

**LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH
Office of the Deputy Director of Strategic Communications**

Latino UsCC SUBCOMMITTEE MINUTES

October 15, 2019

2:00PM – 3:30PM

3787 So. Vermont Avenue, Los Angeles, California 90007

Present: Carmen Perez, Nestor Nieves, Fernando Gomez, Martha Simon, Graciela Perez, Bertha Uribe, Robert Anthony Valdez, Perla Valdez, Carlos Valdez, Norma Caceres, Claudia Razo, Paco Retana and Hector Ramirez

On The Phone: Lorraine Ragosta, Gypsy Vasquez Ayala, Beatrice Lopez and Ana Nogales

Translator: Lucy Rivero

DMH Staff: Mirtala Parada Ward and Connie Acosta Castaneda

Agenda Items	Comments/Discussion/Recommendations/Conclusions
Welcome/ Introductions – Subcommittee Members	Attendee introductions
Review and Approval of minutes – Co-Chairs	September 17, 2019 meeting minutes was moved to approve by Ana Nogales, and seconded by Robert Valdez. The translator read the minutes of the meeting in Spanish for the subcommittee.
Reading of the Code of Conduct	Mirtala Parada Ward read the Code of Conduct for the subcommittee, and reminded the members that signing is voluntary.
DMH Updates – Mirtala Parada Ward	<ul style="list-style-type: none"> • Mental Health Services Act (MHSA) Listening Session will be held on Tuesday, October 22, 2019 from 5:00PM – 7:30 P.M. at the Los Angeles County Office of Education. This meeting is open to the public. • The Department of Mental Health is in the process of reorganization. Once the new structure is completed, it will be shared with all the UsCC subcommittees. • A joint UsCC and SAAC’s Stakeholders meeting will be on November 19, 2019. Hector Ramirez and Paco Retana will attend the meeting to represent the Latino UsCC subcommittee. This meeting is 100% dedicated to the community. • Hector Ramirez announced that he is a part of the Commissioners Association. He reiterated the importance of the Latino community representation at these meetings.

<p>Review and Brainstorming for FY 2019-2020 Capacity Building Projects and Voting Process</p>	<p style="text-align: center;">LATINO USCC PROJECT Proposals/Ideas</p> <ol style="list-style-type: none"> 1. Latino Outreach and Engagement Project for Older Adults <ul style="list-style-type: none"> • Mental Health Education/Classes at Senior Centers, YMCAs, etc. • Senior Citizen Socialization Activities 2. Integration of Non-Traditional Practices as Means of Promoting Mental Health Awareness and Decreasing Stigma Related to Mental Health Services in the Latino Community <ul style="list-style-type: none"> • Cooking, knitting, arts and crafts, drumming classes, etc. 3. Train Youth to Provide Education to Older Adults on Technology – the use of electronic devices 4. Mental Health Education and Services for Garment District Workers <ul style="list-style-type: none"> • Mental Health Education • Immigration Information • Mental Health Resources and Services 5. Community Healing and Empowerment to Access Mental Health <ul style="list-style-type: none"> • Collaborate with 5 community organizing groups who are involved in issues affecting the Latinx community. • Community listening sessions to promote wellness, empower and increase mental health access to Latinx community. • Will incorporate Healing Activities – acupuncture, art, reiki, massage, mental health resources, etc. <p style="text-align: center;">Subcommittee members with voting privileges will vote for three (3) capacity building projects for FY 2019-2020 from the above listed projects.</p>
<p>Meeting Adjourn</p> <p>Next Meeting</p>	<p>Meeting Adjourned - 3:30 P.M.</p> <p>November 17, 2019 at 2:00-3:30 P.M.</p> <p>Venue: 3787 So. Vermont Avenue, Los Angeles, California 90007</p>
