DISORDERS AND MOTIVATIONAL INTERVIEWING

DATE & TIME: March 18, 2020

9:00AM - 4:00PM

All registration is completed on the Learning Net prior to the training. Sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.

PLACE: St. Anne's Center
155 N. Occidental Blvd.
Los Angeles, CA 90026

PARKING: \$6.00 Valet Parking on premises

This training is one of five in a series of trainings identified as meeting core trainings for Social Recovery Specialist (SRS) staff who are defined as non-clinical staff that deliver case management services: Community Worker, Senior Community Worker, Medical Case Worker I and II, Substance Abuse Counselor and Community Services Counselor. The purpose of this full-day training is to introduce participants to evidence-based strategies to identify substance use and mental health disorders and develop behavioral intervention strategies for those with co-occurring substance use and mental health disorders. Key topics will include: an overview of the evolving field of co-occurring disorders; identification and treatment of co-occurring disorders across the lifespan; the impact of alcohol and other drugs on the brain; common mental health disorders that frequently co-occur with substance use. Furthermore, a brief overview of the Brief Intervention and Referral to Treatment (SBIRT) screening tool will be discussed to assist in assessing the severity of substance use and identify the appropriate level of treatment.

An overview of the use of motivational interviewing with a COD population encompasses the fundamental MI principles, micro-skills and experiential MI skill development. The MI tools will assist individuals engage in change talk and commitment to behavioral changes based on goals they have identified. Ample time will be devoted to role play, group discussion and activities to enable training participants to gain skills necessary to elicit change talk from individuals with low levels of readiness for change.

TARGET AUDIENCE: SRS DMH and contract providers (Community Worker, Senior Community Worker, Medical Case Worker I and II, Substance Abuse Counselor and Community Services Counselor)

OBJECTIVES: As a result of attending this training, participants should be able to:

- 1) Describe the prevalence of co-occurring substance use and mental health disorders in the U.S.
- 2) Explain at least two ways that alcohol and other drugs impact the user's brain
- 3) Identify three early prevention evidence-based methods for identifying and treating co-occurring disorders across the lifespan.
- 4) List at least two mental health disorders across the lifespan.
- 5) Define at least three (3) key principles of motivational interviewing
- 6) Describe and demonstrate the effective delivery of at least three MI micro-skills used to help individuals increase motivation for substance use related changes.

CONDUCTED BY: Virginia Schwab, MA, LCSW, LISW, LEP, CADAC-II

COORDINATE D BY: Elmer Ornelas, LCSW, Training Coordinator
e-mail: eornelas@dmh.lacounty.gov

DEADLINE: March 11, 2020 or when maximum capacity is reached

CONTINUING EDUCATION: NONE

COST: NONE