

**LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH
Office of the Deputy Director of Strategic Communications**

Latino UsCC SUBCOMMITTEE MINUTES

September 17, 2019

2:00PM – 3:30PM

3787 So. Vermont Avenue, Los Angeles, California 90007

Present: Norma Caceres, Zoila Ilbay, Carlos Valdez, Perla Valdez, Robert Anthony Valdez, Adriana Carrillo, Gabriela Gonzalez, Claudia Razo, Julia Ornelas, Martha Simon, Gustavo Velez, Carmen Perez, Betty Mendoza, Katty Callender, Anu Yadar, Gypsie Ayala, Ana Nogales, Marissa Nuncio, Paco Retana, Jen Hofer, Leticia Lara, and Hector Ramirez.

On The Phone: Martin Armanza and Elsie Molina

Translator: Arrived late to the meeting and provided minimal support.

DMH Staff: Mirtala Parada Ward, Rosario Ribleza and Connie Acosta Castaneda

Agenda Items	Comments/Discussion/Recommendations/Conclusions
Welcome/ Introductions – Subcommittee Members	Attendee introductions
Review and Approval of minutes – Co-Chairs	August 20th, meeting minutes approved by Betty Mendoza and seconded by Ana Nogales. Minutes read in Spanish for the subcommittee. Subcommittee would like a Spanish version of the minutes.
Reading of the Code of Conduct	Reviewed by the subcommittee, but members were reminded that signing it is voluntary.
DMH Updates – Mirtala Parada Ward	<ul style="list-style-type: none"> • This month is Suicide Prevention Month. More events are found in the DMH website. • Social Media Event with Dr. Sherin - 9/21/2019 at 2:45-4:00P.M. • The EQRO Review starts on Monday – Mirtala invited Paco and Hector to talk about the needs of the Latino community. In addition, the activities and community engagement of the Latino subcommittee will be highlighted. The Disparities session will be on 9/23/2019 from 2:45pm – 4:00pm • Some changes were made to the YourDMH Initiative. The revised Document will be distributed to the subcommittee when finished. • YourDMH Initiative document was translated in Spanish and is posted in the website. It is a live document that can be changed and updated. Attendees were encouraged to

	e-mail Mirtala with any feedback.
Brainstorming for FY 2019-2020 Capacity Building Projects	<p>Target Older Adults</p> <ul style="list-style-type: none"> • Each subcommittee will be using some of their money to target the Older Adult population. • Other Populations that can be considered are Children, TAY, Adults and Family. <p>A. Older Adult</p> <ul style="list-style-type: none"> • Outreach/ Mental Health Education/Classes at Senior Centers, YMCAs. • Cooking Classes: Integration of Mental Health Education. • Senior Citizen Socialization Activities. • Train Youth to Provide Education to Older Adults regarding the use of electronic devices <p>B. Mental Health Education for Garment District Workers Presenter: Marissa Nuncio</p> <ul style="list-style-type: none"> • There is mistreatment of workers in the Garment Center - many are afraid to speak up. • Many need help with Mental Health Services due to high level of Immigration trauma. Many are recent immigrants from Central America In addition, Mexico... • Mental Health information for Workers is much needed as they are in crises.
	<ul style="list-style-type: none"> • Paco will step down from his Co-Chair position in the coming months. He encouraged the attendees to nominate themselves or others who are interested in becoming the next co-chair along with Hector Ramirez. • Subcommittee members nominated Ana Nogales and Claudia Razo for the vacant Co-Chair position.
Recruitment of New Members from the Community	<ul style="list-style-type: none"> • Paco Retana motivated the Subcommittee members to go out to the community to recruit new members.
	Meeting Adjourned - 3:30 P.M.
Next Meeting	October 15, 2019 from 2:00pm – 3:30pm at 3787 So. Vermont Avenue, Los Angeles, CA 90007. WELLNEST

